

# Kansascity Limu

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## LIMU Juice "Fucoidan"

**Fucoidan** is a natural product with an entertaining name that has shown guarantee in battling cancer. Found in many types of brown seaweed, Fucoidan is a kind of complex starch called a polysaccharide and is made out of different sugars, sugar acids and sulfur-containing groups.

While seaweed has been a staple sustenance in Asian nations for a large number of years, brown seaweed has just been the center of research for as far back as decade. Fucoidan, specifically, has gotten the most attention.

"A wide range of structures of **Fucoidan** have been distinguished and their shifted organic activities are currently a zone of extraordinary study the same number of these particles have indicated promising remedial potential," said ND, Cynthia Castillo, Naturopathic resident, MSAOM at hospital.

According to the research Fucoidan has many properties. It contains cancer prevention agents, which ensure against cell harm, and is sold as a dietary supplement. Fucoidan executes infections and battles irritation. It likewise can empower and adjust the immune system, make preparations for neurotoxicity and anticipate blood clusters.

### Uses of Fucoidan:

- Fucoidan is very useful for individuals experiencing osteoarthritis.
- Fucoidan is useful against inflammation.
- Fucoidan is useful against liver damage and stops the liver fibrosis.
- It is also useful against radiation.
- Useful against herpes and simplex virus infection.
- Useful against malaria.
- It is useful to protect kidneys.
- Useful against snake venoms.
- Useful for brain and it provides neural protection.

If brown seaweed eaten in extensive amount, it also could be noxious (poisonous) if it had retained lethal substances, for example, arsenic, from polluted waters. Make certain to converse with a clinician before utilizing Fucoidan or any kind of brown seaweed for medicinal purposes.

Fucoidan is a natural item. Thus, it doesn't have as much side effects as the artificially prepared medications.

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