

Your Body: God's Temple

I believe in honoring God by keeping our temples healthy and holy: "What? Know ye not that your body is the temple of the Holy Spirit which is in you, which ye have of God, and ye are not your own? 1 Cor. 6:19
Disclaimer: I am not a doctor, registered nurse, or licensed dietician, just a home-schooling mom. Any information I provide is for general education purposes only. I recommend that everyone work alongside their personal physician while pursuing treatment for any condition.



Miriam

I homeschool and have a health ministry for friends, family, and health lovers world-wide. I'm totally into all-natural and avoid chemicals, food additives, etc. even in my cosmetics. I am working toward eating Vegan, Organic, and raw as much as possible (raw family too). I'm married, and have two small kids and two grown step kids. Optimal Health - God's Way ".....and the fruit thereof shall be for meat (FOOD), and the leaf for MEDICINE." Ezekiel 47:12 KJV

[View my complete profile](#)

Friday, July 23, 2010

eXfuze Seven+ Testimonials from friends, family, & Real Life and FBC members: WHO DO YOU KNOW on this list?

Seven+ Testimonials from friends, family, & Real Life and FBC members: WHO DO YOU KNOW on this list?

This is a collection from individual emails that Allen and I have received over the past 2+ years! Thanks to all of you who took the time to send them and to help save others' lives through your testimony! There are about 50 here, and I'm still missing about another 100 that we got verbally.

I have labeled each testimonial with the particular subjects of each. My testimony is at the very bottom.

God bless you all,
Miriam

Pain, sleep, energy – age 71 (cancer patient)

-----Original Message-----

From: Miriam Moss [mailto:miriamlovesjesus@cfl.rr.com]
Sent: Wednesday, September 30, 2009 6:50 PM
To: Miriam Moss
Subject: Dad - Seven+

Good health is a combination of many things with regard to nutrition and lifestyle. There is no such thing as a magic pill, but the closest thing I have found is eXfuze Seven+. I have my whole family drinking it, including my Mom. I saw it do amazing things for my Dad even after he had colon cancer that killed him within a month of being diagnosed. He visited me in FL a few months before the diagnosis. We had no idea that he had terminal cancer but were concerned that he did not look well. I made him start drinking it while he was with me, and he loved the flavor so it was easy. I actually watched him start moving more easily and have more energy. Within 2 wks he was off Advil after 20 yrs of taking it daily for arthritis pain. After he went back to NJ he did not keep up with drinking it because he was watching his pennies, and his cancer progressed so quickly after that. I wanted to keep buying it for him before I even know about the cancer, but he would not let me because of pride. I regret that now and wish I had not listened to him. When I went to NJ to help him with the cancer, I gave him 1 oz 3 times per day (the normal serving is 3/4 oz daily / one bottle per month). Since he loved the flavor it was his favorite of all the supplements and would actually look forward to having it. The doctors were amazed at how good he felt considering his condition and how well he would test during exams. They expected him to be in pain all the time and popping pills, which he never did.

Regularity, edema, arthritis pain, energy – age 67

-----Original Message-----

From: Sharon [mailto:]
Sent: Thursday, May 27, 2010 3:39 PM
To: Miriam Moss
Subject: Re: testimony
You don't still have it from the time at your home? Here is a little synopsis if this helps. I will pray for your evening too. Exfuze is a whole food drink that God uses in our bodies where ever the body needs it most. In my case, it has especially helped in these ways: elimination system head to toe edema mostly gone arthritis not as bad in upper body especially energy level improved a lot (all important to a paraplegic in a

Earn cash-back while shopping on your favorite online sites!



AMAZING TESTIMONIALS for EXFUZE PRODUCTS

[Click this link to check out our Facebook Fan Page and read them all! Join us and change your life! Blessings, Miriam](#)

FREE SAMPLES of eXfuze products

Email me at allenmossusa@gmail.com

FREE PRODUCTS

BOGO of eXfuze Summa Cafe coffee
(organic, gourmet, fresh-brewed delivered instantly, with fat-burning superfoods)

BOGO of eXfuze GreenZilla Energy
(healthy, organic, green tea water booster)

Working part-time from home with my kids & "CHANGING LIVES!"

Visit:
www.exfuze.com/twi

We're feeding, clothing, educating, and sharing the message of hope with impoverished kids all over the world while enhancing the health of thousands of people! Come join me in this incredible and fulfilling journey that is changing the world!

Blessings,
Miriam Moss

wheelchair)AND...other ways only God knows about!This extract certainly has improved the quality of my life and I would not want EVER to be without it DAILY!!I thank GOD for Allen and Miriam Moss and the way HE is using them to improve our lives so we can be more useful to GOD.Happily,Sharon

Vision, pain (prevented surgery) – 78

-----Original Message-----

From: Mimi [mailto:]
Sent: Thursday, May 27, 2010 1:42 PM
To: Miriam Moss
Subject:
Hello Miriam,

I met Miriam feb 2008,I was with a friend who had already been using ExFuze for a little while,as I listened to Miriams talk I asked If I could look at the broshure,after a quick glance I handed it back to her,that I was not interested,just another juice that will tear up my stomach. But then Miriam said that I could try the first bottle for free,so I said I will try it.

I have to tell you that I had just a few days before said to my son that I just might have to have my left hip replaced as well,because I could hardley put any weight on it the pain was so bad. Further more,about the same time I voiced my concern that my cataract lenses seemed to be clouding up and I might have to have them treated and cleaned up with laser.

Well I had not even used half the bottle,I had no more pain in my hip and my lenses were clearing up,when I drive in the dark now my vision is as clear as glass.

further more in good lighting and good print I can read wihtout my magnifiers.

I have not used pain pills since the first week I have taken Exfuze.
Mimi

Vision, arthritis pain,energy, depression, fibrocystic breast disease, regularity – age 71

-----Original Message-----

From: b [mailto:]
Sent: Monday, May 31, 2010 4:19 PM
To: Miriam Moss
Subject: Barbara Testimony
Barb's eXfuze Proformance testimonial 5/31/2010 (before finishing my first bottle of Proformance).

ARTHRITIS PAIN RELIEF (all pain from my neck gone in 2 days and my 10 year hip pain which left me in severe pain and limping gone in five days

VISION IMPROVEMENT(noticed improvement in first week but medically documented at five weeks

MORE ENERGY (could walk a mile a day with no pain)

DEPRESSION gone the first week

FIBROCYSTIC BREAST IMPROVEMENT (tenderness gone)

DEFINITE BOWEL IMPROVEMENT

I have been on the Hallejulah Diet for several years and nothing helped me except eXfuze....

Vision, eye dryness – age 93

-----Original Message-----

From: b[mailto:]
Sent: Wednesday, April 07, 2010 6:19 PMTo: Miriam Moss
Subject: RE:
doesn't need glasses....only when reading and they aren't prescription....she is thrilled

----- Original Message -----

From: Miriam Moss
To:
Sent: 4/7/2010 4:03:36 PM
Subject: RE:
Awesome! Praise God!
Any difference in eyeglass prescription or just the condition?
From: b[mailto:]
Sent: Thursday, April 08, 2010 10:08 AM
To:
Subject:
....My Mom went to eye doctor yesterday....doctor checked her three times then turned to me and asked what drops she was using....so gave him a brochure....He said her eyes had very little dry ducts anymore so that is why she is not tearing....WAS SHE EXCITED.....

-----Original Message-----

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From: b [mailto:]

Sent: Wednesday, April 07, 2010 3:51 PM

To: Miriam Moss

Subject:

Just got back from the eye doctor...He could not believe the change in Mom's eyes....Asked me what we were doing and I gave him a brochure on EXFUZE.....Don't know if he will call me for a free bottle but he said the both of us looked fabulous....

