Celebrate You Forever

@celebrateyouforever

Home

About

Services

Photos

Likes

Videos

Events

Posts

Create a Page





Tina Home

Find Friends



11 4 3

Shop Now



Celebrate You Forever June 11, 2015 · ᢙ

advice before starting.

Like Message

my lupus story - sarah skinner

By Sarah Skinner on Monday, 18 May 2015 at 10:02 Aloe Vera has had a massive impact on my life with Lupus

→ Share

··· More v

This is my personal story with Lupus, if anyone is considering alternative medicine for any illness please contact your own consultant, or doctor for

Q

I was diagnosed with Lupus over 19years ago now. I have struggled with flare ups, for the 19years. spent time in hospital on intravenous drips, been laid up in bed for weeks at a time, struggled constantly with arthritis, facial rashes, sensitivity to sunlight, loss of hair, extreme fatigue, Mouth ulcers, and much more.

I began drinking aloe gel, My Lupus was very active, and had been flaring for over 10 months. This flare in particular was caused by body developing shingles in December 2011. This led to a lot of complications with the nerve endings in my brain, and the steroid medication i was on was increasing further suppression to my immune system, which meant that my body was unable to cope with the pressure it was being put under by the shingles.

I was extremely ill for a number of months, with the shingles alone. I was working the bare minimum and coping as best i could with life. My consultant suggested that i should be put forward for a trial drug that was being used to treat people with Lupus, i was eligible for this as my condition had reached a point where my current medication was no longer working. At this point a had a skin flare up, (the butterfly rash), i had lost a lot of hair on the right side of my head, and was at a very low point. Before he put me forward for the trial he had one more type of medication to try me on as a last resort. The new medication made me extremely ill and also increased my hair loss and flared the rash on my face further. I promptly took myself off the medication and began to look at alternative medicines on my own. There comes a point in your life, where you begin to question prescribed medication and the side effects it can have on your body, and whether it is actually beneficial for you.

I began to do some research. And quickly found a lot of evidence that meditation, yoga and reikl healing had all been successful in helping to bring lupus under control, As i already practiced a lot of these therapies, i began to research a little more. And then i found a few articles relating Aloe Vera to some great results in Lupus patients.

So this was my next adventure. I found a distributor of the Purest Aloe gel that you can buy and quickly purchased some. Im always skeptical of anything new, but tried the aloe gel with an open mind. And Im so glad i did.

After just 2 weeks of drinking the gel, i began to see small changes in my symptoms. First being the rash on my face. It began to clear up. The next major change i saw was the re growth of my hair. Small hairs started shooting out of my scalp. I couldn't quite believe it, but carried on drinking the gel with an open mind. I had previously been to see my consultant for my monthly check up, and he had asked to see me again in 6 weeks. My levels of Lupus activity at the consultant appointment were level 8, which basically meant i was heading for new trial drugs as my Lupus was so active. (it only had to be level 6 to qualify for the trial).

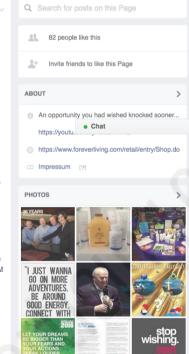
I actually couldn't wait to see my consultant for my follow up appointment, as i knew how well i felt, and i could physically see the changes after drinking the aloe gel. So the day came and i went to see my lovely consultant. And his words to me were, 'This is very weird. Your bloods have come back normal'.

I cant begin to tell you how i felt, i did have a tear in my eye. My blood test results were showing almost no sign of lupus activity. I had gone from a level 8 to a level 2 on the Lupus scale. (0 being remission) in a matter of 2 months. I actually still find it hard to believe that a simple plant that has been around forever, has changed my life so dramatically.

My consultant has taken my steroid levels down to only 5mg a day, (from 20mg a day), and on my next check up I should be coming off my Hydroxychloroquine as well. I can honestly say that Aloe Vera has changed my life.

I now use all aloe vera based products in my daily life. I use the shampoo and conditioner, the liquid soap and gelly on my face, i take bee pollen for a bit of extra energy if im working long hours,

I would just like to take this opportunity to personally thank Ange Loughran. Without meeting Ange i would still be struggling daily with this condition that i have suffered with for over 19years. You dont realise how much this has changed my life, and how passionate i am about these amazing products now. I know I will never cure my lupus but ive now got a lovely little business with forever, a fab little team and more importantly i have my health back. Thank you. Xx







PEOPLE ALSO LIKE