





Let me tell you what I wish I'd known  
When I was young and dreamed of glory  
You have no control...  
Who lives,  
who dies,  
who tells your story

What is your story?

## The Fit Club Network

@fitclubnetwork

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#### ABOUT

www.thefitclubnetwork.com is an organization of people dedicated to living healthy and fulfilling lives. We are here to push each other to the summit.

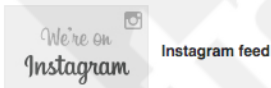
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#### The Fit Club Network

April 15, 2014 · ✨

So proud of our friend and Coach Bob Taylor who was announced as the 50+ Male winner for March in the Beachbody Challenge. Way to go Bob!

"I no longer take cholesterol, blood pressure, or heart rhythm medications, and I no longer have sleep apnea or require a CPAP machine. I feel 10 years younger and I have an energy level I have not had in decades. Plus I have a whole new positive outlook on life. This has been a truly life changing transformation."

<http://www.teambeachbody.com/.../succe.../-/user-story/380540048>

#### Team Beachbody - Success

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Francis Raymond Way to go Bob!! I can't get in the contest I'm in Quebec and we have stupid rules on that 😞

Like · Reply · 2 · April 15, 2014 at 7:34pm

1 Reply



George Bennett Great

Like · Reply · April 16, 2014 at 2:33am

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