Eye dryness

-----Original Message-----

From: Lorraine [mailto:]

Sent: Monday, March 08, 2010 9:03 AM

To:

Subject: Re: eXfuze: Distributor and Customer Pricing (updated to reflect s/h cost)

Hi Miriam..

Wanted to let you know my friend who started taking Exfuze last month said her dry eye syndrome she ha had for years off and on stopped. She said her Mom has been praying for her as well so she is not sure where to attribute the healing:)

Anyway...She bought another from me..the Pro.....and will keep doing it so we will see.

Hugs2U,

Lorraine

Energy – age 70s

-----Original Message-----

From: Erslie [mailto:]

Sent: Monday, May 31, 2010 10:44 AM

To: miriamlovesjesus@cfl.rr.com

Subject: RE: eXfuze Testimonials

Miriam I wanted to let you know that I have seen some improvement in my energy level in just a month of taking exfuze. I am looking for more improvement in the coming month's.in hip pain and my knee. Thank you for telling me about exfuze.

Erslie

Vision, sweet cravings – age 60s

-----Original Message-----

From: Janet [mailto:]

Sent: Saturday, May 29, 2010 9:21 PM

To: Miriam Moss

Subject: RE: eXfuze Testimonials

Miriam,

Since taking exfuze I have seen where my eye sight has improved. I have been wearing glasses since my teens I could not see far away, if there was a spot on the floor and I did not have my glasses on I would not see the marks. My husband could not understand me saying I don't see anything on the floor. After taking the exfuse I notice small marks on my kitchen cabinets and I ask my husband if he had changed the handles on the doors as before I didn't see the marks and then I notice I could see the smallest things on the floor. I also was forever eating sweets, chocloate and goodies I could not check out anywhere without getting a snickers candy bar. NOW to my surprise I am not eating chocolate like I did before I can pass by it and not want it.

Janet

Pain- age 70s

-----Original Message-----

From: Janet [mailto:]

Sent: Monday, May 10, 2010 10:19 AM

To: 'Miriam Moss'

Subject:

Hi Miriam,

Also, my mom is faithful in taking her 7Plus and has stopped all meds except the Prednisone (don't know how to spell it) and has been pain-free. I asked her to request the doctor to take her off as soon as possible.

Pain, sweet cravings, mood, energy, stress

-----Original Message-----

From: J. [mailto:]

Sent: Wednesday, April 07, 2010 11:26 PM

To: Miriam Moss

Subject: Re: My UPDATED Health Testimonial and Praise Report with eXfuze
Seven+.....It just keeps getting better!

Hey Miriam, I have a question for ya. I've been using this for a few years now, only stopped drinking it for about a six mo. period right after we moved cuz I couldn't find the box of bottles! Although I've never had vision or weight problems I DO love this for the way it makes me feel and as you said-no sweet cravings. Jodi

----- Original Message ----- From: J. To: Miriam Moss Sent: Wednesday, January 02, 2008 8:12 PM
Subject: Re: eXfuze Question
Exfuse has positively effected my moods, my energy levels and my stress! I love it. I just ran out and forgot to order more in my Christmas busyness so I must do that tonight!

----- Original Message ----- From: Miriam Moss To: Sent: Monday, November 12, 2007

Food

Additives
(unclean
foods)

ADHD,
bipolar
disorder,
and autism
- Fantastic
inf...

Get off the
phone! -
Dangers of
cell
phones,
home ...

Becoming
HEART-
ATTACK
PROOF

Dairy and
diabetes
and more
issues
(including
canc...

Eating Right
for Cancer
Survival
Video (can
view o...

Anti-Cancer
Diet

Before you
get a Flu
shot, watch
this!

Great Free
Resource
for Diet
questions -
Ask the P...

Shocking
photos of
processed
meat
products

Spicy Slow
Cooker
Black-Eyed
Peas
Recipe
(mild)

Pecan Rice
Dish
Recipe

Organic
Brown Rice
Recipe -
Easy and
Delicious

Killer
Hummus
Recipe

Darleen's
Favorite
Salad
Dressing
Recipe* * *

Vegan Green
Bean
Casserole
Recipe

Parasites on
our
Clothing

Fire retardant
chemicals
in kids
clothing
showing ...

Why is Utah
one of the
healthiest
states in
the US...

Benefits of
Reservatrol
in fighting
Pancreatic
Can...

Fungus and
Cancer-
causing
foods (and
how their

6:29 PMSubject: Updated eXfuze testimonials from Jodi from church and my sisterHi, Ladies. Jodi's previous testimonial from the 6-day mark on eXfuze indicated quicker pain recovery from cleaning the house. Below is her update on that.

----- Original Message ----- From: Jodi To: Miriam Moss Sent: Monday, November 12, 2007 2:40 PMSubject: Re: Important Note about Forwarded EmailsWHAT cleaning pain? I swear by that stuff. I love it and tell everyone about it. Haven't sold any yet but that's their loss, right?

----- Original Message ----- From: Jodi To: Miriam Sent: Monday, September 24, 2007 9:26 AMSubject: Fwd: Re: Praise Report for Me! Hi Miriam! I wanted to let you know that I have definately noticed a difference already after one week. My back still hurt immediately after mopping but within hours was better and the next moring completely gone. Usually, when I've vacuumed and/or mopped it takes DAYS to feel better and that is sometimes with the help of a massage. So, thank you so much once again for letting me know about Exfuze cuz I'm loving it already. AND just to know I'm doing something healthy for me is good too. My son, Jack is 4 and I'd like to start him on it also...how much for that age? I remember you saying you give your daughter 1/4 of an oz. but I'm not sure how old/big she is. Jack weighs 42 lbs. in case you need to know that. Another thing is that my cousin was wondering about the spread sheet you sent a while ago. I don't think I still have it and she'd like to look it over. We didn't go to church yesterday cuz we've got two kids with snotty noses. We took Jack to the doctor on Friday to check for strep but the culture came back negative (the office one). They also sent one to a lab and we won't know until Tuesday or Wednesday the results but I didn't want to take him to church just in case. That's not something ANYONE wants spread around for sure. I'm pretty sure he doesn't have it, though, cuz by Sunday he was feeling much better and no longer has a sore throat. He never did get a temp...I guess we'll find out soon enough. I'll see you soon.

Energy/stamina, sleep, pain, recovery, skin

----- Original Message -----

From: AL

To: Miriam Moss

Sent: Wednesday, October 31, 2007 10:09 PM

Subject: Re: eXfuze

I personally, first noticed an overall sense of increased stamina/energy. It wasn't as if all of a sudden I could do tons of extra stuff in a day it was more like my body was tolerating exertion better. I dont know if that makes sense. What was more significant to me was a quicker recuperative time from exertion. After homeschooling (about 3-3/12 hours) I would crash for about two hours and even then feeling as if I was forcing myself out of bed to keep going. When I started the juice, it dropped to an hour and once in a while even 30 mintues. I don't really know how to explain it but I felt strength or energy return sooner. My body aches and the fatigue seemed to recoup faster. My bad health also leaves me a very unhealthy, gaunt, colorless appearance in the morning. I noticed one morning that I actually had color in my cheeks with no make up on and not having just taken a shower or anything.

October was also my first month with no muscle spasms. I have made some med changes and stuff but I think the juice has been a part of all this.

