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Healthy Mind Brain Booster Supplement - All Natural Nootropic | Increased Mental Clarity, Focus, Memory | No

46 customer reviews | 10 answered questions

Price: **\$18.98** FREE Shipping on orders over \$25 shipped by Amazon or get **Fast, Free Shipping** with Amazon Prime

In Stock. Sold by Healthy One Nutrition and Fulfilled by Amazon.

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About the product

- **IMPROVED MEMORY, FOCUS, AND CLARITY** - Healthy Mind is an all-natural nootropic th supports memory, alertness, and cognition. Great for athletes, parents, college students, children with difficulty concentrating, and seniors!
- **ALL NATURAL HERBAL INGREDIENTS** - Healthy Mind sleep supplements contain a blend Ginko Biloba, Ginseng, Rosemary, Rhodiola, Gotu Kola, Sage, Bacopa, and Green Tea
- **CAFFEINE AND STIMULANT FREE** - Healthy Mind boosts your brain without any stimulan or sugars. Experience mental clarity without the jitters!
- **MONEY BACK GUARANTEE** - Try Healthy Mind Brain Supplements risk free! If you are unsatisfied, simply email or call us for a full refund.
- **TAKE WITH CONFIDENCE** - Healthy Mind nootropics are non-GMO, dairy-free, and soy-free. No antibiotics, preservatives, binders, yeast, sugar, starch, and cholesterol. Healthy Mind and all Healthy One products are MADE IN THE U.S.A. in an FDA-Registered facility. This product is GMP-certified to assure the highest quality and purity.



NUTRACHAMPS

Try Our Favorite Rhodiola Supplement Today

Rhodiola Rosea Supplement 600mg - 120 Capsules Siberian Root Extract 3% Rosa...

673

\$24.20 ✓prime

[Ad feedback](#)

Frequently bought together



Total price: **\$56.51**

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- ✓ **Ashwagandha Capsules Formulated with Artichoke for Increased Absorption - Natural Support for Mood...** **\$16.59** (\$0.18 / Count)

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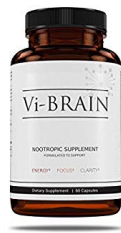
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Geniu Mane Reish Boost \$21.9 Ad feedback

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Product Description

Healthy One



THE AVERAGE PERSON'S MENTAL CLARITY TYPICALLY PEAKS IN THEIR 30s.

Our brains are unprecedented in cognitive power—being constantly bombarded with information to process, on top of trying to keep our body stable, is a tall, tall order not even the latest advancements in AI are capable of. However, it's still an organ made of flesh and living tissue. And like all organs, it gets tired and is prone to many everyday things. Stress shrinks the brain. Air pollution degenerates the part of the brain responsible for learning and memory.

Healthy Mind by Healthy One protects your brain and helps jumpstart its potential.



ALL NATURAL FORMULATION

Nootropics, brain drugs, cognitive enhancers—impressive buzzwords, but ultimately meaningless unless substantiated with actual research. Unlike other nootropics on the market, Healthy Mind doesn't rely on hype to sustain it. Our blend uses actual herbs and ingredients linked to better cognitive performance such as Ginkgo Biloba, Ginseng, Rosemary, Rhodiola, Gotu Kola, Sage, Bacopa, and Green Tea.



IMPROVES YOUR MEMORY

Like a worn elastic band, our brain loses some flexibility as we age, which slows synapses and impedes recall. Our blend uses herbs that help restore brain plasticity, such as green tea, sage, and bacopa. One Swiss study found that subjects showed improved working memory after taking green tea extract. Sage has been known as a memory enhancer for centuries. Bacopa has long been used in Ayurvedic medicine to improve recall, and has been linked to better retention.



