



Four Winds Nutrition
Be happy, Live well, Age gracefully

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Information obtained from Sharon Grimes & other professionals

How to Use Silver Shield

(colloidal silver)

A first of daily defense, providing prevention before you need a cure!

Click on an image below for details and ordering

Silver Shield 6 oz. 24 ppm



[ADD TO CART +](#)

Silver Shield 16 oz. 24 ppm



[ADD TO CART +](#)

- Helps wounds heal in half the time, with half the scar, half the cost, and ten times the benefit!
- Kills bacteria in the body but protects probiotics!
- Kills candida without harming the good flora!
- Changes the way we treat pneumonia, tuberculosis, staph and strep infections!
- Completely non-toxic and safe at recommended levels!

Caution: Do not mix with salt or salty liquids as you can see on the label.

Does salt have any negative effects on Silver Shield?

Silver shield should not be taken with large amounts of salt it could cause the product to Ionize and be less effective. A separation of at least 2 hours from salty food is recommended.

Silver Aquasol technology, the basis of our NEW Silver Shield TM, kills bacteria, viruses, mold, and other pathogens on contact! It usually takes 2-6 minutes for silver to destroy 99.9% of these pathogens.

Tasteless, it is safe to take Nature's Sunshine colloidal silver, Silver Shield TM, every day, either for prevention or to treat an infection of some sort.

Preventative dose drink 1 teaspoon per day and allow its broad spectrum activity to kill bacteria, viruses, and yeast in your body.

If you are getting sick or going to be exposed to illness, are traveling, or under stress take 1 teaspoon 2 times/day

For serious illness take 3-4 teaspoons daily

These doses are for a 150 pound adult, and may be adjusted according to body weight. Silver Shield may be safely used by children, the elderly, and even pets in place of prescription antibiotics.

When taken with antibiotics, Silver Shield TM prevents the body from becoming antibiotic-resistant. This new technology is also patented (US Patent #7,135,195, Nov 14, 2006) and being used by the Center for Disease Control

While it is encouraged to drink Silver Shield TM daily to provide silver in the blood stream, it is equally important to administer the silver through sprays or drops for topical use, or in the orifices of the body as needed. These methods may be used concurrently.

You may wish to use the following methods of applying Silver Shield TM

1) Fine mist spray bottle [Click on image to order the empty bottle with sprayer & dropper]

Use for mouth, skin or most any other body surface.

The silver is most effective when it is in direct contact with the pathogen for 2-6 minutes.

Most adults have had success suing the following amounts:



[ADD TO CART +](#)

Four Winds Nutrition Our Suggsion

Mouth 4 pumps

Throat (for gargling) 6 pumps, or swish 1 teaspoon of colloidal silver in mouth for 2-6 minutes before swallowing

Voice Spray 1-4 pumps, 1-10 times per day

Skin as needed to moisten (for acne, ulcers, wounds, burns, etc.)

Replacement for antibacterial hand gel. Kills bacteria. Spritz both hands and have protection for the next 4 hours.

Diaper Rash —improvement seen in 3 hours when the silver is sprayed directly on the rash.

Disinfect - spritz on door knobs, faucet handles, sink knobs, hotel rooms, airplane seats/trays, etc.

Purse Bottoms are the second most germ-laden location! Spritz and wipe off the bottom

regularly.

2) Nasal atomizer spray bottle

This application produces a much finer mist than the throat sprayer and is perfect for delicate tissues of the sinuses, eyes, burns and acne.

Sinus infections or prior to airplane travel 4 sprays in nostrils, 2-4 times a day.

Eyes 1 or 2 sprays in the eyes as needed.

Burns or acne use as needed.

3) Dropper bottle (Click on the image above to order the Silver Shield Combo (empty bottle with dropper & sprayer)

An eye dropper is designed to dispense liquid silver one drop at a time. The dropper is most commonly used for ears, but may also be used for eyes, wounds, nose or throat.

Ear infections apply 4 drops into the affected ear while laying down on one's side (ear facing the ceiling). Keep ear pointed towards the ceiling for 10 minutes to allow the silver deep access into the ear cavity, and repeat the process with the other ear. Apply drops once or twice a day is generally sufficient. The Center for Disease Control has instructed pediatricians NOT to prescribe antibiotics for ear infections (Nov. 2006). Nap and bedtimes are ideal times to apply the drops into a child's ear!

