

MIGRAINE AND HEADACHE TREATMENT REVIEWS AND TESTIMONIALS

Schedule Assessment

Reviews Home | Migraines

The views expressed below are the personal views of the reviewer and are based on the reviewer's experience with the completion of Neurocore's 30-session program. Results will vary. Consumers should not expect to experience the same results.

"Prior to the program, I had suffered from major depression, anxiety, panic attacks, emotional meltdowns, sleep problems (sleeping 3-4hrs/night, and sleeping 16+/day), memory problems, severe migraines/headaches/neck aches, overwhelming stress, complete body aches and pains, TMJ/clenching issues, and attention problems for over 10 years. I was at a point in my life where I could not handle much more stress and was hoping and willing to try anything that might help.

What an amazing program Neurocore is. Absolute life changer. In the short duration of the program, I have been able to dissolve many of the problems that I have had for the last 10+ years. No more migraines, panic attacks, or emotional meltdowns. I average 7-8hrs of sleep/night, and it is good, restful sleep. All of my somatic problems have diminished or no longer exist. I no longer have strong negative self talk. I believe I think much more clearly and there is not the constant noise of problems or unfinished work bouncing around in my head. I am able to remember names, phone numbers, and to-do without having to write everything down.

Skeptical at first, I went along with what I was told and tried not to overthink things or doubt the process. I wanted so badly for it to work. I knew that things must be better, but I didn't know how to get there. My friends and family had tried for years to try and help but they didn't know what to do either. I was lost. I reached a point in my life when I thought that this was just how being an adult was like. Constant stress, anxiety, depression, no sleep, etc. It became "routine" and not much had convinced me that it could be better until I came to Neurocore. I believe in the science of the program and I allowed myself to submit to the process and just let it work. I've experienced much more than I had expected.

The staff here has been such an amazing compliment to my journey to good mental health. I feel extremely comfortable here with every person. I am confident my information is kept private. People treat me like a valued person here, not just another number or another client. Amazing people!! So glad to have met each and every one of them. They have made such a positive impact on my experience."

Jessica W.

West Bloomfield Center

"Severe migraines, insomnia and high anxiety that led to difficulty dealing with stress and other life issues.

Sleeping constantly 6 hours or longer a night; and falling asleep faster. Breathing has helped so much with dealing with anxiety as well. Migraines have lessened with severity on a daily basis.

Team members are fantastic. Very knowledgeable and willing to answer any and all questions clearly."

Shrea G.

Grandville Center

"I had a very bad concussion and I wasn't doing well with it. So I came to Neurocore to get it fixed. I can sleep through the night again and my memory and focus are back at 100%. I used to wake up with raging headaches everyday but now I don't have them. I have enough energy to get through the day again!

Any size of a concussion should be taken care of. It may not affect you big time now but in the long run you'll thank yourself for fixing your head."

Anonymous

Sterling Heights Center

"I suffer from a chronic headache which was my primary reason for starting at Neurocore. It amazed me that the program was also able to help with my ADD, sleep problems, and stress. For this reason, I knew I had to try the program.

I am able to concentrate much better now instead of feeling like I was in a haze and floating through life. My sleep has improved immensely as my brain is slowing down. The deep breathing is very beneficial for my headache as well. If the problems were not greatly improved, Neurocore provided excellent coping mechanisms. I feel better overall after

Shreya G.

Grandville Center

Anonymous

Sterling Heights Center

problems were not greatly improved, Neurocore provided excellent coping mechanisms. I feel better overall after participating in the Neurocore program.

Doing the deep breathing makes a world of a difference. Practice whenever you think of it. Although it's exhausting initially, the results will astound you. Everyone in the Bloomfield office was amazing and answered any questions I had. When I was having my initial assessment and was on the phone, I spoke to great representatives who always returned my calls promptly and were very knowledgeable."

Anonymous

West Bloomfield Center

"My daughter started the program & requested I join her. And to help with my own focus, sleep & anxiety

I have reduced headaches, sleep better & am more aware of my stresses."

Tara D.

Grandville Center

"My daughter was experiencing debilitating headaches nearly every day. She is a highly motivated and high achieving kid putting a lot of pressure on herself resulting in anxiety and stress. After just five sessions her headaches were significantly reduced and at the end of thirty sessions she is nearly headache free.

Nearly every day my daughter would come home from school with a headache that had started mid-day at school. She was miserable during her last three classes at school and often missed after school activities because she was in so much pain. Now she is able to fully concentrate in all of her classes and rarely has to miss out on extra-curricular activities. She rarely needs to take medication any longer."

Anonymous

Kalamazoo Center

"Headaches almost everyday. Anxiety was high along with high BP.

Reduced headaches to only 1-2 per month and reduced anxiety. My family notices a difference as well..... slower to react to stressful situations."

Anonymous

Grand Rapids Center

The views expressed above are the personal views of the reviewer and are based on the reviewer's experience with the completion of Neurocore's 30-session program. Results will vary. Consumers should not expect to experience the same results.

Schedule an Assessment

Just fill out the form and we'll be in touch to schedule an assessment.
Or call 855.523.0153 to talk to a team member.

First Name *

Last Name *

Email *

Mobile Phone *

Best Callback Time *

Preferred Center Location *


Program of Interest *

How did you hear about us? *

Comments

☐

I'm not a robot


reCAPTCHA
[Privacy](#) - [Terms](#)

Submit

All calls to and from Neurocore may be recorded for training and quality assurance purposes.

Neurocore makes no claims that it can cure any conditions, including any conditions referenced on its website or in print materials, including ADHD, anxiety, autism, depression, traumatic brain injury, post-traumatic stress disorder, migraines, headaches, stress, and sleep disorders. If you take prescription medications for any of these conditions, you should consult with your doctor before discontinuing use of such medications.

WHO WE HELP

- ADHD
- Anxiety
- Autism
- Depression
- Memory
- Memory Boot Camp
- Migraines
- Sleep
- Stress

LEARN MORE

- Events
- Learn More
- Insurance
- Costs
- Physician Referral
- Client Privacy
- Website Privacy Policy

ABOUT

- Team
- Careers
- Contact

LOCATIONS

- Boca Raton
- Grand Rapids
- Grandville
- Holland
- Livonia/Metro Detroit
- Palm Beach Gardens
- Sterling Heights
- West Bloomfield

GET STARTED

- Free Phone Consultation
- Schedule Assessment

