

# TAKE CONTROL OF YOUR ANXIETY

Schedule Assessment

Overview | What We Do | Diagnosis | Stats | Testimonials | Insurance | Schedule an Assessment

## Neurocore may help with the symptoms associated with Anxiety with our drug-free program

You probably feel anxious now and then. It's normal when you face a deadline at work, before you take a test, or when you make a big decision. However, anxiety disorders are a serious medical problem that may make living a normal, happy life seem insurmountable. At Neurocore Brain Performance Centers, our innovative brain-based treatment for anxiety, panic attacks, social anxiety, and more may open the door to a calmer, richer, more fulfilling future.



## See What We Do

If you have an anxiety disorder, debilitating worry and fear may be never-ending. It can cause major family disruption. Symptoms include:

- Headaches, migraines
- Easily frustrated, prone to angry outbursts
- Phobias
- Racing thoughts, restlessness
- Perfectionism
- Addictive behavior

## Nicole Zaagman's Story



\*The views expressed above are the personal views of the reviewer and are based on the reviewer's experience with the completion of

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## Neurocore brings your brain into balance

We use advanced qEEG technology to identify and quantify the brain activity that is causing your anxiety. We also evaluate your breathing and heart rate which contribute to overall brain wellness. Then, in a customized treatment program, we use neurofeedback sessions to train your brain to regulate itself to stay in a more calm, focused state.

## Anxiety's link to ADHD

We've discovered that many children and adults diagnosed with ADHD actually have an anxiety disorder. Thus, a prescription for stimulants, based on an ADHD diagnosis, may not be the best course of action. Neurocore Brain Performance Centers may be able to help you determine the underlying cause.



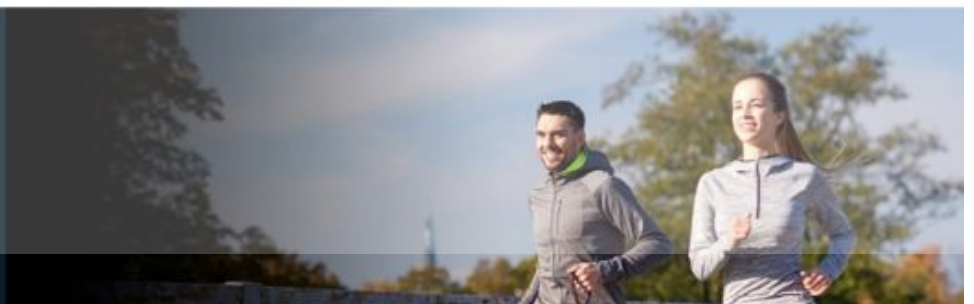
## ANXIETY — Signs, Symptoms, and How Neurofeedback Could Help.

Download the **FREE** Report



Clients Who  
Complete Our  
Program Have  
Reported\*

88%



88%

experienced a "clinically important"  
reduction of Anxiety Symptoms<sup>1</sup>

53%

no longer met symptomatic  
thresholds of Anxiety<sup>2</sup>

<sup>1</sup>Of those presenting with a "Clinical" status (T-score ≥ 70) on the Achenbach System of Empirically Based Assessment (ASEBA) DSM-Oriented Anxiety Problems Scale.

<sup>2</sup>Magnitude of improvement on the ASEBA DSM-Oriented Anxiety Problems Scale by at least the minimal clinically important difference (MCID), defined by ASEBA, in this case the MCID is at least 3 points.

<sup>3</sup>Reduction of T-score to < 65 on the ASEBA DSM-Oriented Anxiety Problems Scale, placing them within "Normal" status. <sup>4</sup>Above outcomes based on an analysis of results reported by 251 clients who completed Neurocore's 30-session program. Individual results may vary. The percentages cited above are not claimed to represent typical results, and are not intended to represent or guarantee that anyone will achieve the same or similar results.

## Testimonials

"I was seeking a way to not only better control my emotions but expand my focus in my meetings. I was also looking to reduce my anxiety when handling unexpected situations. In addition I was hoping to be able to stay on task.

I now can better control my emotions as well as see a reduction in my stress and anxiety. I also now am getting frustrated when i see others jump from task to task like i use to do.."

**Anonymous**

Sterling Heights Center, January 2018

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[See more testimonials](#)

## Neurocore may be covered by your insurance

Many insurance plans cover Neurocore's services. We provide a **FREE** insurance consultation prior to the time of the initial neurological assessment to inform clients if and how much will be covered. You may be able to use your **Health Savings Account (HSA)**, **Flexible Spending Account (FSA)** and **Health Reimbursement Arrangement (HRA)** for Neurocore services.

[FREE Insurance Check](#)

### In-Network Insurance

In Michigan, we are in-network with **Blue Cross Blue Shield (BCBS)**, **Blue Care Network (BCN)**, **ASR**, **Cigna** and **Magellan**. In Florida, we are in-network with **Aetna**, **Cigna** and **Magellan**.

### Out-of-Network Insurance

If you are not a member with one of the in-network insurance providers, your out-of-network insurance may provide coverage for our program.

## Schedule an Assessment

Just fill out the form and we'll be in touch to schedule an assessment.  
Or call 855.523.0153 to talk to a team member.

First Name \*

Last Name \*

Email \*

Mobile Phone \*

Best Callback Time \*

Preferred Center Location \*


Program of Interest \*

How did you hear about us? \*

Comments



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All calls to and from Neurocore may be recorded for training and quality assurance purposes.

Neurocore makes no claims that it can cure any conditions, including any conditions referenced on its website or in print materials, including ADHD, anxiety, autism, depression, traumatic brain injury, post-traumatic stress disorder, migraines, headaches, stress, and sleep disorders. If you take prescription medications for any of these conditions, you should consult with your doctor before discontinuing use of such medications.

## WHO WE HELP

ADHD

Anxiety

Autism

Depression

Memory

Memory Boot Camp

Migraines

Sleep

Stress

## LEARN MORE

Events

Learn More

Insurance

Costs

Physician Referral

Client Privacy

Website Privacy Policy

## ABOUT

Team

Careers

Contact

## LOCATIONS

Boca Raton

Grand Rapids

Grandville

Holland

Livonia/Metro Detroit

Palm Beach Gardens

Sterling Heights

West Bloomfield

## GET STARTED

Free Phone Consultation

Schedule Assessment