Toe/fungal infections place the drops under the affected nail. For even more effective treatment, do the Silver Toe dressing, since the silver needs to be in contact with fungus for 10 minutes to kill it. Therefore, we need to get it below the nail;

- * Scrape or sand the top shiny layer, making the nail porous
- * Soak a ½ inch thick cloth in silver to create a toe dressing
- * Tape it over the toe so the liquid can soak into the nail
- * Tape a little baggie around it so it doesn't leak; leave it for at least 10 minutes, or overnight for even better results
- * Use clean duct tape to keep it in place (yes, it really works!)
- * After 10 minutes, the dark fungus will be lighter, and this treatment will be effective for 48 hours.
- * Do this 3 times a week, or every other day.

4) Wound Healing

Wounds heal twice as fast! The silver reduces inflammation and pain, and reduces the healing time of serious wounds by half!

- Dress the wound topically 4 times daily with gauze soaked in silver, then covered with a dry bandage & wrap.
 - Take 1 ounce internally twice a day while you are treating the wound topically.
- Label each bottle with the product name and date. Since silver is antibacterial has a shelf life of 8 years, but it never lasts that long in our home, since we use it for everything instead of internal or external antibiotics or anti-bacterial products

Silver Shield Gel 3 oz. 20 ppm

Silver Shield Daily Purifying and Cleansing Gel helps cleanse, purify and moisturize skin with 20 ppm of bioavailable silver.



ADD TO CART +

Silver Shield Rescue Gel 3 oz. 24 ppm

Apply to minor cuts, lacerations, abrasions, skin irritations and first- and second-degree burns to help inhibit the growth of microorganisms within the dressing.



ADD TO CART +

Silver Shield Rescue Gel 1 oz. 24 ppm (Very small)

Very convenient when travelling by plane.



ADD TO CART +

OTHER USES (products above)

1. Vaginal Yeast Problems: Use the liquid silver shield as a douche to eradicate **vaginal yeast** and/or **bacterial vaginosis**. The liquid silver is antifungal, anti "bad" bacterial, and antiviral. This is a way to get rid of a bacterial overgrowth without having to take antibiotics. Add 60 ml of Liquid Silver Shield into a douche and use. Hold the liquid in the vagina for 10 minutes and then release. Do this for 3-5 days, one time per day. Next apply a quarter size amount of **Silver Shield Gel** to a tampon and insert. The Silver will come into contact with the Cervix and will deal with bacterial vaginosis, yeast and viral HPV. This method is completely safe and will not upset the normal balance of beneficial bacteria in this area. What a revolutionary way to deal with vaginal infections!

2. Herpes outbreaks – apply **silver shield gel** directly to the herpes outbreaks and let absorb into the skin. I have a friend who struggles with herpes outbreaks; she said that application of the Silver Shield Gel got the Herpes back under control in just a couple of days; normally it would have taken her months.

3. Eye Infections (Pink Eye or Viral Eye Infections) – apply 1 drop of Liquid Silver Shield to the infected eye. You do not need to dilute the solution. Add drops up to 5 times per day or as needed.

4. Getting on an airplane and don't want to get sick? – apply **Silver Shield gel** on the inside of your nostrils and use Silver Shield Gel like a lotion to disinfect your hands. The Silver Shield Gel tube is 3 ounces, so it should be allowed on an airplane.

5. Silver in the home: Dilute by adding 1 ounce of Silver Shield to a spray bottle and fill with water. Spray Silver on your countertop to disinfect, spray silver shield directly on mold and let sit for 10 minutes (this will work on black mold, too).

6. Viruses – if you have been exposed to an illness (Swine Flu included), start Silver Shield right away. You should take 2 tsp twice per day for 7 days to make sure you have the best chance of eliminating the virus before it takes hold.

7. Acne, breakouts – at the first sign of a breakout, apply **Silver Shield Gel** directly to the blemish. It will kill the bacteria festering in the pore. For a more general application, apply a dime-sized amount of gel to the whole face after washing. Allow this to seep into the pores and then apply moisturizer. This will help you to eliminate blemishes before they occur and is anti-aging, too.

8. Food Poisoning – take 2 tsp of **silver shield liquid** hourly until symptoms subside.

9. Strep Throat – Gargle (with **silver shield liquid**) for six minutes (swallow solution); use every 2 hours for strep throat in the first day and then twice daily for 5 days more.



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