





Relaxation + Meditation



Quality Sleep Training



Neurofeedback

# GETTING STARTED

It all begins with a comprehensive, diagnostic assessment, which includes the latest in qEEG brain mapping technology. This data provides a foundational understanding of each individual's unique starting point and creates the framework for each person's customized program.

The program is then customized to your unique brain and individual goals. In just a few months, we can help you improve your memory, sharpen your focus, and gain better health and fitness habits.

- Gain better recall
- Improve mental clarity
- Feel sharper
- Maintain or regain a higher level of functioning

[Enlist in Memory Boot Camp!](#)

Neurocore makes no claims that it can cure any conditions, including any conditions referenced on its website or in print materials, including ADHD, anxiety, autism, depression, traumatic brain injury, post-traumatic stress disorder, migraines, headaches, stress, and sleep disorders. If you take prescription medications for any of these conditions, you should consult with your doctor before discontinuing use of such medications.

## WHO WE HELP

- ADHD
- Anxiety
- Autism
- Depression
- Memory
- Memory Boot Camp**
- Migraines
- Sleep
- Stress

## LEARN MORE

- Events
- Learn More
- Insurance
- Costs
- Physician Referral
- Client Privacy
- Website Privacy Policy

## ABOUT

- Team
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## LOCATIONS

- Boca Raton
- Grand Rapids
- Grandville
- Holland
- Livonia/Metro Detroit
- Palm Beach Gardens
- Sterling Heights
- West Bloomfield

## GET STARTED

- Free Phone Consultation
- Schedule Assessment

