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# Support Healthy Brain Function with Nootropics, Improve Memory & Boost Focus - Alpha GPC, Lion's Mane Extract, 617 customer reviews | 26 answered questions

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  - **ENJOY GREATER FOCUS & CLARITY** - Nothing turns you into a pro faster than having better focus concentration and mental clarity to attack your work and studies now without feeling the constant pressure to get distracted
  - **CLINICALLY PROVEN NOOTROPIC INGREDIENTS** - Support healthy brain function and peak mental performance. Our formula contains Alpha GPC Bacopa Monnieri Ginkgo Biloba Rhodiola Rosea Huperzine A & more
  - **CLEAN ENERGY & MOOD BOOSTER** - Our formula provides clean calm energy with no caffeine or harsh stimulants. Plus we've included nutrition to elevate mood & reduce stress by supporting healthy serotonin & dopamine levels
  - **NON-GMO & VEGETARIAN** - Our smart brain supplement contains 30 servings of 3 easy-to-swallow pills. Manufactured in the USA at a cGMP FDA-approved lab with NO dairy, gluten, soy, egg, fish, tree nuts, & no artificial colors or flavors



+



+



Total price:  
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- ✓ **This item:** Support Healthy Brain Function with Nootropics, Improve Memory & Boost Focus - Alpha GPC, Lion's... **\$21.04** (\$0.23 / Count)
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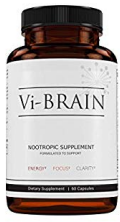
**\$24.20** ✓prime

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1,914

Ad feedback

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2,072  
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Brain Supplement Nootropics Booster - Enhance Focus, Boost Concentration, Improve Memory & Clarity For Men & Women, Ginkgo Biloba, DMAE, Mind Enhancement, IQ Neuro Energy, Vitamin B12, Bacopa Monnieri  
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Thyroid Support Supplement with Iodine - Metabolism, Energy and Focus Formula - Vegetarian & Non-GMO - Vitamin B12 Complex, Zinc, Selenium, Ashwagandha, Copper, Coleus Forskohlii & more 30 Day Supply  
7,746  
\$23.99



Genius Mushroom – Lions Mane, Cordyceps and Reishi – Immune System Booster & Nootropic Brain Supplement – Wellness Formula for Natural Energy, Stress Relief, Memory & Liver Support, 90 Veggie Pills  
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## Have a question?

Find answers in product info, Q&As, reviews

## Product description

**100% SATISFACTION GUARANTEE** - We're willing to take all of the risk. Try Brain Support risk free for 90 days. If you're not satisfied, just let us know and we'll give you a refund. No questions asked

**ALPHA GPC**

One of the most bioavailable forms of choline. It facilitates acetylcholine neurotransmission, which is one of the crucial brain chemicals involved in memory and overall brain health

**LION'S MANE MUSHROOM EXTRACT** (Hericium erinaceus)

A "smart food" that supports sharpened mental focus, memory and optimal brain & nerve health

**CENTROPHENOXINE**

An easy to absorb precursor for DMAE, giving the body a simple source of the compound responsible for supporting cognitive functions

**BACOPA MONNIERI**

May support memory and cognitive abilities by supporting synaptic communication. Neural impulse transmission is a key to cognitive enhancement

**L-TYROSINE**

An amino acid that is needed to manufacture proteins. The amino acid tyrosine is known to play a role in producing the important neurotransmitters dopamine and norepinephrine

**SHARP-PS®**

Is a high purity phosphatidylserine. Phosphatidylserine (PS) is present in the structure of cell membranes and has been shown to promote memory and cognitive function as well as support mood health.

**GINKGO BILOBA EXTRACT**

Believed to help support cognitive functions related to memory, mental sharpness, and blood flow to the brain.

**SUNTHEANINE®**

A Natural form of L-Theanine, has been clinically proven to promote an alert state of relaxation without drowsiness

**RHODIOLA ROSEA EXTRACT**

An herb that supports healthy levels of serotonin and dopamine, so that the brain fog can clear and the mind can stay focused

**HUPERZINE A**

Supports learning enhancement and memory while also promoting alertness and energy

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## Product details

**Product Dimensions:** 2.2 x 4.4 x 2.2 inches

**Shipping Weight:** 3.2 ounces ([View shipping rates and policies](#))

**ASIN:** B01NCTY3HW

**UPC:** 860536000338

**Average Customer Review:** [617 customer reviews](#)

**Amazon Best Sellers Rank:** #3,729 in Health & Household ([See Top 100 in Health & Household](#))

#6 in [Ginkgo Biloba Herbal Supplements](#)

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## Important information

### Safety Information

Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. Keep out of the reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place. Side effects are rare,

but may include: dizziness, abdominal cramps, upset stomach, heartburn, migraines, nausea, heart palpitations, sleeplessness, jitters, anxiety & diarrhea

#### Indications

Brain Support,

#### Legal Disclaimer

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, or cure any disease. Discontinue use immediately if any allergic or other adverse reaction occurs

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.