After being off the juice, both Al and I really noticed how dragged down we both felt. Fatigue and energy are everyday issues for me but you get used to feeling a certain way and just deal with it. So this was a noticeable negative change in the way I would normally feel. I realized that my sleep was worse with no real other explanation. AS I told you, trouble sleeping, deeply, is a major issue for me. But my sleeping had been good and my pain better controlled during the time before running out of the juice. I counted back and realized that the change in my sleep disruption started when we missed our juice doses. I also couldn't shake off my morning fog, my devotion time and everything, exercise all went haywire since missing the doses. I don't think that's a mere coincidence. I had been walking more consistently and able to stick better to 3 days of 30 minutes of cardio as my doctor insists I need to maintain to help with pain and faitgue without all the muscle spasms or significant pain increase.

Even today, I finally got to take the juice late this morning. Last night was a horrible pain and sleep night. I felt rough and very tired. I was gone from home for about 4-5 hours. When I got home, I would usually crash right away. Instead I straightened up my kitchen, had to take care of some stuff for Al and before I knew it, another two hours have gone by and I still hadn't rested. My body was beginning to really feel it by then. I got maybe ten minutes of rest before having to leave the house again for Halloween events and I'm typing this stuff to you. I feel surprisingly good.

I'll see how I feel in the morning. Many time after such a busy day, I really feel it for the next couple of days.

Al said he never really felt any significant or noticeable difference when he started the juice. He felt maybe a little better energy but he didn't seem enthused. However, as I said, when we went without it, he really noticed the difference in his energy level. He also wants to have his blood pressure re-checked to see if the juice improved his condition so he can maybe come off his medication.

Now, that you told me of that health assessment. I would like to try to more specifically track my pain and other health issues to see if I can get more specific data on myself to say this or that improved. I certainly look forward to seeing if the juice will help with pain control to the extent that I might find myself automatically not taking as much pain medication. That is my goal, God willing!

I hope this makes sense and is helpful. I'll be available after about 2pm, if you want to discuss this email further or need clarification.

Rhonda

Tuberculosis, near-death experience - age 94

The following emails came from Pearlle, a brand new eXfuze distributor who was very

tox...

Low
Testostero
ne in men
and
women:
Important
infor...

Buying
Organic -
Is it
necessary?

National
Cancer
Institute
and the
World
Cancer
Res...

Real
Contracept
ive
Choices:
Alternative
s to Risky
...

A diet loaded
with
ANTIOXID
ANT RICH
FOODS
improves...

Great new
video:
Dangers in
our
bathrooms
from pro...

ANTI-OXIDA
NTS help
ARTERIES
stay
healthy in
people...

How to get
60
NUTRITIO
US MEALS
for less
than \$25!

eXfuze
Seven+
Testimonia
ls from
friends,
family, &...

New Study on
PREVENTI
NG
BLINDNE
SS (Could
this be t...

Pharmacists
give
themselves
cancer
from
dispensing.
"

Cheap and
Effective
Solution
for
overheatin
g and h...

Avoid These
Toxic
Protein
Powders
Until You
Read T...

Study shows
how
RADIATIO
N causes
BREAST
CANCER

Kids
Swallowing
DNA of
Lethal Pig
Virus in
Vaccine...

"Tapped"
MOVIE
TRAILER:
The truth
about the
BOTTLE...

skeptical when she first heard of eXfuze because she was a Melaleuca distributor. In spite of that she felt led to bring a bottle of eXfuze PROformance to her very ill Mom in the Philippines. Her Mom is 94 and has Tuberculosis. She had been unable to eat or swallow any pills and was slipping away. Pearlle left on 6/3 to see her. Here are the results of her visit. Praise God!

Considering how well my Dad responded to eXfuze during his last months with Stage 4 colon cancer, what happened with Pearlle's Mom in no way surprises me. Then again, this product was inspired by the miraculous recovery from a near death experience of Rick and Don Cotton's Dad. Rick and Don developed this amazing product in an effort to simulate the miraculous treatment protocol containing super-food extracts that literally raised their father out of a coma after not being expected to make it through the night.

Many Blessings,
Miriam

-----Original Message-----

From: pbnix [mailto:]
Sent: Saturday, June 05, 2010 11:48 AM
To: Miriam Moss
Subject: US citizen living in the Phil.

Hey Miriam,

All is well, my mom got her energy back this afternoon. I gave her her 2 oz of Exfuze at 12 noon. She couldn't sleep until now... so I don't know if that's good! :) She's wide awake and talking, begging us to let her sit up. It took a lot of coaxing for her to drink that 1st serving. She kept telling me later for the 2nd serving. Which she only took 1 oz and I just poured out the rest of the 1 oz. Tomorrow, I will be using a syringe so I can have it go down her throat. The nurses have oxygen and feeding tube thru her nose. She was admitted on Thursday, before I got there because she was lethargic. If she gets her appetite back, she goes home. :)

-----Original Message-----

From: pbnix [mailto:]
Sent: Sunday, June 20, 2010 1:08 AM
To: Miriam Moss; elizabeth parke
Subject: Re: eXfuze intro for prospects

Hi Miriam & Elizabeth,

I am finally back from the Philippines. Thank God my mom recovered! Thank you all for your prayers. She almost died the day that I left the US on Thursday, June 3rd if not for my brother rushing her to the emergency room at the hospital. The IV helped her and so did the exfuze. I know it gave her energy because she was unresponsive and lethargic before. She got aware of her surroundings and started to talk to us, smile and look at the crossword puzzle magazine that I brought for her. It was like a miracle and I knew then that there was hope; sure enough she got stronger each day. She even started taking a few bites of her favorite deserts that I offered her. The doctor wouldn't allow her staff to give exfuze in her feeding, so my sister and I did it ourselves morning and afternoon. We locked the door and poured it into her feeding tube attached to her nose with a syringe. I guess the doctor wasn't familiar with the product, although I gave them the papers that described the exfuze ingredients and the benefits of taking it. She gave us a prescription to boost my mom's immune system--one with glucosamine which we didn't fill. Anyway, my mom is back home now. Since her esophagus is too weak for her to swallow food, she still has to be fed thru a tube but we had it transferred to her tummy. She was always adamant about pulling off the tube on her nose. I'm glad I was able to go see my mom and yes, exfuze came at a good time in my life. I knew that this was what my mom needed. Thank you Elizabeth and Miriam for not giving up on me.

Talk to you soon, God Bless!! Pearlle

Vision, blood pressure, sleep, periodontal disease, mood/depression, breast cyst – age 74

-----Original Message-----

From: Miriam Moss [mailto:]
Sent: Friday, July 16, 2010 5:19 PM
To: Miriam Moss (E-mail)
Subject: Teresita

This is from my Mom:

Teresita 7/16/10

I started drinking Seven+ about 2 1/2 years ago. Since then I have experienced the following improvements:

- Lower blood pressure
- Better sleep quality
- Improved vision (my prescription dropped in both eyes by .25 and .50 and now has dropped again; I can see better without my glasses than with, and the script is +4.25 and +5.00)
- Controlled appetite
- Improved Periodontal/Gingivitis (no more bleeding gums)
- Improved mood/depression
- Breast cyst disappeared within just a few months of starting on it

WARNING:

This
Common
Food
Causes
DEVASTATING
OFFSP...

Important
information
for
preventing
BONE
DENSITY
...

FLUORIDE:
One of the
Biggest
Health
Frauds
EVER Pe...

How to Wipe
Ten Years
Off Your
Face → as
Easy as ...

Some US
hospital
patients
exposed to
700
percent e...

Kid-Safe
Chemicals
Campaign:
Signed,
sealed,
deliv...

