

# Gano Excel Testimonies

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Gano Excel is not responsible for any of these testimonies.  
These testimonies are not the opinion of Gano Excel, but peoples personal experiences.

Hi Adrian,

Thank you for all the items you have sent! The coffee has certainly passed my husband's taste and energy test.

He never had that result in all the other healthy coffee I had him try.

I am not a coffee drinker but I am drinking the 3-in-1 and in the same day noticed more energy and less inflammation in my arthritic fingers. I will be starting my autoshop soon. I'm excited finally about a healthy coffee.

Have a great day, Betty

PS Thank you for putting someone in my downline!

**Betty Kirkpatrick**

I lost about 5 pounds in the first 3 days after just drinking the coffee. I didn't have any pills at all. I just was brought some samples and started drinking it and noticed that.

And I know I've had a lot more energy and just want to talk about all of the different uses of the coffee, the toothpaste ... all the different things. We're so excited and my husband's loving it. He is a heavy duty coffee drinker and he was a little skeptical at first. He drank the black coffee and loved it. He said it tastes like it's just been brewed. He's lost weight too.

**Karen Henderson, N.D., OK**

I'm a 27 year old wife and mother of 2 young children. Since the birth of my first son, I just could not lose the excess weight and after the birth of my second son, the situation got even worse. I was so unhappy with my weight problem. I tried everything – the shakes, the diet pills, working out, not eating. But nothing worked.... So one day, I prayed and asked God to please help me lose the weight.

Well, the very next day I met Malena Escudero, a Gano Excel distributor. She explained the product, and how it worked, and left me with the Gano Café to try. The Gano Café gave me such calming and soothing and all around good feeling that I ordered the rest of the products...

I have been taking the Ganoderma and Excellium capsules, and the Garcinia and the wonderful Gano Café for only one week and already symptoms of PMS are gone.

I'm beginning to lose weight but the amazing part of the weight loss is I'm also toning up without even exercising. I have more energy and better outlook in life. I feel full and satisfied, no longer crave certain foods like before, my skin and hair feel and look beautiful. In the past, I also suffered severe sinus problems. The sinus problems are all gone. My husband and I are thankful for this product. Ps. God is still working miracles!

**Veronica, 27 yrs. Old, CA**

I have been taking 1 pair a day of the Ganoderma and Excellium capsules for 4 weeks now.

My blood sugar level history is as follows: Before taking the Gano capsules: 300.

After taking the Gano capsules:

1st week: 252; --- 2nd week: 187; --- 3rd week: 153; --- 4th week: 137.

This the first time my blood sugar went down to 137 in 13 years! I'm so excited about the Gano Excel products.

**Ninfa Rios, CA**

My name is Claudia Garr and I live in Augusta, Georgia. Ten and one half years ago, I was a successful motivational speaker and a Mary Kay Director with seven states and over 100 women in my unit. I was a former LAPD officer and was used to running 2 1/2 miles a day. I was in the prime of my life, and wore a size 4.

On August 9, 1993, a trash truck rolled over my car and I developed a debilitating disease called **Fibromyalgia**.

I experienced chronic pain, sleep deprivation, migraine headaches, and extreme memory loss. My immune system was compromised and I was bed ridden for almost two years. I became depressed with no hope for recovery or a meaningful life!

Over 90% of the people with this syndrome die of suicide, because of the continuous pain and mental anguish. The only method of treating this disease was to prescribe narcotics such as Demerol, Morphine and Tricyclorides that had devastating side effects including organ damage and severe weight gain.

After taking Gano Café 3 in 1, Ganoderma and Excellium, my body was without pain for the first time in almost eleven years. I have energy to run a business and mental clarity. I lost 10 pounds and two dress sizes in 11 days.

My mission in life is to expose everyone to this miracle called Ganoderma, so that they too, can live and walk in the power of health; which will allow them to be the best that they can be!

**Claudia Garr, GA**

The Gano Café taste is excellent, and my constipation is a thing of the past! I take anti-hypertension drugs, but after taking Ganoderma and Excellium capsules, my blood pressure reading is now 113/72 when before it would go as high as 149/99.

**Minda Baylosis, 47, CA**

I tried all kinds of medicines to treat the psoriasis on my hands without any success.

I never expected the Gano Café which I take daily would heal it completely. My friend, Ched Ubalde, has a similar problem because she has psoriasis on her forehead and neck. She took the Gano Café and Gano capsules, and in less than a month, she told us "we are heaven sent" because the affected area was no longer itchy or reddish. It was dry and cured.

