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April 11 · Pasig, Philippines ·

Polycystic ovary syndrome (PCOS) is a common condition that affects how a woman's ovaries work.

PCOS affects millions of women in the world.

The three main features of the condition are:

- * cysts that develop in your ovaries (polycystic ovaries)
- * your ovaries do not regularly release eggs (ovulate)
- * having high levels of "male hormones" called androgens in your body

You will usually be diagnosed with PCOS if you have at least two of these features. Polycystic ovaries contain a large number of harmless cysts up to 8mm in size. The cysts are under-developed sacs in which eggs develop. Often in PCOS, these sacs are unable to release an egg, meaning ovulation doesn't take place.

It's estimated that about 1 in every 5 women in the world has polycystic ovaries, but more than half of these have no symptoms.

PCOS can be cured. Take INTRA, Share INTRA, Pass INTRA.. For more details please visit my website at www.myintrasite.com/mikaisimbulan text me at 09209563268 or just PM me..😊

Dr. Yolanda Mendoza Parial
Manila

During my third year in medical school, we were taught about "Alternative Medicine," based on holistic approach where a body should be healed from within and as a whole. This therapeutic method, also known as Eastern method, includes the likes of acupuncture, acupressure, ayurvedic, chiropractor and herbal medicines, which have been practiced for centuries. So when Intra was introduced to us in 1999, with its 23 Botanical Extracts, I was receptive, and had my mother take it. In taking the product, the high blood pressure of my mother normalized. However, at that time, I did not bother to try the product, because I'm not fond of taking medicines, particularly herbals, since most leave a bad taste. What convinced me to try Intra later on was my desire to have a child. Ironically, I had polycystic ovarian disease which can cause irregular menstruation. In my case, I only had my menstrual period twice a year. Unfortunately, I could not take hormones because I develop chest pain. My sister Ping (aka: GMD Oflia Alondral) pushed me to try Intra. After initially taking Intra, I noted that it is pleasant tasting and not at all bitter. I then used it regularly. Intra, true to its word as a holistic approach, did not only regulate my menstrual cycle, but also turned my constipation into a regular bowel movement. Intra's phytonutrients pumped up my Immune System, as my early morning post nasal drips (allergy) disappeared. A year after taking Intra, I became pregnant, and after delivery via C-section, Intra helped in my speedy recovery. At present I have two active boys whose daily routine includes an ounce of INTRA.

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