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# HEALTH NEWS

Volume 22 \* Number 10      Featuring Information on Ganoderma (Fourth Edition)      © 2011 ONE, LLC.

## Ganoderma Changes People's Lives

### Ganoderma Provides Natural Solution to Health Problems

*Cheryl W. R.N., Ed.D., is a registered nurse (retired) and has been involved as a health and wellness educator for 22 years.*  
I am a very health conscious person. I care for myself with herbs. When I got the news about ganoderma, it really intrigued me. This was something I wasn't familiar with. I really wasn't a coffee drinker because of the acidity and caffeine, but once I began to drink ganoderma, I was amazed at the results.

I use and I don't get the jitters. I take it for anything I would normally have taken herbs for.  
I use ganoderma products including coffee, capsules, and others.  
I drink ganoderma to maintain weight, control pain, and when I feel a cold coming on. My grandchildren love the hot chocolate. When they get a sore throat, they ask for it.  
I basically enjoy all the products. The ganoderma tea helps to keep my system regulated.



### Multiple Sclerosis Does Not Have Me

Robin E. • I had a housekeeping service, but I had to stop running my business because of my health.  
I was diagnosed with multiple sclerosis eight years ago. I had a condition called fininitis and a host of other things. I was numb on the right side of my body. I also had problems eliminating.  
I had these problems until I started taking ganoderma. The studies on





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