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Diabetes, pain, dandruff

-----Original Message-----

From: Barb [mailto:]
Sent: Friday, June 04, 2010 3:21 PM
To: Miriam Moss
Subject:

Nancy just called and told me Dave got the first diabetes (normal diagnosis) for the first time... His knees are doing gooder...

Ryan had a chronic dandruff problem and is now almost cleared...

vision, sleep, energy, voice – age 60s

From: Bob & Betty
Sent: Friday, July 02, 2010 8:26 PM
To: Allen & Miriam MOSS
Subject: Re: Betty

Hi Miriam
We are all so blessed to have have the Seven+ products and be part of the eXfuze family.

Wanted to thank you and the other lady who shared about your vision change at the last meeting because recently I have been having a little "tension headache" - noticing it after working on the computer or reading. (We've been reading John Maxwell's new book Everyone Communicates - Few Connect which by the way is great)

Finally dawned on me that maybe my vision has changed. Had my eyes checked last week and guess what - they have changed! My right eye distance needs no correction, the astigmatism in the left eye is reduced so I'm getting new lens!

Looking forward to being with you guys on the 28th.

Betty

-----Original Message-----

From: Bob & Betty [mailto:]
Sent: Tuesday, June 01, 2010 9:08 PM
To: Miriam Moss
Subject: Re: Bob & Betty
Hi Miriam

Thank you for asking about our story. I've attached our bio so we begin getting acquainted.

FYI: At age 15, Bob was bitten by a mosquito carrying encephalitis, a life-threatening virus in the spinal fluids. He was almost completely paralyzed. The residual from the encephalitis left Bob with muscle weakness that affects his balance - which is why he uses a walker and scooter. His voice was also affected - at one point he was on total voice rest for 6 months with laryngitis, etc.

Bob's a living miracle!

We look forward to hearing more about you and Allen's story as we get acquainted.
Betty

Our eXfuze testimony:
Because we've been health conscious, eating healthy, and drug free (we are not on any medications), we were surprised to see improvements when we started drinking the Seven+
Better quality of sleep and an increase in energy were noticed.

People began to comment on how good and strong Bob's voice sounded - that was significant for Bob because he had to retire early because of his voice giving out.

Bob & Betty

energy, pain

-----Original Message-----

From: frank [mailto:]
Sent: Tuesday, December 01, 2009 11:14 PM
To: Miriam Moss
Subject: Re: New eXfuze PROformance: special lock-in price for auto-ship customers/distributors

Miriam hope you are well, I have a few questions. Is it to be consumed in the same manner? Is it new or a concentrate of the seven +, I have been enjoying it and have definetly found increased energy. If its new/better and not just a concentrate I would like to switch to try it. Switch my order to Pro. Thanks

-----Original Message-----

From: Miriam Moss [mailto:]
Sent: Thursday, October 22, 2009 9:07 AM
To: Miriam Moss
Subject: Frank - Seven+ testimonial

By the way, Frank just wrote me a note on FB with great results before finishing his first bottle:

Frank:

Thats really sweet Miriam, Thanks.

Hey, what is the difference between the 7 and 7 pro?

One thing I have felt is that a sharp hip pain I probably have had forever as a result of running long distances has disappeared for the last 2 days. I am looking forward to seeing what the longer effects are. Almost out of it and am waiting for my bottle which I imagine should be here tomorrow. Thanks Again

Energy, appetite, immune system, overall well-being

-----Original Message-----

From: Vivian [mailto:]
Sent: Monday, January 28, 2008 8:15 AM
To: Miriam Moss
Subject: Re: Update: The new price is already in place now! (Great News on eXfuze Seven+ Price (and update on my vision))
Hi there...great news! I will tell you that I am seeing a difference. Joe had a really bad cold last week and to date I have no symptoms...I have a lot of energy, not hungry and feel really good....I work out twice a day and you know I haven't had this kind of energy in years.

Besos,
Viv

Diabetes, pain, sleep, inflammation, blood pressure, skin, cravings

From my friend Sandy, posted on www.burgessbiz.com:

"I have had amazing results with eXfuze from head to toe. Being a type 2 diabetic has given me challenges for years with out of control blood sugars, headaches, stiffness in my shoulders, sleepless nights, swelling in my ankles & inflammation that kept me from being as active as I wanted to be. After a few months I noticed that all of these health challenges went away and I'm feeling awesome! No more having to wear orthopedic shoes. I'm back to enjoying life at its fullest! Blood sugars normal...blood pressure down to normal levels...stiffness and inflammation gone...no more headaches...and burning in my ankles is a distant memory. My skin looks younger and I don't have the cravings I normally have struggled with. I adore this product. I feel everyone needs it, whether they get involved with the business or not."

-Sandi B., California (59)

weight, skin

----- Original Message -----

From: Miriam Moss
To: Allen Moss
Sent: Tuesday, October 30, 2007 7:48 PM
Subject: Feedback from YveBart on eXfuze

on October 29th, 2007, YveBart said...

Hey Miriam!!! How are you?? I just have to tell you that I love referring back to your page because you always have such great and incredibly useful information on your site. The info that you gave me about eXfuze this is the best juice I've tasted and the benefits I am seeing are amazing. You told me it would help with my candida cleanse and you are sooo right. I am now in my 5th week and have lost 18 pounds and the energy I feel, my skin is clear and glowing just amazing stuff so really, thank you for sharing and for caring (forgive the rhyme there!!!). I have really benefitted from you advice and your knowledge. Have a great week!!!!

Yvonne

Reply by YveBart 6 hours ago

Given the great advice from Miriam, I tried the juice from the site that she recommended and the results have been amazing.

I contacted her after reading a post she put up about how a particular juice helped her and the benefits it had in helping candida. I, having just started the LifeForce candida cleansing plan, wasn't sure if it would fit into the strict eating plan that this cleanser has. So she told me it helped her and it would benefit my cleanse tremendously.

Suffice it to say, she was more than right. I have had double the weight loss I expected (18 pounds!!), my skin is clear and glowing and my insides just feel so clean. These results are expected with this cleansing but not to this extent yet. I just today started week 5 (out of 17) and the results I am getting already do not happen for some for many more weeks so I am just thrilled to already be having the exceptional results already at this point.

If you haven't yet tried the amazing juice called eXfuze Seven+ (eXfuze.com/2020) then

I suggest you go there today and try it. If you send Miriam a comment for more info, she will tell you too how to order it in a way to save yourself some money and the amount to order to again save money.

Enjoy and good health to you all!!!!

Vision, pain, energy

----- Original Message -----

From: Lourdes

To: Miriam Moss

Sent: Friday, November 09, 2007 11:22 AM

Subject: my lens script

I found out something interesting yesterday when I was ordering my contact. My old script was actually -4.25 (not -4.00 as I thought) and my new script is -4.00 left eye, -3.75 right eye. So big difference for just a few months.

Also, my arm no longer hurts when I do chores or throw a ball, and I have more energy.

eczema, IBS

On October 31, 2007 at 4:08 PM, YveBart wrote:

>Yeah this is awesome juice to help build up after
>being sick!! And now I have inspired someone too
>like you did for me! What a great cycle we have
>started!!!!
>
>My sister and friend started about 5 weeks ago and
>they both say they notice results. They love the
>taste and my sister tells me that her exzema that
>nothing ever helped before, is starting to clear
>up. Thats huge to me as shes sutffered for so
>long with it. My friend has had IBS for many
>years and he told me this morning that he hasn't
>had a flare up for over a week now and he has
>problems daily so another victory!!!!

vision, sleep, breathing, stress/anxiety, Periodontal disease

-----Original Message-----

From: Kathi [] [mailto:]

Sent: Tuesday, February 16, 2010 10:05 AM

To: Miriam Moss

Subject: PROFORMANCE

Hi Miriam:

I am cc'ing my buddy, Rocco, because his shipment is on the way of Proformance. I just wanted to let you know that I have been taking the new Proformance now for about 7 days and I am very impressed. From the VERY FIRST day, I slept like someone hit me over the head with a baseball bat. No joke, I didn't even wake up to pee, which is unusual in anybody over the age of 40! Lol.

