In my opinion, my diabetes is under control and stable. One day I stepped on a thumb tack. I thought it was just a normal wound and I did not need to get treatment from clinics or Hospitals and it would heal eventually.

However, the wound worsened. The pain became more excruciating and my foot swelled, became hard and the pain was so unbearable. This was further aggravated by my eating habit.

Finally, I sought treatment at a nearby clinic, but there was no improvement. Since I am diabetic, the condition at the wound worsened.

Kak Saadiah introduced me to Gano Excel products which are said to be extremely good in cleansing blood and treating illnesses. I consumed Ganoderma, Excellium, and Ganocafe Classic while used Gano Soap to clean the wounds and applied Gano Fresh on the swollen wounds.

The practice of Gano Excel products consumption has finally paid off. Now, I can work, and the most significant differences would be the energetic feeling I have on my body. I feel more healthy and active. Not only that, my diabetes is also under control. I am very grateful to God.

I would like to recommend them to all my friends. Try Gano Excel products because they are extremely beneficial and effective for us. Believe and have faith, health is the most precious and valuable gift given by the almighty.

## Consumption:

1st week

Morning / Evening: 2 Ganoderma, 2 Excellium, GanoCafe Classic, clean wounds with Gano Soap, apply Gano Fresh on swollen wounds.

## 2nd weeks onwards

Morning / Evening: 3 Ganoderma, 3 Excellium, 1 Sakanno, GanoCafe Classic, clean wounds with Gano Soap, apply Gano Fresh on swollen wounds.



