



# diabetes

THURSDAY, AUGUST 30, 2007

## → Fighting Infections with Melaleuca Oil

I am a 30 year insulin dependent type 1 diabetic. Currently, I use an insulin pump and Humalog insulin. I have high blood pressure, have had 2 heart attacks. Have had vision problems and serious neuropathy damage. When I review all of the procedures I have had over the last 15 years, it is frightening to say the least. Here is the list:

The following can be the result of many years of not understanding and not facing Sugar Diabetes:

1. Neuropathy of the feet and many surgeries treating infections including finally broken foot bones and many foot ulcers.
2. Amputation of three fingers on my left hand due to staff infections and poor blood sugar control.
3. Many, many laser surgeries for hemorrhaging of the eyes and finally vitrectomys completed in each eye. This has been very successful for stopping the hemorrhaging.
4. Left leg amputated below the left knee due to unsuccessful healing of the foot and neuropathy. I walk with a prosthetic leg.
5. Triple by-pass heart surgery.
6. Fighting infections with every cut, scrap or blister potentially turning into an ulcer.

The Melaleuca oil is the best daily medication I use for protection and fighting infection. I have saved thousands of dollars from the cost of conventional wound centers by using Melaleuca oil. This is a must for diabetics. I also experience tremendously dry skin and have caused many ulcers to form due to callus and cracking. The Renew skin

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lotion does the trick. I appreciate your efforts in teaching about diabetics and cardiovascular care. Melaleuca is the preventative measure along with diet and exercise. I have learned though, I have to take responsibility of my diabetes. I used to think that my doctor always could medicate my problems.

My height is 6'1" and I weigh 212. I am working on reducing my weight to 185.

Jim B

Posted by [Sue Ellen  
Dennison](#)

at 4:55  
AM

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## ➔ Need to Decrease his Insulin

I would like to share with you my husband's story regarding Melaleuca and diabetes. Ron is a Type II diabetic. He has been a diabetic for 30 years. We joined Melaleuca in April 1997. We immediately started taking the Vitality Pack & Provex Plus.

He saw an immediate need to decrease his insulin. When they came out with Provex CV, we switched and again he lowered his insulin (he is VERY insulin resistant). A year ago we upped his dosage from 1/40 pounds of body weight to 1/30 pounds of body weight. AGAIN he had to decrease his insulin. Overall, he has decreased his insulin usage by 40-50% other benefits - he is no longer getting water blisters on the shins of his legs. In the 4 1/2 years we have been members, we both have had only an occasional slight cold. He did have pneumonia once. It used to be that we could "count" on his being sick with a bad cold for 6-8 weeks every winter/spring. We are both very grateful for the Melaleuca products.

Another point of interest - he had 13 laser treatments for diabetic retinopathy 6-8 years ago. Other than a slow growing catarac that is starting, the doctors are AMAZED at the health of his eyes!

I use the hydrating body lotion on his feet - he grows calluses and has to have them trimmed every four weeks. I was using a prescription lotion with lanolin. After I switched to this product, to see how it would do, the Podiatrist & his technician have commented on how soft his feet are. It looks like we'll be able to extend the time to five weeks between "trims" now.

Posted by [Sue Ellen  
Dennison](#)

at 4:48  
AM

 [No comments:](#)



## ➔ Severe Diabetic Retinopathy

I have had diabetes for over 36 years, through the years I have developed a few of the complications with this condition. I have severe diabetic retinopathy in my eyes, when I was advised to go to

the Mayo Clinic I was told they were not sure if they could save my sight. I had many laser treatments over a 2 year period of time and one vitrectomy surgery a few years later. Other things started happening, such as my cholesterol level was high, my blood glucose levels were harder to control, plus the Doctor said I was showing signs of kidney damage.

My friend Patti asked if she could show me about some products she heard helped other diabetics, I hesitantly agreed to meet with her thinking it was going to be "one of those". Patti and her friend Vicki came and showed me about a company called Melaleuca, the vitamins they offered and all the wonderful properties of the Melaleuca oil.

