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Host Defense - MycoBotanicals Brain Mushrooms and Herb Capsules, Helps Clarity, Concentration, Memory, and Adrenal

83 customer reviews | 11 answered questions



- About the product
- BRAIN BLEND: A powerful combination formulated to support the brain and nervous system.
 - COGNITIVE CARE: MycoBotanicals Brain promotes mental clarity, memory, and concentration.
 - MUSHROOMS + HERBS: Ginkgo, Bacopa, Gotu Kola, Lion's Mane, and Reishi help empower your mind.
 - FOCUS + STRESS: Lion's Mane and Reishi mushrooms support adrenal functioning.



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Frequently bought together



Total price: **\$98.88**
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☒ **This item:** Host Defense - MycoBotanicals Brain Mushrooms and Herb Capsules, Helps Clarity, Concentration... **\$22.46** (\$0.37 / Count)

☒ Host Defense - Lion's Mane Mushroom Capsules, Natural Support for Mental Clarity, Focus, Memory... **\$23.96** (\$0.40 / Count)

☒ Host Defense - MyCommunity Multi Mushroom Capsules, Comprehensive Support for Robust and Resilient... **\$52.46** (\$0.44 / Count)

Price: **\$22.46** (\$0.37 / Count)
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In Stock. Sold by **NetRush** and **Fulfilled by Amazon**.

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Sold by: Terra Mater

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\$22.46 (\$0.37 / Count) + Free Shipping

Sold by: VitaminLife

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Customer's Choice

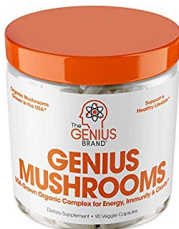
Customers prefer Maju's Mental Mushrooms

MAJU'S MENTAL MUSHROOMS, Organic 8:1 Mushroom Powder Extr...
244
\$23.99 ✓prime

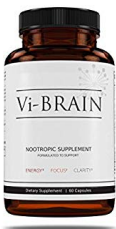
[Ad feedback](#)

Sponsored products related to this item

https://www.amazon.com/Host-Defense-MycoBotanicals-Mushrooms-Concentration/dp/B00WFH3A7Q/ref=sr_1_63?keywords=brain+supplement&qid=156086750... 1/9



Genius Mushroom – Lions
Mane, Cordyceps and
Reishi – Immune System
Booster & Nootro...
1,755
\$21.95



Vite Vi-Brain – Nootropic
Energy Supplement,
Natural Brain Vitamins
with Tyrosine, ...
6
\$10.00



Brain Supplement
Nootropics Booster -
Enhance Focus, Boos
Concentration, Imprc
70
\$14.95

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Next Level of Brain
Supplementation

> Shop now

Memory + Alertness, Alpha-
GABA

Ad feedback

What other items do customers buy after viewing this item?



Host Defense - Lion's Mane Mushroom Capsules, Natural Support for Mental Clarity, Focus,
Memory, Cerebral and Nervous System Health, Non-GMO, Vegan, Organic, 120 Count
705
\$33.89



Host Defense - MyCommunity Multi Mushroom Capsules, Comprehensive Support for a Robust
and Resilient Immune System with Lion's Mane, Turkey Tails, and Reishi, Non-GMO, Vegan,
Organic, 120 Count
803
\$52.46



Genius Mushroom – Lions Mane, Cordyceps and Reishi – Immune System Booster & Nootropic
Brain Supplement – Wellness Formula for Natural Energy, Stress Relief, Memory & Liver Support,
90 Veggie Pills
1,755
\$21.95



Host Defense - Stamets 7 Multi Mushroom Capsules, Supports Overall Immunity by Promoting
Respiration and Digestion with Lion's Mane, Reishi, and Cordyceps, Non-GMO, Vegan, Organic,
120 Count
233
\$44.96

Special offers and product promotions

- Product Packaging: **Standard Packaging**
- **Your cost could be \$0.00 instead of \$22.46!** Get a **\$50 Amazon.com Gift Card** instantly upon approval for the **Amazon Rewards Visa Card** [Apply now](#)

Have a question?

