



Beauty From Within

@feelbeautifulinsideandout

Home

About

Blog

Photos

Likes

Videos

Events

Notes

Posts

Create a Page



Like Message More

Shop Now



Beauty From Within

February 2, 2015 · 🌐

Chlorella has been shown to decrease body-fat percentage and blood-glucose levels, helping those suffering from Type 2 diabetes, obesity or heart disease. It also helps to boost energy, aid digestion and fight depression. It also has a detoxifying effect on the body. Spirulina helps promote vitality. Green tea is an antioxidant powerhouse. These are just a few of the ingredients found in the organic greens complex. Within 3 days of using this product I had two friends asking if I was wearing foundation (I wasn't which is why they asked, because they know I generally don't, but thought I was because of the appearance of my skin). This isn't just any greens powder it's amazing and something me and my hubby start our morning with now by using it to make a simple smoothie. It costs £20 and that gives you 21 serving. This is the recipe I personally use with it - one serving of green powder, tablespoon chia seeds, almond milk, a portion of fruit, ice and cinnamon. What's more all you really taste is the fruit portion you add in and you choose the fruit you prefer so you'll enjoy the smoothie. Perfect way to start your day 😊

You can buy it from me direct if your local for free delivery (Bournemouth), otherwise via the website here <https://uk.nyrorganic.com/.../54.../organic-greens-complex-100g/>



NYR Organic UK

This easy to use organic blend of essential nutrients, vitamins and trace elements is supercharged with goodness to support the gut, brain and building of muscles.

UK.NYRORGANIC.COM

Like Comment Share

2



Write a comment...



Press Enter to post.

Status Photo / Video



Write something on this Page...

Search for posts on this Page

Very responsive to messages

115 people like this

Invite friends to like this Page

ABOUT

Hi, I'm Kirsty and I'm an consultant for NYR Organic. Chat

Typically replies within minutes Message Now

<http://www.uk.nyrorganic.com/shop/kirstybower...>

APPS

Blog

Blog

PHOTOS