As you know, I had horrible breathing issues and woke up choking every night. It was so bad that I had to order an herbal supplement to help me sleep and even that did not work every night. I have not had ONE attack in the past 7 nights!

Needless to say, it was probably stress and anxiety and I am never stopping these shipments again.

Roc - I can't wait for you to try this, as you have your own sleep issues ;)

Regards,

Kathi

-----Original Message-----

From: Kathi [] [mailto:]

Sent: Monday, May 04, 2009 8:27 AM

To: Miriam Moss

Subject: RE: Strange????

My left eye went from -2.00 to -1.25, yes. The right stayed the same, but I think might be starting to improve.

----- Original Message -----

From: Kathi []

To: Miriam Moss (E-mail)

Sent: Monday, March 16, 2009 8:56 AM

Subject: Juice helping periodontal disease????

Hi Miriam:

I wanted to ask you if you have heard of anybody having good results at their dentist as a result of the juice?

The reason I ask is that now I am drinking the juice for 1 year. I went to the dentist the other day for a check up, after 1 year. They did my "pocket" test to see the size of the pockets in my gums, and I was SHOCKED.

I used to have the beginning stages of periodontal disease when I had my kids, 15 years ago. I had scraping done and the pockets were 4's and 5's. Last year they were 2's, 3's, and 4's....

The other day they were 0's and a couple of 1's!!!

This is amazing and they asked me what I was doing different, and I couldn't think of anything, so I just said "I changed my diet".

I did nothing different other than drink the juice.

What do you think

----- Original Message -----

From: Kathi []

To: Miriam Moss

Sent: Monday, March 31, 2008 6:44 PM

Subject: Testimony!

I can't find that thread. So, I guess it was something like this, but I added a lot more:

I used to take the following Herbalife supplements for the past 5 years:

- Multivitamin: \$17
 - Herbalifelin: \$18 (Omega 3 + Vitamin E)
 - Fiber pills: \$12
 - Calcium: \$7
 - Total Control: \$14 (appetite suppressant + energy)
 - Shipping & Handling: \$18
- Total = \$75 per month per person

I really loved these supplements and felt that they worked well. If I stopped taking the omega 3's, I really felt it. They helped me with depression and PMS symptoms. I hated to run out. If I stopped taking my multivitamin, I had less energy. If I ran out of Total Control, I had caffeine withdrawal symptoms and terrible headaches. I felt good when I had all of them, however, something was still missing.....

After a couple of years I began having very bad heartburn, all the time. I was diagnosed with GERD and put on Aciphex. I also had difficulty sleeping and woke up choking and coughing almost every night. I think I needed a probiotic. If I added this to the above regime, it would have cost an additional \$30-50 per month. Too expensive for me! Plus, I wasn't getting vitamins from whole foods, which I found out is much better, so I investigated the alternatives. I am so glad I did, because I found SEVEN+!

Now I take the following:

- 1 oz. of SEVEN+ great tasting juice in the morning: \$30
- That's it! I am done! This juice (extracts of fruits) has everything the above has and more! It acts like a probiotic because it aids digestion, so I have no more heartburn. It acts like an energy supplement, so no need for caffeine pills! It suppresses the appetite, so no need for that either. Even though it does not contain fiber, for some reason, my body does not know this and I have no need for that either. There is more calcium in this juice than I got in my pill form, that's for sure. And the vitamins and minerals it contains are from the whole food, which is way better than pills.

There is just no comparison. For \$120 a month I can now get enough vitamins and minerals in pure food form for my entire family, where if I tried to do that before, it would have cost \$400 or more! The best part: I feel GREAT, not just good.

Eczema, pain

Original Message-----

From: ashley [mailto:]

Sent: Wednesday, January 27, 2010 5:37 PM

To: Miriam Moss

Subject: Re: eXfuze question

Hello :) Yes, I am enjoying the results of the Seven! The biggest one being that my extreme hand eczema is gone!! And my joints feel much better and not painful at the end of the day! To be honest, I did not read the attached pamphlet that you had emailed because I hadn't noticed there was an attachment. I was surprised that there were no instructions in the box with the bottle, so I looked it up online. I did take about 1 oz and 3/4 for the first 3 days, and have been taking 1 oz since then. I'm not sure how to be sure how many ounces I have left, but it's about 3 inches in the bottle. You can ship it early if you'd like. I really want my husband to try this. Is he entitled to a free bottle as well? I think he would really benefit from it. Thank You and God Bless!

Sleep, anxiety/stress, energy

-----Original Message-----

From: Dia [mailto:]

Sent: Monday, November 16, 2009 11:27 AM

To: Dia

Subject: organic Extras List (Dia's eXfuze testimonial included)

If you know Miriam & Allen Moss then you know about eXfuze. After trying my first bottle, I'm a firm believer in the good it can do. These are anti-oxidants & nutrients I

can't get in my everyday dietary intake. Personally, I had given up on thinking I could get a full night's sleep. Among kids & anxiety & stress & depression & marriage-life -- please. But, loss of sleep affects so many other facets of my life & perpetuates the existence of what was causing me not to sleep. For me, drinking eXfuze has brought me out of the negative cycle & back into my normal day/night rhythms. I wake up rested. I'm so grateful to have a healthy, real option. (I've resisted taking medication to avoid messy side-effects.) It's a must have for me. I won't be spending excessive amounts of money on fish oil, with less results, anymore.

I'll be adding eXfuze to my order list if you want to see what it can do for your body chemistry. It's all organic & contains all whole foods, so it fits in perfectly.

Appetite, energy, weight

----- Original Message -----

From: Cynthia

To: Miriam Moss

Sent: Sunday, December 30, 2007 12:49 AM

Subject: Re: Hey Miriam, check this out...

Hi Miriam,

You're such a blessing with all your info. The exfuze info is again amazing. I've noticed a decreased appetite since drinking exfuze and a bit more energy.

I may have dropped a couple pounds too...have to check on the Publix scale...mine is not accurate.

Prayers and appreciation,
Cynthia

Cancer well-being

From: Miriam Moss

To:

Sent: Thursday, November 29, 2007 1:22 AM

Subject: Touching info. from a local cancer patient and amazing Autism info. in regard to eXfuze ingredients

Hi, All.

I wanted to share something really cool with all of you. About a month ago, a gentleman purchased Seven+ juice at Dr. Paul's clinic (Clermont Chiropractic Center) for his wife that has cancer. He received the juice recommendation from the eye technicians that did my eye exam in September confirming vision improvement. The cool part is that the gentleman came back about a week ago and purchased another bottle because his wife says that she feels 100% better since drinking it. Wow! How touching is that considering we know so many people that have cancer right now and are feeling terrible? That story really touched my heart and I thought I would share the joy.

Vision, arthritis pain, energy, sleep/dreams, mental clarity, memory, depression

-----Original Message-----

From: Carol [mailto:]

Sent: Wednesday, December 16, 2009 11:24 PM

To:

Subject: Important info for your health and my personal testimonial!!