Find answers in product info, Q&As, reviews

Product Description

Host Defense - MycoBotanicals Brain, Mushroom and Herb Support for Mental Clarity, 60 Count

MYCOBOTANICALS BRAIN

VEGETARIAN CAPSULES



Reishi



Ginkgo



Bacopa



Lion's Mane



Gotu Kola



Cordyceps

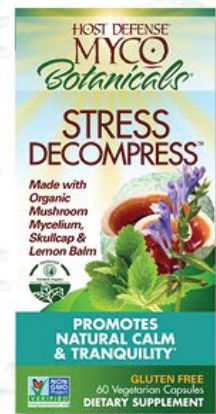
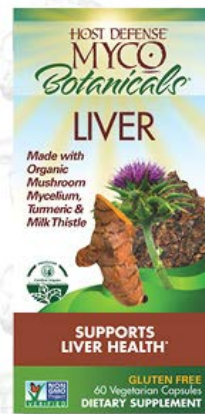
Supports Everyday
Brain Functions like
Concentration and Memory*

Ginkgo, Bacopa, and Gotu Kola
Support Brain Health*

Lion's Mane and Reishi
Support Your Response to Stress*

*These statements have not been evaluated by the Food and Drug Administration

enjoy a host of
Myco-Support!



why choose *Mushrooms* for a healthier you?

We Share More DNA with Mushrooms
than with Plants

Mushrooms Support Our Natural Immunity*

Mushrooms are the Original SuperFood



Product details

Product Packaging: **Standard Packaging**

Product Dimensions: 2.1 x 2.1 x 4.2 inches ; 2.4 ounces

Shipping Weight: 3.2 ounces ([View shipping rates and policies](#))

ASIN: B00WFH3A7Q
UPC: 633422038629
Average Customer Review: 83 customer reviews
Amazon Best Sellers Rank: #8,767 in Health & Household (See Top 100 in Health & Household)
#22 in Mushrooms Herbal Supplements

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Important information

Safety Information
If you have liver disease, a medical condition or take pharmaceutical drugs please consult with your doctor before using this product. May interact with blood-thinning, blood pressure or diabetes medications.

Indications
For use as a dietary supplement.

Legal Disclaimer
The statements made regarding these products have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

Ingredients
Lion's Mane (*Hericium erinaceus*) mycelium, Reishi (*Ganoderma lucidum/resinaceum*) mycelium, Cordyceps (*Cordyceps militaris*) mycelium, Bacopa (*Bacopa monnieri*) whole plant aqueous extract, Gotu Kola (*Centella asiatica*) aerial parts hydroethanolic extract, Ginkgo (*Ginkgo biloba*) leaf hydroethanolic extract. Freeze-dried myceliated brown rice, Pullulan (an extra-cellular polysaccharide), Maltodextrin


Directions
As a dietary supplement, take 2 capsules per day.

Compare with similar items


This item Host Defense - MycoBotanicals Brain Mushrooms and Herb Capsules, Helps Clarity, Concentration, Memory, and Adrenal Health with Lion's Mane, Ginkgo, and Bacopa, 60 Count	Host Defense - Lion's Mane Mushroom Capsules, Natural Support for Mental Clarity, Focus, Memory, Cerebral and Nervous System Health, Non-GMO, Vegan, Organic, 120 Count	Host Defense - MyCommunity Multi Mushroom Capsules, Comprehensive Support for a Robust and Resilient Immune System with Lion's Mane, Turkey Tails, and Reishi, Non-GMO, Vegan, Organic, 120 Count	Genius Mushroom - Lions Mane, Cordyceps and Reishi - Immune System Booster & Nootropic Brain Supplement - Wellness Formula for Natural Energy, Stress Relief, Memory & Liver Support, 90 Veggie Pills #1 Best Seller
Add to Cart	Add to Cart	Add to Cart	Add to Cart
Customer Rating (83)	(705)	(803)	(1755)
Price \$2246	\$3389	\$5246	\$2195

Shipping	FREE Shipping on orders over \$25	\$4.63	FREE Shipping on orders over \$25	FREE Shipping on orders over \$25
Sold By	NetRush	dealchaser4you	NetRush	Pacific Coast Naturals
Directions	As a dietary supplement, take 2 capsules per day.	As a dietary supplement, take 2 capsules per day	As a dietary supplement, take 2 capsules per day. Consult your healthcare advisor regarding the use of this product during pregnancy. Keep out of reach of children.	As a dietary supplement, take 1 capsule with an 8oz glass of water, 20 minutes before meals three times daily.