SUPPORTS THE BRAIN THROUGH HEALTHIER BODIES

SHARPEN YOUR FOCUS THE NATURAL WAY WITH HEALTHY ONE'S HEALTHY MIND BRAIN BOOSTER



TAKE IT WITH CONFIDENCE

With Healthy Mind nootropics, you get milligram by milligram value in brain-boosting ingredients. Our formula uses non-GMO ingredients, no antibiotics, preservatives, yeast, sugar, starch, cholesterol, binders or any other empty fillers and additives. Internationally certified by the GMP for quality and purity, and produced in the USA inside an FDA-registered facility.

MENTAL VELOCITY WITHOUT THE CRASH

True mental acuity doesn't need caffeine. Healthy Mind brings greater clarity and hones your focus through natural methods. Love the high of coffee but don't love the jitters, nervousness, and sluggishness that come after? Then our blend is for you. Ideal for individuals who are sensitive to caffeine, parents, students, and employees who always need to be on the go.

CAREFULLY CALIBRATED POTENCY

Our blend is formulated with 8 ingredients, in amounts safe for consumption:

- Ginkgo Biloba extract (150mg)
- Ginseng extract (150mg)
- Rosemary extract (120mg)
- Rhodiola extract (150mg)
- Gotu Kola extract (130mg)
- Sage extract (120mg)
- Bacopa extract (150mg)
- Green Tea extract (150mg)

These amounts are safe for all ages—from children having trouble concentrating in class to seniors who want to restore mental clarity.

Product details

Product Dimensions: 2.5 x 2.5 x 4.2 inches

Shipping Weight: 2.4 ounces ([View shipping rates and policies](#))

ASIN: B01M1G62X7

UPC: 866290000119


Average Customer Review: [46 customer reviews](#)

Amazon Best Sellers Rank: #129,123 in Health & Household ([See Top 100 in Health & Household](#))
#151 in [Ginkgo Biloba Herbal Supplements](#)

Product Warranty: For warranty information about this product, please [click here](#)

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Important information

Safety Information

Consult with your doctor before taking this product.

Indications

brain fog, lack of concentration, memory loss, lack of focus, reduce stress

Legal Disclaimer

Pregnant or nursing mothers, children under 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement. If you begin to experience any side effects, consult your doctor and discontinue use. Do not exceed recommended dose. Please use caution if you have sensitivity to any of the listed ingredients. Do not use if seal around cap is broken or missing.

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.



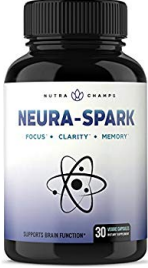


Ingredients

Ginko Biloba, Panax Ginseng, Rosemary, Rhodiola, Gotu Kola, Sage, Green Tea, Bacopa

Directions

Take 2 - 4 Capsules Daily

Compare with similar items

				
<p>This item Healthy Mind Brain Booster Supplement - All Natural Nootropic Increased Mental Clarity, Focus, Memory No Added Stimulants or Sugars 60 Gel Capsules</p>	<p>Extra Strength Brain Supplement for Focus, Energy, Memory & Clarity - Mental Performance Nootropic with Super Ginkgo Biloba - Supports Brain Function - 30 Capsules for Men & Women; Non-GMO</p> <p>#1 Best Seller </p>	<p>Premium Brain Supplement for Focus, Memory, Energy, Clarity - Nootropic Brain Booster Scientifically Formulated for Optimal Mental Performance - Ginkgo Biloba, St John's Wort, DMAE, Rhodiola & More</p>	<p>Support Healthy Brain Function with Nootropics, Improve Memory & Boost Focus - Alpha GPC, Lion's Mane Extract, Bacopa Monnieri, Phosphatidylserine, Ginkgo Biloba, Rhodiola Rosea, Huperzine A</p>	
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<p>Customer Rating</p>	<p>(46)</p>	<p>(3268)</p>	<p>(340)</p>	<p>(625)</p>
<p>Price</p>	<p>\$18⁹⁸</p>	<p>\$20⁹⁴</p>	<p>\$23¹³</p>	<p>\$21⁰⁴</p>
<p>Shipping</p>	<p>FREE Shipping on orders over \$25</p>	<p>FREE Shipping on orders over \$25</p>	<p>FREE Shipping on orders over \$25</p>	<p>FREE Shipping on orders over \$25</p>
<p>Sold By</p>	<p>Healthy One Nutrition</p>	<p>Havasu Nutrition</p>	<p>NutraChamps</p>	<p>1 Body</p>
<p>Directions</p>	<p>Take 2 - 4 Capsules Daily</p>	<p>—</p>	<p>Take 1 capsules 1-2 daily, preferably with food, or as</p>	<p>As a dietary supplement, take three (3) capsules daily</p>

