



# Changing the World with Melaleuca

I have been married 11 years to Ryan, my soul-mate. Has it always been blissful? Some days, not always....but well worth every drop of blood. I have three beautiful little girls. Zoe is almost 7, Rhema is 4 and Day is 1. I love being a wife and a mom. I work every day to change the world from the inside of our home, out. Which is why I chose to join Melaleuca and create a business out of it! Read this blog to learn more!

**Sunday, October 3, 2010**

## Just A Quick Note

Hi Ladies!

I know I have not blogged on here FOREVER! I ask that you would forgive me, life has been well, life. Good and bad, but mostly good. And I am thankful. I will try to blog once a month, to keep you all update on new Melaleuca news, and more education on products. But today, I just wanted to let you know that I have learned something new that I was unaware of , and wanted to make sure that you all are aware! Apparently there is a yearly membership fee of \$13. I don't know why no one told me about it. Maybe they did, and I missed it? But it is taken directly out from whatever card you have listed for your back up order. Now, I love Melaleuca enough that I am okay with a \$13 annual membership fee. Every month I get a check for \$10, because of referrals I have made. This covers my shipping costs, and some other things. I think I also made a few bonuses. So probably since joining Melaleuca with not very much effort I have made easily over \$200. And I still love their products. SO moral of the story it pays to refer, and I am a life long Melaleucer!! =) If you have questions or concerns, please feel free to call me. My email is btweenthieves@yahoo.com, and my home number is 719-694-8656.

Posted by *The Miller's* at 3:00 PM No comments:



**Saturday, April 10, 2010**

## Vitamin Testimonial

I know I post quite a few blogs about our vitamins. But I am convinced that most of our society as a whole are sick many times simply from missing nutrients in their diets. The food we eat has been robbed of its vitamins and minerals. I have heard testimony after testimony from people using Melaleuca's Oligo vitamins! People who had migraines, people who couldn't sleep, the testimonial below is about a man who went off his diabetes meds simply from taking Melaleuca's vitamins! WOW! That is so awesome! Here is the story:

Subject: (Mark Wilson's personal experience) A Type II diabetic who

## Followers

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## About Me



Life is an adventure -  
join us in ours!

[View my complete profile](#)

got off the prescription drug Metformin after using Oligo.

My personal experience with Oligo continues to get better. I've sent many of you my initial experience with Melaleuca's Vitality Pack, Oligo Complex and now the follow-up.

In December of 2008, my doctor said that my body was insulin resistant (type II diabetes). I was prescribed Metformin, 500mg 3x daily. In March of 2009 I took Melaleuca's 90 Day Challenge and started taking the Vitality Pack with the Oligo mineral complex.

Now, let's fast forward to the winter of 2009-2010. I started developing a dry scalp, a condition that I had never had before. The dryness started as the size of a quarter and then the spread across the top of my scalp. The next thing that I experienced was extreme fatigue. Everyday I was dragging and could barely make it through the day. I found myself having to sleep 10-12 hours a day and I still felt tired and fatigued. It didn't make sense because I was taking the Vitality for Life nutrients and I was getting more fatigued instead of getting more energy.

I had run-out of my glucose test strips and I was not checking my blood sugar as regular as I should have been. Once I got more strips for my glucose meter I found that my blood sugar values were consistently very low and I didn't understand why. I wasn't doing anything different with my diet and exercise. The ONLY thing that I can attribute my very low blood sugar to is the Vitality Pack Oligo complex combined with the prescription drug metformin which I am no longer using.

In fact my wife has reduced her insulin after starting with the Oligo Vitality Pack. Another friend has also reduced her insulin by 1 bottle per month after starting the Vitality Pack. And now, I'm am completely off of Metformin!

After reviewing some literature I realized that certain minerals like chromium decrease blood sugar levels..

"The most important of all of the supplements for the diabetic is chromium. Many studies of the diabetic have shown that supplementation of the diet with chromium will decrease fasting blood sugar levels, improve glucose tolerance, lower insulin levels, and decrease total cholesterol and fat levels, while increasing HDL cholesterol."

JAMA 1995; 73:1849-1854

Why anyone wouldn't want to take the Vitality Pack 90 day is beyond me. A year ago, I thought all minerals were the same until Oligo. Melaleuca, thank you... thank you for making a difference in my health.

