

ADDRESSING THE SYMPTOMS OF ADULT ADHD

Schedule Assessment

Overview What We Do Diagnosis Stats Testimonials Insurance Schedule an Assessment

Neurocore may help with Adult ADHD

Inattention. Distractibility. Disorganization. Impulsiveness. Restlessness. These are just a few common symptoms of adult ADHD or adult ADD.

While popular culture may cause you to believe that ADHD is only a condition that affects kids, that is actually not the case. ADHD can be a serious issue for adults and, if left untreated, can lead to difficulties at work, depression, anxiety, relationship or marital problems, and even substance abuse.



See What We Do

Neurocore helps children and adults tackle ADHD. Adults with ADHD have achieved improved concentration, better sleep and greater productivity through our program. Many of these individuals often go their entire childhoods undiagnosed — or misdiagnosed — and then as adults, wonder why they can't seem to reach their maximum potential. We help these adults identify and breakthrough the barriers that have been holding them back.

Symptoms of ADHD in Adults

While no two people with ADD/ADHD are exactly alike, below are some behaviors that may be more prevalent among adults with it.

✓ Difficulties with structure and organization

Whether it's forgetting to pay bills, coming into work late, missing appointments, or needing constant reminders about due dates, etc., adults with ADHD tend to be very "scatterbrained." They often have trouble sticking with a single task, and may bounce around from task to task, inhibiting productivity.

✓ Struggling to relax or be still

Some adults who suffer from ADHD may show the more traditional signs of hyperactivity, while others simply find it difficult to relax or "turn their brains off." This could manifest as being easily distracted or fidgety.

✓ Poor listening skills or trouble retaining information

Has your mind ever trailed off during meetings or long conversations? Adults with ADHD experience this all the time! This could be a problem for you if you are frequently forgetting details of an assignment at work, forgetting information a friend or loved one told you, struggling to follow instructions or experiencing instances of miscommunication with peers.

✓ Procrastination

Just as children with ADHD have a hard time getting their homework done, adults afflicted with this condition seem unable to sit themselves down and focus enough to accomplish tasks and meet deadlines. "Job performance was always hard for me, especially if I wasn't really interested in the job. I'd forget to do big things, and little things would take me forever to finish. When I could finish something, there were usually tons of mistakes because I'd put so much pressure on myself to be perfect that I'd freak out so much it became even harder to focus." — Tracy Clayton, via BuzzFeed

✓ Hyper-focus

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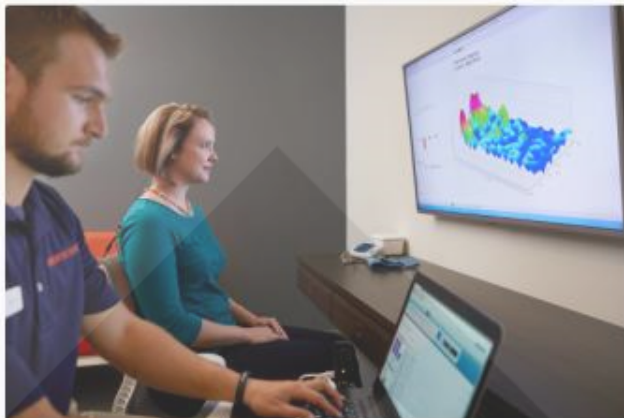
While some adults with ADHD can seem sloppy at work, others seem to be paradoxically hardworking. This is due to the tendency to hyper-focus on a task once they are able to get themselves "in the zone." While this may not seem like a bad thing at face value, hyper-focus can make them unaware of their surroundings, unable to change direction as priorities or expectations shift, or neglectful of other tasks and commitments.

Neurocore's Adult ADHD Program

Our neurofeedback program uses brainwave mapping technology and reward-based behavioral therapy, to improve the brain's speed and connectivity to help reduce or eliminate the symptoms of ADHD.

Our program consists of thirty 40-minute sessions that combines both neurofeedback and heart rate variability (HRV) training. After completing the program we conduct a comprehensive reassessment to measure individual improvement.

[Schedule Assessment](#)



Testing for Adult ADHD

Neurocore offers a comprehensive assessment that goes beyond a symptoms or behaviors checklist. Adult ADHD symptoms can often be similar to the symptoms displayed if someone has anxiety, depression or a sleep issue, making diagnosis challenging. We use qEEG brainwave mapping technology as well as clinically validated symptom rating scales and other diagnostic measures to help create a more complete picture.