#### Ingredients

Vitamin B6, Vitamin B12, Alpha GPC, Lion's Maine Extract, Centrophoxine, Bacopa Monnieri, Tyrosine, Phosphatidylserine, Ginkgo Biloba Extract, L-Theanine, Rhodiola Rosea Extract, Taurine, Huperzine - A, Vegetable capsule contains purified water and hypromellose

#### Directions

As a dietary supplement, take three (3) capsules daily preferably with meals or as directed by a healthcare professional.

## Compare with similar items


				
	<p><b>This item</b> Support Healthy Brain Function with Nootropics, Improve Memory &amp; Boost Focus - Alpha GPC, Lion's Mane Extract, Bacopa Monnieri, Phosphatidylserine, Ginkgo Biloba, Rhodiola Rosea, Huperzine A</p> <p>Add to Cart</p>	<p>Extra Strength Brain Supplement for Focus, Energy, Memory &amp; Clarity - Mental Performance Nootropic with Super Ginkgo Biloba - Supports Brain Function - 30 Capsules for Men &amp; Women; Non-GMO</p> <p>#1 Best Seller</p> <p>Add to Cart</p>	<p>Premium Brain Supplement for Focus, Memory, Energy, Clarity - Nootropic Brain Booster Scientifically Formulated for Optimal Mental Performance - Ginkgo Biloba, St John's Wort, DMAE, Rhodiola &amp; More</p> <p>Add to Cart</p>	<p>Brain Support Supplement - Enhance Memory, Brain Function, Boost Concentration - Nootropics w/Adaptogens &amp; Plant Based Vitamins - Lions Mane Bacopa Monnieri Citicoline Ginkgo - Axon by Nooflux</p> <p>Add to Cart</p>
Customer Rating	(617)	(3259)	(337)	(72)
Price	\$21 <sup>04</sup>	\$20 <sup>94</sup>	\$23 <sup>13</sup>	\$27 <sup>99</sup>
Shipping	FREE Shipping on orders over \$25	FREE Shipping on orders over \$25	FREE Shipping on orders over \$25	FREE Shipping on orders over \$25
Sold By	1 Body	E-com Stores Solutions	NutraChamps	Nooflux LLC
Directions	As a dietary supplement, take three (3) capsules daily preferably with meals or as directed by a healthcare professional.	—	Take 1 capsules 1-2 daily, preferably with food, or as directed by your healthcare professional.	Take 2 capsules daily with food, as the ingredients are best absorbed when digested with fat (e.g., eggs, nuts, fish oil). The effects of the ingredients compound when taken habitually, so Axon should be taken on a daily basis.
Item Form	capsules	Capsules	capsules , powder , tablets , liquid , caps , caplet , solid	—
Safety Warning	Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. Keep out of the reach of children. Do not use if safety	Always consult your physician or licensed qualified healthcare professional before using this product. If you begin to experience any side effects, consult your doctor and discontinue use. Your doctor will have your extensive medical health history as well	Pregnant or nursing mothers, children under 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement. If you begin to experience any side effects, consult your doctor and discontinue use. Do not	Pregnant or nursing women, under the age of 18 or individuals with a known medical condition should consult a physician before using this or any dietary supplement. Contains ingredients sourced from soy. Do not take more than 4 capsules per day.

seal is damaged or missing. Store in a cool, dry place. Side effects are rare, but may include: dizziness, abdominal cramps, upset stomach, heartburn, migraines, nausea, heart palpitations, sleeplessness, jitters, anxiety & diarrhea

as knowledge of what other substances you are consuming, which is important when taking a supplement. Actual product packaging and materials may contain different information than what is shown on our website. We recommend that you do not rely solely on the information presented and that you always read labels, warnings, and directions before using or consuming a product. Your health is of the upmost importance to us at Havasu Nutrition.

exceed recommended dose. Please use caution if you have sensitivity to any of the listed ingredients. Do not use if seal around cap is broken or missing.

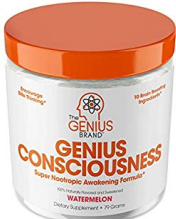
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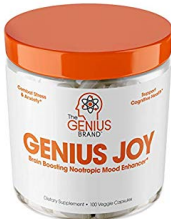
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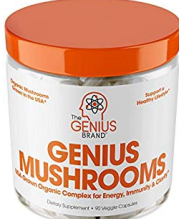
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617 customer reviews



By feature

Accuracy	5.0
Presentation	4.7
Flavor	4.6

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mental clarity	throughout the day	second bottle	body brain	
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Top Reviews

Spb711

rotten pills, hard as a rock, no seal. no expiration date, made me sick... bad stuff.