**Loving Lowell, CA**

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After a couple of days of taking the Gano Schokolade, I noticed that it helped me stay awake during late night hours enabling me to finish my homework. I feel more energy and it also helped me to stay alert during the daytime while actually sitting in a 3 hour long lecture.

**Megan Laverne Espiritu, 19, CA**

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I've been taking Ganoderma and Excellium for about six weeks now.

I also drink 2 to 3 cups of gano coffee daily. I've had to drill another hole in my belt because I lost more than 10 pounds and my energy level has never been better. I'm a high school teacher and my students, 16 to 17 year-old-boys, can be very active. I can keep up with them and even ahead of them most of the time since I've been taking gano excel products. I really love my GANO!

**Cris Tober, CA**

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I had been subjected to a tremendous amount of Black Mold ... I had that Black Mold in my brain and also the upper part of my chest. A lot of people don't realize that Black Mold is so hard to get rid of. My right eye had started to swell up a little bit and give me a little bit of concern.

So then I increased the amount (of Tongkat Ali) I was doing and what was so unbelievable was not only did my face go back down to normal, because it really looked like my wife had hit me with a baseball bat, but what happened was is that you could actually see the Black Mold coming out of my upper chest physically on my skin.

**Paul Beck, N.D., OK**

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All my life I have had a sweet tooth. In fact, poor Paul, after we go to lunch or something somewhere, I have to have a chocolate. I would just about break his neck if he wouldn't get me some chocolate right now. And at home I have a drawer that is 2' feet wide full of Russell Stover Chocolates, low carb candies and so on.

But after starting to drink the coffee, and especially the Tongkat Ali – I just crave it – I have not even opened that drawer. I have not eaten one piece of that chocolate candy or any other kind.

The thought of it is ... yuck! I don't even want it ... And I've also lost about 8 pounds ... I don't have the cravings anymore that I did. And we don't have to stuff ourselves and eat things we shouldn't. We just don't want them any more. We are just totally thrilled with your products.

**Carol Beck, N.D., OK**

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I have been suffering from a chronic injury for over a year with a separated shoulder. While landscaping this spring I began to experience increasing pain in the area, compounding the issue further with tendonitis in the upper bicep region. My friend and business partner, Uwe Uehle, blessed me by introducing to me a product and business opportunity that has literally been transforming my life.

Replacing conventional coffee with the Healthy Coffee, which contains Ganoderma Lucidum, has eased the inflammation in the shoulder and bicep, sustained energy levels throughout the day, aided digestion and has allowed me to trade the 9 to 5 grind for a full-time business venture that is growing daily. I have introduced the Healthy Coffee to many friends and family who are now also loyal customers, some of whom have joined the business with me. We've even signed on a team member last week in Puerto Rico.

Ganoderma is truly the King of Herbs and king of business opportunities. It is an honor to be carrying out the Gano Excel mission of "bringing health and wealth to every family!"

**Sean J. Kennedy, NY**

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Since October 2003, I have had a loss of red blood cells causing me to go to the hospital every week to receive 3 units of blood. In January 2004, my schedule changed to 3 units every two weeks. There it remained, until one week after I began drinking Gano Café (July 2004). I was called and told that my levels had held. This was repeated over the next several weeks. Even my physicians were unsure what was causing this blood loss, and suggested cauterization, but Gano seems to have found it! Even if I have to return to the hospital as the healing continues, I feel that the Gano is supporting me in every way and from now on, things will continue to be much, much better! And because of weight problems (420 lbs) and other injuries, I can only be transported via ambulance.

Since drinking my Gano daily the last month, I have lost enough weight that it no longer hurts to be transported by gurney, and I am even able to stand without my walker. I plan to be dancing at the Gano celebration in December!!

**Susan Dubin, CA**

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**Disclaimer:** On this web site you will read many testimonies and nutritional information. The above information has not been evaluated by the FDA or by Gano Excel (USA) Research.

The testimonies are provided to give a general idea of what our customers believe is helping them become healthy. The testimonies only represent the opinions of the individuals involved. We encourage you to use common sense and prudence in evaluating your expectations in consuming Gano Excel products.

We do not claim that Gano Excel products directly prevent, or cure any disease. We do not suggest that anyone should replace traditional medical treatment with our products. Gano Excel does not claim that its products can cure cancer, diabetes, and a host of other serious diseases and conditions, and that it results in significant and permanent weight loss without dieting. No clinical studies support these claims. If you are under a physician's care, it is very important that you do not discontinue or reduce any prescription medication without consulting your physician.

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