directed by your healthcare professional. preferably with meals or as directed by a healthcare professional.

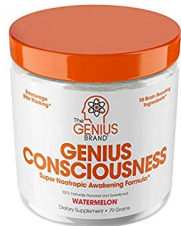
Item Form	Capsules	Capsules	capsules , powder , tablets , liquid , caps , caplet , solid	capsules
Safety Warning	Consult with your doctor before taking this product.	Always consult your physician or licensed qualified healthcare professional before using this product. If you begin to experience any side effects, consult your doctor and discontinue use. Your doctor will have your extensive medical health history as well as knowledge of what other substances you are consuming, which is important when taking a supplement. Actual product packaging and materials may contain different information than what is shown on our website. We recommend that you do not rely solely on the information presented and that you always read labels, warnings, and directions before using or consuming a product. Your health is of the upmost importance to us at Havasu Nutrition.	Pregnant or nursing mothers, children under 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement. If you begin to experience any side effects, consult your doctor and discontinue use. Do not exceed recommended dose. Please use caution if you have sensitivity to any of the listed ingredients. Do not use if seal around cap is broken or missing.	Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. Keep out of the reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place. Side effects are rare, but may include: dizziness, abdominal cramps, upset stomach, heartburn, migraines, nausea, heart palpitations, sleeplessness, jitters, anxiety & diarrhea

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46 customer reviews

4.1 out of 5 stars

5 star	<input type="text"/>	76%
4 star	<input type="text"/>	2%
3 star	<input type="text"/>	11%
2 star	<input type="text"/>	0%
1 star	<input type="text"/>	11%


By feature

Flavor	4.7
Value for money	4.5

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healthy mind	week ago	taking daily for 2 week	highly recommend		
able to focus	continue to take	feel like	started taking		
helps me focus	ingredients	noticed	natural	pills	brain

Showing 1-8 of 46 reviews

[Top Reviews](#)

 Annsley Lucas

Great calming effect!

October 21, 2018

Verified Purchase

I've been trying these for a couple of days now and I can honestly say that I love them for several reasons. I've been having pretty bad anxiety while launching my new business and these provide a great calming effect. I take two in the morning before my day job and two at night when I'm working on my business. When I first tried them I thought I was experiencing a placebo effect, but as the days went I on I tried taking them and not expecting anything to happen either way. It's crazy to me that something this natural is this effective. I saw one review that said these pills smell terrible--these pills are comprised of natural ingredients and have an herbal scent. I quite like it. Taking these has no side effects and I don't feel jittery or anything like that. They also help me be able to go to sleep instead of sipping coffee late at night. That another thing--I think the calming affect does help me focus more, but I would say that this is more of a byproduct of taking the supplements. You feel calmer so you're able to focus and think more clearly. I will keep purchasing these time and time again! I also want to note that while these pills are great, they shouldn't replace taking any medications you might be on. It's just a great addition to your wellness/mental health regimen.

9 people found this helpful

Helpful

Comment

Report abuse

Svetlana

Great supplement

November 1, 2018

Verified Purchase

I was taking this supplement for the last 10 days - I noticed improvement in focus - similar affect I usually get from coffee but it lasts about 4-5 hours. Great if you study for an exam or have to focus for a specific task at work.