-Mark Wilson

Manhattan, Kansas

P.S. Anyone who receives this communication may share it

*Posted by The Miller's at 7:28 AM 2 comments:*



**Thursday, March 25, 2010**

### **Don't forget to place your orders for March! Plus an awesome testimonial!**

Hey Everyone! Here is a Melaleuca testimonial I received. I decided to try it out on my family, since my one year old Day, seven year old Zoe and my husband had coughs they just couldn't seem to kick! And they all are now cough free! One of my favorite things about Melaleuca is that you can use their cleaners and products in all sorts of different ways. I have made mosquito repellent out of three of their products: the Melaleuca oil, Solu-Mel and Tough and Tender, and it works great! No more chemicals on my babies' skin! I love it!

Please always feel free to email me with questions! Read the testimonial below!

"When our daughter Mary was 7 she was hospitalized with pneumonia. Upon her release, the Dr. warned us that she would be coughing a lot, that it was part of her pneumonia and needing to get all the fluids out of her lungs. We had been in Melaleuca for less than a year and knew about the benefits of the Sol-u-MEL to clean the air of dust mites and other allergens. I put a very clean vaporizer in her room with the Sol-u-mel and the T36C5 Melaleuca oil in the distilled water. I used 1-oz Sol-U-Mel in a gallon size cool air vaporizer and 10 drops of oil. We all went to bed and I heard Mary cough twice as she was going to sleep. Then not again all night! I didn't hear her cough all day. I thought something was wrong! The same experience the next night. So I took her back the Dr. to have her checked. The Dr. said, "Her lungs are clear!" He was shocked. She fully recovered very quickly. Then her little school friend Katie got pneumonia, too. Her mom was complaining to me about the constant coughing all night long, so I thought we should try the Sol-U-Mel with Katie. The next morning her mom called me and said Katie didn't cough all night! So I am convinced Melaleuca's Sol-U-Mel is the solution for congested lungs. We have used it effectively over the years. (NOTE: Because of the ingredient Green Soap in the Sol-U-mel, it will leave a residue in the vaporizer that needs to be cleaned daily, or the vaporizer will not last. And be sure to use distilled water in your vaporizer.)"

Kathi Bahler  
Ellenton, FL

*Posted by The Miller's at 9:15 PM No comments:*



**Thursday, February 25, 2010**

### A Newspaper Article About Melaleuca

In case you didn't know, Melaleuca headquarters is in Idaho. Here is an article published in an Idaho Fall's paper I thought was very cool.

#### ONE PART BUSINESS SENSE

One of Idaho Falls' biggest success stories is Melaleuca, which began in 1985 and has grown steadily since. Even the recession hasn't slowed its growth. The company invested \$18 million in a distribution center in Idaho Falls in 2006 and \$20 million in a distribution center in Knoxville, Tenn., in 2008.

It just completed a \$5.5 million plant that opens next week. When in full production, the Idaho Falls plant, which will produce powdered drinks, is expected to add another 150 people to the company's Idaho work force.

Melaleuca has a new phone system that can handle 300,000 calls a day and a new IT center at its headquarters. Workers can use its day care, restaurant, fitness center and VIP lounge.

"We've never had a layoff and we never will," said Jann Nielsen, Melaleuca's chief administrative officer.

In November, the company handed out loyalty bonuses to workers based on the number of years they have worked, Nielsen said. That put \$1.5 million into the local economy just before Christmas."

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Points to consider  
Melaleuca Inc.

Melaleuca Inc. is debt free, they do not borrow for capital investments and expansion

Melaleuca Inc. is a U.S. manufacturing company that supports jobs in America providing a tax base for the local, state and national economy

As an employer, Melaleuca provides their 2,000 plus employees with benefits and a work-environment second to none!

Melaleuca Inc. received the 2003 Environment Excellence Award back when "Green-was-still-Green"

Melaleuca Inc. allows their members to be either wholesale or retail customers and buy directly from them without buying case lots

Melaleuca Inc. allows their wholesale preferred customers to profit share with them if they choose

For over 25 years Melaleuca Inc. has stood behind their products 100 percent

(Everytime I attend a Melaleuca business meeting, I am so impressed by this company! Hope you all are well!)

*Posted by The Miller's at 7:19 PM No comments:*



**Wednesday, February 3, 2010**

### **Melaleuca mouthwash and toothpaste**

First I want to say I am so sorry I haven't blogged in such a long time. I'm not sure how time snuck by me so quickly, but I'M BACK!