Dear Friends and Family, As most of you all know, I have been unable to find a job and have been out of work for over 7 months. I feel that God has now led me to a new business called eXfuze in order to generate an income to help my family and improve my health! I hope you will take time to learn about their amazing organic product Seven+!! This product has improved my health in such a short amount of time! I pray that you too can experience these amazing benefits like I have and more!! I'm only in my second month, and look at what has happened already: - Arthritis pain in right shoulder is completely gone! - Arthritis pain in my left elbow nearly gone! - Increased energy! - Much deeper periods of sleep & dreaming again! - Improved mental clarity! (I am remembering things so much better now!) - Has helped with my depression so very much too!!

-----Original Message-----From: Carol [mailto:]Sent: Sunday, January 10, 2010 10:07 PMTo: dnile1001@yahoo.comSubject: Fw: Gift card emailThis is the most amazing product that I have ever come across! Like I told you before, my arthritis pain in my right shoulder is completely gone, my herniated disc in my cervical spine (neck) is so much better, hardly bothers me at all! This in itself is a miracle! It has also helped my energy level, reduced my sweet cravings!! Elevated my mood, Increased my mental clarity (memory especially) Gives me much, much better sleep, and my vision has also improved! All for less than 45.00 per month. Most folks spend that and more on vitamins that are not giving them much benefit, if any. This product comes from foods that God made, not like vitamins that are made by man in a laboratory. I took the very best vitamins money could buy, and did not have any documented results! Also, and what initially drew me to this company was what they do for children! www.vivakids.org is where you can view all that this company has and is doing for the children of this world! If you have any questions, please don't hesitate to let me know!

Energy, focus

Message-----

From: Diane

To:

Sent: Tue, Apr 27, 2010 12:32 pm

Subject: Re: ExFuze

It's a great product and the girls take it as well. I would say our experience is energy level is a biggie. Leslie even mentioned that when she took it in the morning she didn't have trouble focusing and staying awake at school. Overall I think it is good and know you would like it.

...From HIM and Through HIM and To HIM are all things . To HIM be the glory forever.

Romans 11:36

Diane

Sleep, energy

-----Original Message-----

From: Janet [mailto:]

Sent: Friday, June 18, 2010 12:31 AM

To: Miriam Moss

Subject: Re: Welcome to eXfuze: Congratulations on your decision to improve your health with Seven+!

Got the other package yesterday. I have been busy going to doctors. I haven't even unpacked. I will get to the questionnaire soon. I am sleeping better. I only wake up a couple of times instead of 5-6 times. I do know that I am not as tired so I suppose that I have more energy. I am not going to bed at 8:30 instead I am staying up to midnight. Sleep 7 hours and then up instead of 10 hours.

Thanks,

Janet

Regularity, sleep/dreams, energy, weight, stress, breathing, digestion, skin, immune system

-----Original Message-----

From: Janet [mailto:]

Sent: Thursday, June 24, 2010 5:35 PM

To: 'Miriam Moss'

Subject: RE: Finally, my testimony...

And re the list, here's what I have noticed.

BTW, my Bm's have improved a1,000%

So here it goes:

Sleep quality / dream clarity, energy, lost a few pounds, less stress, better breathing ability climbing stairs, digestion, wonderful improvement in regularity, skin seems to be more hydrated

-----Original Message-----

From: Janet [mailto:]

Sent: Thursday, June 24, 2010 5:10 PM

To: 'Miriam Moss'

Subject: Finally, my testimony...

Yikes! I've been bad with my testimony. Here it goes:

A vitamin junkie...that was me. In an effort to nourish my body with the best, I was sucked in to any all-natural programs mentioned to me. As a result, my checking account was taxed and probably my body too.

I had no idea how hooked I was on supplements till I was introduced to Seven Plus. One small drink, tasty and fresh contained most of what I needed.

Recently, I had the beginning of a cold (not a good thing for me and my busy schedule). I drank an extra dose of Seven Plus and the symptoms disappeared.

Because it benefits so many areas of the body, I have everyone in my family on Seven Plus. The fact, it helps children who need spiritual and physical nourishment makes this product excellent in every way.

Janet Perez Eckles

Pain, sweet cravings

-----Original Message-----

From: Linda [mailto:]

Sent: Friday, June 25, 2010 5:00 PM

To: miriamlovesjesus@cfl.rr.com

Subject: testimonial without spelling error! :) - Linda

Since I am new to eXfuze my testimonial is short based on the time I have been taking Seven + Proformance. Even though my experience is limited, I have had some remarkable changes. I have had severe foot pain in both feet causing me to be practically crippled. I was told I would have to have surgery to alleviate the pain. Along with this I have had significant knee, hip and lower back pains making me walk slowly and with a limp.

The day after I had taken two doses (4 ounces each) I could walk without any pain! No pain in my feet or joints. (If I miss a day or a dose I can feel it so I do my best to not miss any)!

My sugar cravings are decreasing as well. I look forward to continuing this product and the remarkable results that are possible.

Linda

June 2010

Energy

----- Original Message -----

From: Jerry and Shirley
To: Barb
Sent: 4/8/2010 11:50:18 AM
Subject: RE:

Hi I am praising the Lord for your Mom. More good reports I am expecting from the juice. Hay we cannot come tonight but what about Sunday after dinner? The kids want to see Bob and if it is not to much we thought we would come over in the afternoon. Also we want to sign up for ExFuse and the kids are excited about it also. Let me know ok. I will wait another day but I think I have a change from the use of the juice already also. But I want to wait to see if it is so. We are using it and Jerry said he felt he had more energy. Talk with you later. Love Shirley

Digestion, overall well-being

From: Facebook [mailto:]
Sent: Wednesday, October 21, 2009 11:11 PM
To: Miriam Mas Moss
Subject: Hector also commented on his status...

Hector also commented on his status:

"Hi Miriam on it for nine days , and Im seeing /or feeling changes on my digestion of food. I had Gall bladder removal last yr, and certain foods were not digestion on a normal rate. I been feeling great.

Sleep,energy

-----Original Message-----

From: Miriam Moss [mailto:]
Sent: Sunday, May 03, 2009 4:08 PM
To: Miriam Moss
Subject: exfuse testimonial - Nataly
Subject: Nataly - testimonial (1 week)
At 11:49pm on March 30th, 2008, Nataly said...

Hi Miriam

I have been sleeping much better and i have a little bit more energy..good enough for me!
I will call tomorrow to get the next one! i truly believe in this magic juice.

Fibromyalgia pain, arthritis pain, energy, sleep, headaches, incontinence

-----Original Message-----

From: ALLEN [mailto:allenmoss@cfl.rr.com]
Sent: Sunday, May 03, 2009 4:11 PM
To: Miriam Moss
Subject: exfuse testimonial - Wendy

At 10:48am on February 8th, 2008, Wendy said...

Hi Miriam, well my 7 day challenge was up yesterday. So, just thought I would share what I have experienced so far!

The only thing I have noticed so far is that my aches and pains from my fibromyalgia and osteoarthritis is basically gone!!!! How AWESOME is that!!! That's a pretty BIG thing! Also, I'm not as tired as I was. I was having to take a nap everyday but now only seem to need one about 1-2 times a week! Hubby starts on it tomorrow (he was out of town for a week) I hope it helps it pain and high blood pressure....will keep you posted :)

On February 11, 2008 at 9:42 AM, Wendy wrote:

>Hi Miriam, got some more great news for you :) Two more things have gotten better and it hasn't even been 2 full weeks yet!

>1. I used to have insomnia really bad.....not anymore!

