

## 13 Supplementary Material

### Questionnaire

1. I agree that my data can be used anonymously for clinical studies and subsequent research performed by Valley Electronics AG and external researchers.
2. E-mail address
3. Date of birth
4. Weight
5. Height
6. Serial number of your
7. Daysy You have been using Daysy regularly for
  - a. more than 13 cycles
  - b. less than 13 cycles
8. I'm using Daysy
  - a. To avoid a pregnancy
  - b. For family planning
  - c. Both
9. Have you been using any contraceptive methods while using Daysy to avoid pregnancy?
10. Have you had sexual intercourse exclusively on green (infertile) days?
11. You have been using an additional contraceptive method
  - a. on both red (fertile) and green (infertile) days
  - b. only during red days
  - c. inconsistently
12. What additional contraceptive method have you been using?
  - a. Intrauterine device (hormone free)

- b. Hormonal
- c. Male condom
- d. Diaphragm
- e. Withdrawal
- f. Abstinence

13. Did you have an unwanted pregnancy while using Daysy?

14. Did you use Daysy to get pregnant?

15. Did Daysy show you your ovulation (red flashing)?

16. Did you specifically have intercourse on red (fertile) days to conceive?

17. Did you conceive?

18. How long did it take to successfully conceive using Daysy?

- a. < 1 Year
- b. 1-1.5 Years
- c. > 1.5 Years

19. How long have you been using Daysy to plan a pregnancy?

- a. < 1 Year
- b. 1-1.5 Years
- c. > 1.5 Years

20. Were you trying to conceive prior to using Daysy?

21. How long did you try to conceive prior to using Daysy?

- a. < 1 Year
- b. 1-1.5 Years
- c. > 1.5 Years

22. What did you try in order to conceive?

- a. NFP (Natural Family Planning)
- b. IVF (In Vitro Fertilisation)

- c. ICSI (Intracytoplasmic sperm injection)
  - d. Clomifene
23. Did you ever have an abortion or miscarriage?
24. How frequently did you use DaysyView?
- a. Daily
  - b. Weekly
  - c. Monthly
  - d. Not at all
25. Did you share your cycle data with your partner, healthcare professional or friends?
26. Has DaysyView increased your Interest/understanding of your cycle?
27. How many days does your menstruation last on average (only full blood flow, without spotting)?
- a. Less than 2 days
  - b. 2-7 days
  - c. more than 8 days
28. Do you have irregular cycles (fluctuations between 3-4 days are normal)?
29. How long is your cycle on average?
30. Would you recommend Daysy?