

WHO WE HELP THE EXPERIENCE LEARN MORE LOCATIONS BLOG

SCHEDULE ASSESSMENT Q



## Who Do We Help?

















# Our Programs

#### Core Program

The Core Program leverages the brain's natural ability to change and become stronger. Utilizing a science based approach and the latest in neuroimaging and brain mapping, our program engages the brain in real time, to address a variety of symptoms including focus, anxiety, depression, migraines, sleep, memory and more.

Memory Boot Camp is an integrated, proactive program designed to address the concerns of memory and the aging brain. The highly personalized program utilizes the latest in brain training, cognitive exercises (brain games), and 1 to 1 coaching on diet and exercise, relaxation and monitoring with your own personal Brain Coach.

How It Works









#### Initial Assessment

Your comprehensive assessment includes brainwave analysis using qEEG technology, heart rate and breathing analysis and other clinically validated diagnostic tests to paint a clear picture of what's going on in your brain.

### Customized Program

Your unique brain map becomes our guide to designing a personalized program. Through positive reinforcement and repetition, neurofeedback sessions train your brain to function better and more efficiently.

#### Final Assessment

At Neurocore, we utilize measurement based care. At the completion of the program, we do another full assessment to allow for comparison of your results before, during and after the program.

# A Stronger Brain Can Make Anything Possible

Discover what neuroscientists have known for decades: Your brain isn't hard wired — it can change. We empower you to train your brain to achieve powerful results.



Watch the Neurocore Overview

# What People Say About Us

"I was experiencing anxiety and having a hard time focusing on homework. I saw my siblings complete Neurocore and I was interested to see what and how it could help me. With this past semester in college, I have received higher grades, better ability to focus, and a little less anxiety. When dealing with an anxious time I was able to bring myself down and breathe and refocus."

#### Anonymous

Holland Center, December 2017

#### Schedule an Assessment

Just fill out the form and we'll be in touch to schedule an assessment. Or call 855.446.1749 to talk to a team member.

First Name *	Last Name *
E	
mail *	Mobile Phone *
Best Callback Time *	Preferred Center Location *
Program of Interest *	How did you hear about us? *
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Togram or interest	FIGHT SIN YOU INSIN MOON WIT	•
Comments		

All calls to and from Neurocore may be recorded for training and quality assurance purposes.

Neurocore makes no claims that it can cure any conditions, including any conditions referenced on its website or in print materials, including ADHD, anxiety, autism, depression, traumatic brain injury, post-traumatic stress disorder, migraines, headaches, stress, and sleep disorders. If you take prescription medications for any of these conditions, you should consult with your doctor before discontinuing use of such medications.