>2. I used to have overactive bladder that would act up at night causing me to get up about 6-7 times during the night ...but guess what.....now I have only been getting up like 1-2 times I'm REALLY excited about this change! I can't believe that just by drinking an ounce of this juice has done so much already. My hubby just started Sat. I sure hope he gets some good results/benefits as well. Big huge HUGS to you my friend for turning me onto this! THANK YOU!!!

Reply by Wendy 6 minutes ago

Hello,

I have recently started taking the Exfuse Seven+ and I honestly can hardly believe the GREAT results I have gotten in less then 2 weeks.

I was very skeptical at first. But, when a product is so sure they are the best that they offer a FREE 7 day challenge...I thought, well maybe there is something to this.

Only 4 days into the 7 day challenge....I noticed that my knees no longer hurt when I went up and down stairs! (I have osteoarthritis). Also, I noticed that I no longer had my overall body pain from my Fibromyalgia! WOW I could'nt believe that just by drinking a couple ounces of this juice I was noticing these differences and SO FAST! I was very surprized and quite frankly shocked to say the least.

It's not been quite a full 2 weeks now and I no longer need my everyday nap that I use to not be able to get through the day without.

If there's anyone holding back on trying this product.....I encourage you to try it!!!! It's

made a huge difference in my life already. I can't wait to see what else it does for me!
My husband has just started it after seeing the great results I had. I'll let ya know how he does on it.

I can't thank Miriam enough for introducing me to this AWESOME product!!!

EXFUZE SEVEN+

About This Discussion

Started 31 minutes ago by:Wendy

I'm so excited about this juice because I have only been taking it not a full 2 weeks now and the results have been FANTASTIC!

The pain in my knees from Osteoarthritis is gone! I can go up and down the stairs without the horrible pain in my knees.

The overall pain from my Fibromyalgia is gone! I don't ache all over anymore.

My insomnia that I have had for so many years is gone! I cannot tell you how wonderful it has been to be able to actually sleep all night.

The symptoms from my Overactive Bladder have literally disappeared!

I know it's hard to believe! But, it is in fact TRUE! I've only been on it for not quite a full 2 weeks now. I can't wait to see what else it helps/cures. After seeing the great results I've had with it, my husband has now started taking it. I'll update this when his 7 day challenge is over.

This company is so sure of this product that they give you a 7 day sample for FREE! (less shipping and handling). I knew this had to mean something. No one gives stuff away for free now adays.

I DO NOT sell this or get any compensation from this what so ever! I just wanted to share my experience with what I feel is an absolute AWESOME product.

I cannot thank Miriam enough for introducing this product to me. I "never" would have thought that drinking an ounce a day of some of this juice would benefit me to the extent that it has and so quickly!

On February 22, 2008 at 7:55 PM, Wendy wrote:

>I have sent about 5 people to your link to get Seven+!!!!!! Man too bad I'm not selling it :) hehe also, while we were out of town this past week for 4 days....forgot to pack the seven+ and man let me tell you....What a difference I FEEL!!!!!!!!!!!!!!
Awful!!!!!!!!!!!!!! My aches and pains are back, major headaches, insomnia and incontinence back again!! ARGH!!! I just barely got it all fixed and now I got start over again! Oh well, atleast I KNOW it works!!!! Will NOT forget to pack it this time!!!! :)
>With Love,
>Wendy

Blood pressure, arthritis pain, degenerative disc disease

-----Original Message-----

From: ALLEN [mailto:allenmoss@cfl.rr.com]

Sent: Sunday, May 03, 2009 4:11 PM

To: Miriam Moss

Subject: exfuze testimonial - Wendy's husband

At 12:07pm on February 15th, 2008, Wendy said...

My husbands 7 day challenge is up and here are HIS results.....

The Osteoarthritis pain in his knees is MUCH better.

The Arthritis in his hips is Much better.

The pain in his neck from Degenerative Disc Disease has lessened.

We are both looking forward to seeing our results after having been on this a few months.

At 9:52am on March 13th, 2008, Wendy said...

Ok I kept forgetting to come back and put an update on my husband. The pain in his knees from the Osteoarthritis is now totally gone! Also the arthritis pain in his hips is totally gone!

But, the thing we are most excited about is his Blood Pressure. He no longer takes his medicine for it and his numbers are perfect!!!! This is AWESOME!

Overall health during stressful time and surgery

To: miriamlovesjesus@cfl.rr.com

Sent: Tuesday, November 11, 2008 6:15 PM

Subject: exfuze

Hey M,

Thanks so much for the gift of exfuze - I believe it's helped us stay healthy through this difficult time.

Robin just finished it all off and I'd like to get her more asap.

Do you have some on hand? How much would it be?

Thanks

Justin

Pain, blurry spells

-----Original Message-----

From: Kathy [mailto:]

Sent: Friday, July 11, 2008 5:44 PM

To: miriamlovesjesus@cfl.rr.com

Subject: No Exfuze Symptoms from Kathy

Hi Miriam,

I am back on Exfuze starting tomorrow. I can't WAIT!!

Yesterday I started having joint pain in my knuckles, wrists and elbows after 2 weeks off of exfuze.
Only 4 days off exfuze! had twinges of knee pain here and there, which has become much more prevelant.
I also had a bad blurry spell yesterday while doing some reading. I have not had them since 4 weeks on exfuze.
Just an FYI. Can't wait to rid myself of these pesty pains!
See ya later! Kathy

Pain

-----Original Message-----

From: Miriam Moss [mailto:miriamlovesjesus@cfl.rr.com]

Sent: Tuesday, April 22, 2008 11:37 PM

To: Miriam Moss; ALLEN

Subject: Zach - testimony

At 11:11pm on 5th, 2008, Zachary said...

Miriam,

Just wanted to give a quick update: I'm on week 3 of Seven+ and as of today, I may have noticed some improvement in my knees after working in the yard and doing some amount of bending and kneeling for a couple of hours. No pain afterwards to speak of and I've also been walking up and down stairs a little easier.

Energy

-----Original Message-----

From: Miriam Moss [mailto:]

Sent: Tuesday, April 22, 2008 11:36 PM

To: Miriam Moss; ALLEN

Subject: Victoria - testimonial

At 8:21am on April 10th, 2008, Victoria said...

Miriam--finally got around to ordering my bottle of 7+. I can not believe the difference that stuff made in just a few days. I am back to dragging my butt all day and taking naps no matter how much sleep I get. Sure hope it gets here fast !!!

Sleep, energy, gerd, weight

-----Original Message-----

From: Kathi [] [mailto]

Sent: Tuesday, April 22, 2008 11:29 AM

To: Subject: Another Testimony: Nikki

Hi Everyone;

The below note is from my niece, Nikki, who has been drinking SEVEN+ for the past 2 weeks.

-----Original Message-----

From: [mailto:]

Sent: Tuesday, April 22, 2008 9:10 AM

To: , Kathi []

Subject: Re: Hi Nik!

Thanks a bunch! I'm doing better I think. I seem to be getting a deeper sleep at night and I am waking up a little earlier. I do feel a little bit more energetic and I don't seem to have as much of a problem with my GERD either. I did lose a few pounds...need to lose a few more LOL. But having the beginning of diabetes slows me down a little. I think if I didn't have that, I would have shown even more improvements, even faster. Thanks again!!