I didn't feel any improvements in short term memory or clarity but I think it depends on case to case basis. My memory and clarity are already fine the way they are.

I tried other brain supplements before and Healthy Mind is similar to other products in this category. I wish the size of the pill was smaller - it was hard to swallow. Otherwise, great alternative to coffee or energy drinks.

3 people found this helpful

Helpful

Comment

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Hana Malik

Exceeds expectations!

October 24, 2018

Verified Purchase

I recently got this product because I am constantly working or studying as a student. It is difficult for me to set aside my thoughts and focus consistently when there is so much going on. Taking this supplement helps me feel calm and therefore more confident. I have only been taking this product for a week or so and feel results such as my concentration increasing immediately. I plan on taking the supplement for longer before being able to comment directly on it helping with memory retention. However, I will say that because I am able to focus better, I am able to absorb information quicker and without reviewing it as many times as I may have had to in the past. It has potential to really strengthen memory.

4 people found this helpful

Helpful

Comment

Report abuse

Chau B **VINE VOICE**

Nice Stack

October 28, 2018

Verified Purchase

I like this nootropics stack. It includes the few I am already taking with the addition of some I wasn't aware of before. It's nice to take 2 pills instead of 8. I like that it has ginkgo, green tea, rhodiola and gotu kola. Provides alertness along with calming ingredients so you don't get that jitter like coffee. I feel much more at ease ever since trying out nootropics.

4 people found this helpful

Helpful

Comment

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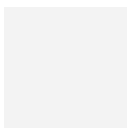
Angel M Hall

Calming Feeling

May 12, 2019

Verified Purchase

I started taking these about a week ago along with a couple other supplements that I take. The bottle says to take 2 but at first it kinda upset my stomach so I have started to take one in the morning and then wait a little while to take the other one and that seems to be working out fine. I like the calming feeling that you get after taking these for a few days, your body feels relaxed.. It's helpful because I exercise a lot and my body doesn't feel so stressed. I am able to focus more on what I am doing. I'm going to continue to take these and see how it goes, then maybe update this at a later date.



Helpful Comment Report abuse

angie

helps me focus and stay on task

March 29, 2019

Verified Purchase

I wasn't sure if this would actually help me as sometimes I have a whole bunch of things going on in my head at once that I am easily sidetracked, but i took the dosage it said and within a few hours I really felt, i dunno if it calm is the right word, but i had a sense of being able to focus a lot more on what i was doing without getting distracted. I was able to organize several hundred file son my computer without getting bored or distracted and was able to finish in a timely manner. It also helped me sleep better. I didn't notice much of difference when I woke up as my sleeping schedule is so bad, but I definitely felt like I could turn my brain off as it goes enough to fall asleep easier when I went to bed. As long as you take it the way it says, I really think you will notice a difference and have a more healthy mind as the product says. Sidenote: I love that it has ginseng which helps reduce stress as it is something I look for as well

Helpful Comment Report abuse

Clarissa

works and helps perfectly

February 15, 2019

Verified Purchase

I got this supplement to help me as a student and has a job at the same time. It has helped me focus on things I should be doing and complete tasks effectively. It also increased my memory's capabilities when studying. And also made me calm whenever taken. I would totally recommend this.

One person found this helpful

Helpful Comment Report abuse

Mindy Bass

other brands work better.

July 19, 2018

Verified Purchase

For me, other brands work better.

2 people found this helpful

Helpful Comment Report abuse

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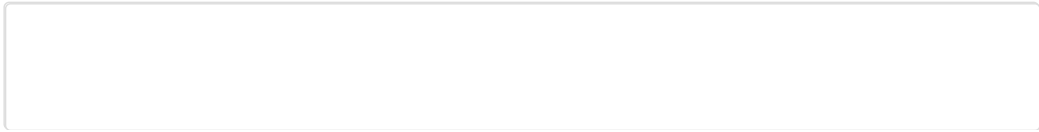


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