[Read about our assessment](#)

ADHD in Adults — Signs, Symptoms, Risks and How Neurofeedback May Help You Manage All of It

Download the **FREE** Report



Clients Who
Complete Our



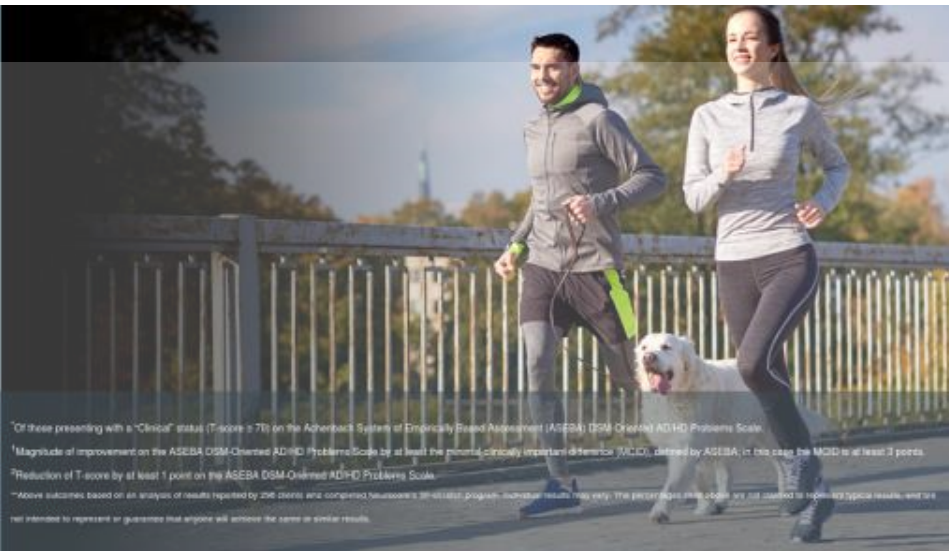
Clients Who Complete Our Program Have Reported*

85%

experienced a "clinically important" reduction of ADHD symptoms¹

53%

no longer met symptomatic thresholds of ADHD²



¹Of those presenting with a "Clinical" status (T-score ≥ 70) on the Achenbach System of Empirically Based Assessment (ASEBA) DSM-Oriented ADHD Problems Scale.

²Magnitude of improvement on the ASEBA DSM-Oriented ADHD Problems Scale by at least the minimally clinically important difference (MCID), defined by ASEBA, in this case, the MCID is at least 3 points.

³Reduction of T-score by at least 1 point on the ASEBA DSM-Oriented ADHD Problems Scale.

*Above outcomes based on an analysis of results reported by 206 clients and compared Neurocore's 30-session program-individual results may vary. The percentages presented are not intended to represent typical results, and are not intended to represent or guarantee that anyone will achieve the same or similar results.

Testimonials

"Pretty bad focus and attention issues, leading to a lot of stress in my life. Led to sleep issues and the like. My doctor brought Neurocore up as a possibility and I decided to go with it."

My outlook is definitely a lot more positive than before, and my diet and sleep schedule have benefited. Most importantly, though, my attention and focus have gotten much better. It's not perfect yet, but there's always room for improvement, and there's a definite noticeable difference from before."

Anonymous

Holland Center, December 2017

The views expressed above are the personal views of the reviewer and are based on the reviewer's experience with the completion of Neurocore's 30-session program. Results will vary. Consumers should not expect to experience the same results.

[See more Testimonials](#)

Neurocore may be covered by your insurance

Many insurance plans cover Neurocore's services. We provide a **FREE** insurance consultation prior to the time of the initial neurological assessment to inform clients if and how much will be covered. You may be able to use your **Health Savings Account (HSA)**, **Flexible Spending Account (FSA)** and **Health Reimbursement Arrangement (HRA)** for Neurocore services.

[FREE Insurance Check](#)

In-Network Insurance

In Michigan, we are in-network with **Blue Cross Blue Shield (BCBS)**, **Blue Care Network (BCN)**, **ASR**, **Cigna** and **Magellan**. In Florida, we are in-network with **Aetna**, **Cigna** and **Magellan**.

Out-of-Network Insurance

If you are not a member with one of the in-network insurance providers, your out-of-network insurance may provide coverage for our program.

Schedule an Assessment

Just fill out the form and we'll be in touch to schedule an assessment.
Or call 855.523.0153 to talk to a team member.

First Name *

Email *

Best Callback Time *

Program of Interest *

Last Name *

Mobile Phone *

Preferred Center Location *


How did you hear about us? *

Comments

Comments

☐

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All calls to and from Neurocore may be recorded for training and quality assurance purposes.

Neurocore makes no claims that it can cure any conditions, including any conditions referenced on its website or in print materials, including ADHD, anxiety, autism, depression, traumatic brain injury, post-traumatic stress disorder, migraines, headaches, stress, and sleep disorders. If you take prescription medications for any of these conditions, you should consult with your doctor before discontinuing use of such medications.

WHO WE HELP

ADHD
Anxiety
Autism
Depression
Memory
Memory Boot Camp
Migraines
Sleep
Stress

LEARN MORE

Events
Learn More
Insurance
Costs
Physician Referral
Client Privacy
Website Privacy Policy

ABOUT

Team
Careers
Contact

LOCATIONS

Boca Raton
Grand Rapids
Grandville
Holland
Livonia/Metro Detroit
Palm Beach Gardens
Sterling Heights
West Bloomfield

GET STARTED

Free Phone Consultation
Schedule Assessment