<3 Nikki IBS, energy -----Original Message----- From: , Kathi [] [mailto:] Sent: Tuesday, April 15, 2008 5:17 PM To: Subject: Jill: seven+ update Ok, guys - Jill's results below: (for those of you who don't know her, she is a co-worker) -----Original Message----- From: , Jill [] Sent: Tuesday, April 15, 2008 5:05 PM To: Kathi [] Subject: seven+ update Hi Kathi, I wanted to give you a quick update on my seven+ results. I've been drinking the juice for 2 weeks now and I've been feeling great. As you know I've struggled with stomach issues (IBS) for what seems like all my life but really since high school and I'm very excited to report I've had no problems. And...I really thought you were full of it when you said you had more energy from the juice but now I know you weren't. I definitely have more energy.... getting a good nights sleep was never a problem for me, it was getting up in the morning that was a constant struggle but lately I've been getting up even before my alarm clock goes off. crazy! I LOVE this stuff! thanks-Jill Sleep, vision, allergies, focus, energy -----Original Message----- From: Kathi [] [mailto:] Sent: Tuesday, April 15, 2008 2:11 PM To: Subject: FW: My 7 day challenge results. _ Kathi's brother Results are starting to come in.....please see below from my brother! -----Original Message----- From: Vincent [mailto:] Sent: Tuesday, April 15, 2008 12:19 PM To: Kathi [] Cc: Subject: My 7 day challenge results. Hi Kathi, I just wanted to give you my 7 day challenge results. 1. After just 3 days I noticed that I was sleeping much better. Don't get me wrong I still can't sleep normally (16 month old with stomach gas issues) but when I slept it was REM sleep. I have not had this in 25 years. I like it! The REM sleep also lets me get up in the morning without feeling like crap! 2. With staring at the computer all day, my eyes get very sore and tired. This was starting to go away. Maybe due to the REM sleep and the extra beta carotene. 3. I have respiratory issues due to allergies. I have a severe productive cough at random times throughout the day and sneezing fits. I have had this for years. (10+) The cough was reduced to almost gone in just 7 days. I believe this will go away. This one truly amazed me! I am also taking Allegra for the allergies. This I will go off of when I use SEVEN+ for a longer time. 4. I also consider

myself somewhat of an ADD person. My concentration level is not the best. I seem to be cloudy all the time. (Just ask my wife!) After 3 or 4 days I noticed my concentration was way better and I could think much clearer. 5. And in general I feel better and have more energy. I will be buying (or preferably selling) SEVEN+ as soon as we can get started. Jim Appetite, hangover -----Original Message----- From: Miriam Moss [mailto:] Sent: Friday, March 28, 2008 6:46 PM To: Miriam Moss; Allen Moss Subject: Alexandra - testimony >On March 25, 2008 at 8:46 AM, Alexandra wrote:

>>>Hi Miriam!
>>>It's so nice of you to think of me! I just got in
>>>on Friday so I have been on it for 5 days. The
>>>first thing I loved about it is the taste. I had
>>>to stop myself from drinking the whole challenge
>>>bottle. My little sister is actually the reason I
>>>bought it because she has terrible eczema. She
>>has
>>>not been taking it yet because she is on vacation
>>>with my mother, but she did taste it before she
>>>left and she LOVED it...this is a small victory
>>>since she no longer trusts me when I give her
>>>something because of all the foul-tasting
>>>supplements I've made her take in the past, but
>>>she really liked it!
>>>As for my results, I am a very energetic person
>>so
>>>I haven't noticed much of an energy increase, but
>>>I did notice I get full VERY fast. If I ever
>>>decide to go on a fast this is one thing I'm
>>going
>>>to keep drinking.
>>>Another thing that was kind of cool, I had dinner
>>>with my boyfriend's family on Easter Sunday and
>>>they got me SO drunk on red wine (they are
>>Irish!)
>>>to the point where I felt like I was going to
>>>throw up by the time I got home...then after I
>>>took my evening "shot" of Seven+ and I sobered
>>>right up and didn't have a hangover in the
>>>morning. It was the weirdest thing, I don't know
>>>if you want to advertise its sobering powers,
>>>haha, but it was almost immediate.
>>>We ordered two bottles and I can't wait to get
>>>them! I look forward to being surprised with more
>>>great results. :)

Sleep, energy, pain, triglycerides

-----Original Message-----

From: Allen [mailto:]

Sent: Friday, July 16, 2010 12:31 PM

To: Miriam (E-mail)

Subject: eXfuze Test.

Before I finished my first bottle of Seven+ in June 2007 :

- I was sleeping better
- Afternoon slump was gone
- My energy was greatly improved
- Knee pain was gone

The BEST immediate benefit I experienced was the pain in my knees from playing ball for many years was GONE!!!! I had lived with constant pain in my knees for over a decade and in less than a month it was GONE!!!! YES GONE!!! No other supplement I had taken had ever provided any real relief. NOW my pain is GONE!!!!

Just recently (4/27/10) I received blood test results showing the lowest Triglyceride levels I've ever had in the last 11 years! It had previously gone as high as 560 with an ALERT WARNING and is now 163 without any medication whatsoever! Before PROformance I was never able to keep it down without medication. This is miraculous and life-saving for me.

Allen Moss

Vision, pain, energy, recovery, sleep, sweet cravings, appetite, mental clarity, memory, mood, IBS, weight, thyroid, cholesterol, auto-immune disease, strengthened immune system – age 44

Miriam's eXfuze Seven+ Testimonial 7/2007 (before finishing my first bottle of Seven+ classic at 1 oz per day - about 3 1/2 weeks):

- VISION IMPROVEMENT (eyeglass script went from -2.00 to -1.00 medically-documented at 10 weeks, but noticed at 3 1/2 weeks / old script had been the same for 18 years)
- ARTHRITIS PAIN RELIEF (all of the pain from my Osteo-Arthritis gone)
- MORE ENERGY (the fatigue from my auto-immune disease Sjogren's Syndrome and Sleep Apnea decreased tremendously)
- FASTER RECOVERY FROM INJURIES AND BETTER EXERCISE TOLERANCE
- MORE SOUND SLEEP
- REDUCED SWEET CRAVINGS

- BALANCED APPETITE
- IMPROVED MENTAL CLARITY / MEMORY
- BETTER MOOD
- IMPROVED IBS

Other improvements verified later:

- WEIGHT-LOSS (went from a size 10 to a 4 over the following 8 month period without exercise: lost about 3 lbs per month)
- FIBROCYSTIC BREAST IMPROVEMENT (5 months later thermal imaging verified significant reduction of inflammation)
- THYROID SUPPORT (6 months later a thyroid ultrasound verified that one of my thyroid nodules had disappeared and the other two had stopped growing)
- CHOLESTEROL DECREASE (7 months later a blood test reflected 43 pt. drop in total cholesterol {179 to 136} and a 30 pt. drop in LDL {108 to 78})
- NUTRITION LEVEL INCREASE (over a year later in 10/2008: Amazing results from SpectraCell nutrition blood test showing my levels of all the major vitamins, minerals and anti-oxidants. My overall anti-oxidant levels tested in the "ideal" category out of low, average and ideal, but Glutathione (the body's master anti-oxidant) in particular was super high. It was almost off the charts!)
- AUTO-IMMUNE DISEASE IMPROVEMENT (was diagnosed with Sjogren's Syndrome in 2004 with positive anti-body and a few areas of concern; all blood tests re-done in 2010 show improvement and "nothing" scored positive beyond the anti-body)
- VISION IMPROVEMENT (eye exam in 3/2010 verified another decrease in prescription: now -1.00 R and -.75 L and amazing results in depth perception and reading vision for my age of 44)
- IMMUNE SYSTEM (rarely ever sick with even a minor cold anymore; prior to 7+ I was sick almost every month with the flu, bronchitis, cold)

Posted by [Miriam](#) at 3:57 PM

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