December 1, 2018

Verified Purchase

the pills were all rotten! they are supposed to be a light colored powder, mine were a black smelly sticky tar! i opened the capsules to see why the powder was all black, and there was no powder it was a hard sticky rock... i then looked to check the expiration date to see if i got an old batch... and out of the 4 bottles i ordered, NOT ONE HAD A EXPIRATION DATE. God knows how old these things are. i am so disappointed i was really looking forward to these pills, the indigence made me so happy (besides the tourine they sneak in and dont list in their item description) i really was excited to take these pills for what they were supposed to be... if only mine werent rotten. and i sent them back for a replacement, got 4 "new" bottles, (they look like they sent me back the same 4 honestly) and all 4 were again rotten black tar with no expiration date. all the seals were broken. multiple other people are saying this too. and it made my stomach super sick!! also they are tricking people with 5 star reviews by giving you a free bottle every time you give them a good review... theres a little card in each bottle to get another free one if you give a good review.. that should be illegal. its false advertising.

87 people found this helpful

Helpful

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matt merchant

Too many naps on the couch no longer occur either because I feel like I have more energy

February 3, 2018

Verified Purchase

My go to line has always been "too many concussions" whenever I've forgotten someone's name or an important event I should've remembered. As a stunt man I get the bump on the head occasionally that messes with the memory once more. As a stand up comedian I would worry at times that the memory required to deliver a 20 to 30 minute monologue could some day slip. I'm not worried so much anymore. I've been taking this supplement for a couple weeks now and I can already tell a difference. Words that

once eluded me come trippingly off the tongue. Whereas I once walked around in a cloudy haze on certain days, a clarity has returned. Too many naps on the couch no longer occur either because I feel like I have more energy. Tremendously grateful to have found a product that somehow returns me to my younger days when all things came more easily!!

99 people found this helpful

Helpful

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Blmfd

**... experience with Brain Support Our incredible Mother is a beautiful 90 years old and has been diagnosed with mild ...**

March 14, 2018

Verified Purchase

Your experience with

Brain Support

Our incredible Mother is a beautiful 90 years old and has been diagnosed with mild dementia. We have researched & tried just about every natural supplement that claims to be "THE one to take" ... well, THIS product is indeed the one to take!! It has not only enhanced her memory, but has wonderful, surprising effects in her energy, focus, and drive! While it hasn't made her a 40-year-old again (I would be ordering bottles for me!), it has truly made a vast improvement in her day-to-day life .. with absolutely no adverse side effects. (This we watch very, very closely and have also asked her neurologist before adding this to her daily routine.)

1 Body's Brain Support is absolutely incredible - and an absolute God send! While everyone's body is different, we can attest to, and are grateful for the results this product has provided our Mother. We sincerely appreciate the folks at 1 Body and their innovative research and delivery of Brain Support. May God bless you and your efforts ~

123 people found this helpful

Helpful

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jwpowell99

**Beware! 2 Bottles w/ 2 Diff Pills, & Wrong Pill Cts, No QC/QA**

December 4, 2018

Verified Purchase

Beware! This product should not be on the Amazon's Choice list because of very serious QC/QA issues, lack of a Certificate of Analysis from a Third Party testing Lab, no Phone or Customer Service Contact, and failure of the Company to return my calls in 30 days to their Answering Service in PA, or respond to my email which requested they call me URGENTLY. They are supposedly located in NV. I have my doubts they are actually a company with inventory as much as a MLM startup trying to get in on the lucrative Nootropics Craze. Well Nootropics are dangerous enough without mystery pills and poor blending, packaging, and verifiable documentation. The 2 bottles I received contained 2 Completely different Pills, 1 Large Dark-flecked brownish, bluish-black pills, and the other Much smaller off-white pills with some flecks. Pill Counts and bottle weights were different/wrong: 1 with 80, the other 93 when they were supposed to be 90 pills. This startup Co, 1Body, has been a nightmare for me. I have taken and take each of the additives as individual pure caps, gels, or powders. That way you can cycle what you want and not build a tolerance. I liked this formulation from a cost-effective point for the Alpha-GPC/Lion's Mane/Bacopa and I broke my rule of not buying dry-blended complex Nootropics because it is theoretically not possible to get a homogeneous dry capsule mix of 13 different additives. If these were

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72 people found this helpful

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**This item:** Support Healthy Brain Function with Nootropics, Improve Memory & Boost Focus - Alpha GPC, Lion's Mane Extract, Bacopa Monnieri, Phosphatidylserine, Ginkgo Biloba, Rhodiola Rosea, Huperzine A

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