Sponsored products related to this item



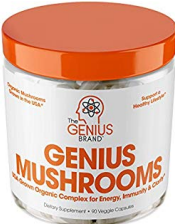
Four Sigmatic Lion's Mane Mushroom Elixir - USDA Organic Lions Mane Mushroom Powder...
557
\$28.97




Organic Lions Mane Mushroom Capsules - 2100 mg Max Capsule Dose + Absorption...
138
\$21.95




Lion's Mane Mushroom Capsules - Energy Boosting, Brain Booster Mushroom Supplement ...
85
\$19.49



Genius Mushroom - Lions Mane, Cordyceps and Reishi - Immune System Booster & Nootro...
1,755
\$21.95



Om Organic Mushroom Nutrition Lion's Mane: Memory, Focus, Nerve Health, 100 serving...
375
\$27.99



Mycol Defer Count
\$43.9


Ad feedback




Your medication, delivered




Learn more >



Powerful DHEA Supple...
49
\$43.87-\$76.92
See details



3000mg BCAA Pills (2 ...
194
\$15.92-\$29.94
See details



Creatine Monohydrate ..
658
\$14.74-\$73.27
See details

Ad feedback

Customer Questions & Answers

See questions and answers

83 customer reviews

4.3 out of 5 stars

5 star

73%

4 star

12%

3 star

4%

2 star

5%

1 star

6%

By feature

Presentation	4.8
Easy to swallow	4.7
Flavor	4.6

By customer groups & interests

Lions

4.7

Health & Wellness

4.4

Is this feature helpful?


Yes

No

Review this product

Share your thoughts with other customers

Write a customer review





3000mg BCAA Pills (2 ...)

\$15.92--\$29.94

See details

Ad feedback

Read reviews that mention

host defense	paul stamets	lions mane	short term	side effects	
brain fog	term memory	mental clarity	long term	also take	
tell the most difference	feel like	taking	focus	noticed	bottle

Showing 1-8 of 83 reviews

Top Reviews

John

Great

February 11, 2017

Package Type: Frustration-Free Packaging

Verified Purchase

I take this before school on occasion. Typically I take Reishi every day because it promotes exactly what I need, like good breathing, handling of stress related hormones and stuff, and a calm heart. I mainly switched over to this because I had some issues with pure Lion's Mane. I found this to not have any of the effects I didn't want like over-stimulation, tingling in my skin, increased chronic pain issues, and heavy sweating at night. This helps me feel clear headed and energetic, but is not overstimulating. I also cannot take the Cordyceps mushrooms, as they make me energetic as well. Also, use caution with NSAIDs and blood pressure medication I'd assume in general. I notice I get light headed and my heart pumps a little irratically upon standing up if I mix this with my NSAID medication. I do not take them on the same day anymore.

51 people found this helpful

Helpful

Comment

Report abuse

Birdie

The brain fog is lifting!

March 13, 2018

Package Type: Frustration-Free Packaging

Verified Purchase

I've been taking this for 11 days and am beginning to notice a few changes physically and mentally. The first thing I noticed was my constant brain fog was beginning to lift. I feel like my thinking is sharper and more clear. It is equivalent to how I feel after my morning coffee, but the feeling lasts all day rather than the sharp drop off in the afternoon. I have depression that has been lately unresponsive to antidepressants (go figure), but after taking Host Defense Brain, my mood seems to be significantly better. Second is that I'm feeling as if I have more energy. This may be a result of feeling happier and less foggy mentally. The better I feel upstairs, the better I feel physically. It's all connected. As of now, I'm extremely pleased with these results and will continue to take these suppliments. I recommend these anyone who's stressed, and hasn't been feeling like themselves lately. Happy customer here!

34 people found this helpful

Helpful

Comment

Report abuse

Steve Garner

No more adderal!!!!