So, probably all of you have tried Melaleuca's toothpaste by now....after all I was personally introduced to Melaleuca by a dental hygienist who can't stop talking about their toothpaste! (We love you Helma =) ) But in case you haven't tried it, or you can't remember why I said you should try it, here's why:

1. It makes your teeth feel great. You get a little excited about brushing your teeth. You can laugh at me, but it's true!
2. It naturally whitens and cleans!
3. Third, and most important: It is the only toothpaste I know of that has titri oil in it, which has tremendous benefits for your mouth. Melaleuca's toothpaste actually stops gum disease in its tracks! Titri oil is also bacteria specific, it kills the bad bacteria and saves the good. We need good bacteria in our bodies.

I am telling you I don't think I could switch to any other toothpaste. It truly is great.

NOW if you have tried the toothpaste and love it, it is time to branch out and try the mouthwash. Of course Melaleuca's mouthwash has titri oil in it too! You can swish with Melaleuca's mouthwash and stop germs in their tracks.

Plus, it is great at stopping yucky morning breath. My husband who in the past has had chronic bad morning breath (sorry, honey) doesn't have it anymore! He swishes before bed and wakes up with good breath. Yeah! This makes me happy!

AND most importantly it is safe. Most mouthwashes have formaldehyde in them! Yup, it's true, you may have been swishing with formaldehyde, very dangerous to swallow, poisonous I think...

Melaleuca's mouthwash cannot kill you or your children! I know I am being silly and dramatic, but really this is the truth about most of the products in our homes. They can poison you and your family.

So switch to healthier products and try Melaleuca's toothpaste and mouthwash!



p.s. You can get Melaleuca toothpaste with or without flouride - your choice. The children's toothpaste does not have titri oil in it. Maybe Melaleuca will change this.... I hope so. I alternate the adult toothpaste with the kid toothpaste for my kids. This makes them happy! Fun kid toothpaste one night, and mom and dad's toothpaste the next.

Have a great night! I think you all are fabulous!

*Posted by The Miller's at 8:19 PM 1 comment:*



**Thursday, January 21, 2010**

### **Lemon-Brite Dishwashing Liquid**

So, I really don't like washing dishes -and you might think I am exaggerating when I tell you how much I love Melaleuca's dishwashing liquid, but truly I am not. Lemon-Brite dishwashing liquid makes my life easier. And I am a HUGE fan of anything that makes my life easier. I used to hate to scrub pots and pans, so I would let them soak. Now, I hardly every have to soak anything, because Lemon-Brite Dishwashing Liquid makes washing my dishes easy! Really, it's true.

The other night I burnt my spaghetti sauce -yuck! I had black, hardened sauce on the bottom of my pan. I put my dish washing liquid directly on to the pan (no water)-and ahhhh, it took a little bit of elbow power, but I scrubbed and it came off so nicely!

*Posted by The Miller's at 9:47 PM No comments:*



**Saturday, January 16, 2010**

### **A Cool Story!**

So, last week I was folding my laundry, and I saw that something red had spotted several of my white things in the wash and had gone through dryer. My little girls new Christmas shirt, my white zip up sweatshirt and a couple of other white pieces of clothing were stained. I sighed, ahhh.....and set them aside.

I had a really busy week and and probably approximately hmmm....I'd say a week or so later, I decided to try and see if Melaleuca could get my stains out.

Some of you know I used Melaleuca product before I ever joined Melaleuca and had had terrific success getting out stains with MELABRITE, their color safe laundry whitener/brightner. Since I have joined I have found they have a product called PRE-SPOT which has also been amazing at getting stains out.

I figured since red stains that have gone through the dryer are virtually impossible to get out, I had better pull out the BIG GUNS and use both products, just to insure the best possible results. I

used a toothbrush to scrub MelaBrite into the stains, I then sprayed everything with PRE-SPOT. I put them through the wash again - and I prayed "please God remove these stains!" And guess what?

NO MORE RED STAINS!! Yup, it's true! Pretty amazing! I don't know if one product without the other would have worked - or if God just had mercy on my clothes, but there is no more red stain! YIPPEE for God and Melaleuca!

Posted by *The Miller's* at 8:32 PM No comments:



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