February 2, 2018

Package Type: Frustration-Free Packaging

Verified Purchase

Amazing! Absolutely fantastic. I no longer take the doctor prescribed amphetamine (adderall) to help with focus. I no longer forget things instantly, I no longer lose my train of though mid sentence. Paul Stamets, I thank you!

40 people found this helpful

Helpful

Comment

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Amanda W.

Definitely noticed an improvement in conversations

February 3, 2018

Package Type: Frustration-Free Packaging **Verified Purchase**

Taking this supplement has been insanely helpful for me. I started off with Host Defense's Lion's Mane supplement first. After 1 month, I definitely noticed some benefits. I was so pleased with the results that I started doing more research and found that the improvements don't stop at just Lion's Mane.

I've been taking Host Defense's MycoBotanicals Brain supplement for about 3 weeks now and I'm still reaping benefits from their products. Here's what I've noticed so far:

+ Stellar word finding:

I have migraines and frequently find that right before a migraine, I have a hard time finding words in conversation. I feel like my vocabulary is very limited right before a migraine, and this has definitely helped with that.

+ Mental energy:

It almost seems that since starting Lion's Mane, I've been able to focus a bit better on mundane tasks. I recently changed my diet and have been doing other supplements as well, but I believe that this supplement has played a role.

[Read more](#)

32 people found this helpful

Helpful

Comment

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JoMike Milly

Life Changing

February 27, 2018

Package Type: Frustration-Free Packaging **Verified Purchase**

This has completely revitalized my life. My memory is not only improved but it is completely different. I have the ability to put myself back into a prior situation and look around.

Brain fog has been eliminated, small tasks like washing the dishes are TRIVIAL now. Responding to people, even doing things like leaving product reviews, it's all so easy for me now. I also combine this with the lion's mane host defense supplement.

I am so much more organized, efficient, use my time greatly, this is a must for people who struggle with ADD/ADHD type focus issues. It makes everything so much easier.

25 people found this helpful

Helpful

Comment

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Amazon Customer

Really effective

August 21, 2017

Package Type: Standard Packaging **Verified Purchase**

This formula is really effective if you have become forgetful. I love the "clear head" feeling that it gives me.

16 people found this helpful

Helpful

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Amazon Customer

This is a fantastic product. I am less fatigued during the day

December 30, 2017

Package Type: Frustration-Free Packaging **Verified Purchase**

This is a fantastic product. This is no joke. I really don't understand why supplements such as this aren't promoted more in society. I am less fatigued during the day, have increased focus and have been sleeping much better. It even helped me fight off a cold. Highly recommend.

14 people found this helpful

Helpful

Comment

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Amazon Customer

the Best!

January 26, 2019

Package Type: Standard Packaging **Verified Purchase**

best money i have spent on a supplement. Ive tried other mushroom supplements for brain-most give me a headache. this one has no negative side effects, plus i feel the difference if i miss it for more than a few days. mental clarity is the perfect title for this supplement. energy level change- subtle, brain support- very noticeable, brain fog-gone. Love iT!

4 people found this helpful

Helpful

Comment

Report abuse

[See all 83 reviews](#)

Write a customer review

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This item: Host Defense - MycoBotanicals Brain Mushrooms and Herb Capsules, Helps Clarity, Concentration, Memory, and Adrenal Health with Lion's Mane, Ginkgo, and Bacopa, 60 Count

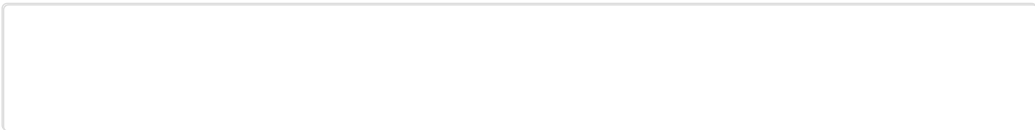
Set up a giveaway

Customers who bought this item also bought



[MycoBotanicals Stress Decompress Mushrooms and Herbs Capsules, Aids Mental Relaxation, Calm,...](#)
25

\$22.85



[Ad feedback](#)

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