I first tried the oil and a few of the cleaning products. Using the oil in just a few different situations, I found it to heal various problems like athlete's foot, a boil, burns, cuts etc, in just a short amount of time, this was very impressive as usually, I took longer to heal with this condition. I decided to try the vitamins to see if they were as good as they made them sound, as they had a 90 day guarantee so I could return them if they didn't work for me. Within a month I really could feel the increased amount of energy, others could also tell that I felt better. From there I started to take the Provex, starting with the saturation dose of 6 a day for the first week and then to the 2 a day. As I read more about the Provex products I switched to the Provex Plus then changed to Provex CV when that was introduced, as it was highly recommended for diabetics.

After the first year of taking the Vitality Pack & ProvexCV my cholesterol was back to the normal range, my vision and my blood pressure improved, I did not have any bladder infection problems which had been a constant battle and I just felt better all around.

To shorten the story I now take on a daily basis:  
The Daily 4 Life Pack (love the new packets!),  
NutraView, 1 per day  
Replenex, 2 to 3 per day

Since I started taking the Nutraview I have noticed an improvement in my night vision and the cataracts that I was told I might need to have removed in 6 months have not grown any larger. I was told at my last eye exam that my vision again has improved some and there were little signs that I had the vitrectomy surgery and the scar tissue from the laser treatments has healed extremely well. My last Endocrinologist appointment the Doctor said my kidney function is also showing improvements.

I have been using an insulin pump for 3 years now and use the liquid soap for cleaning the infusion injection site and the Renew Bath Oil when I remove the infusion to change the site and have had no problems with infections or healing. I use the Access bar before doing any strenuous exercise, which helps maintain my blood sugar and the Attain drinks and bars when I need a quick meal. We use many of the Melaleuca products through out our home now and

would not be without them!

Jan Coon

Posted by [Sue Ellen  
Dennison](#)

at 4:40  
AM

 [No comments:](#)



## ➔ I Have More Energy

I have been a diabetic for 33 years and have been on an insulin pump for the past 5 years. I recently started using the vitality pack, cell wise and the attain bars. Within the past 8 days I've had to lower my insulin doses twice. I was on a total of 24 units of insulin in a 24 hour period, and now I am down to 19.4 units in a 24 hour period.

This is great, because not only is my control of my diabetes getting better, but I am starting to feel so much better, and I have more energy. If you know people that have type 1 or 2 diabetes I would definitely share these products with them, it will definitely help improve their quality of life with diabetes!  
Beth

Posted by [Sue Ellen  
Dennison](#)

at 4:26  
AM

 [No comments:](#)



WEDNESDAY, AUGUST 29, 2007

## ➔ These Products Have Changed My Life

I have been using the Melaleuca products for three years, and these products have changed my life. I want to share the different ways that these products have helped me, so possibly they can help you.

The first product that had an impact on me was the tooth polish. I was having a tarter problem with my teeth. One month after going to the dentist my teeth would have tarter on them. My dentist wanted me to come in every 3 months, but I did not want to go because I did not like the pain that took place when they scraped my teeth. I had also had my roots cleaned at a price of \$800. Due to using the Tooth Polish, Breath Away and the dental tape, I now go to the dentist once a year with very little plaque. My gums do not bleed and I can drink ice water again. This not only keeps my teeth and gums clean, but it saves me a lot of money.

I did not use the vitamins at first as I thought that they cost too much and that the fructose compounded minerals in the vitamins would raise my blood sugar. We found that we were able to save money using the safe cleaning products so we decided to share the products with a few friends.

One of our friends was a biology teacher. My biology teacher friend asked me if I used the vitamins. I told him that I did not as I felt that

they were too expensive and I was concerned about the fructose in them. Since our bodies are so mineral deficient, he felt that this delivery system, that is patented, could get the minerals into my cells. He did not feel that there could be too much fructose in them, which I found out that the amount of fructose in the daily recommended amount of vitamins was equivalent to eating one cherry.

I still resisted because of the cost, but then I could try them at no risk for 90 days. This meant that it would not cost me anything to try them as free is less expensive than cheap. I then started taking the MEL-VITA and MELACAL and Cell-Wise in May of 1995. In that first month on the program I started having insulin reactions and my blood sugars ran lower than they used to. I am on an insulin pump so it was easy for me to adjust my insulin intake, as I tested my blood sugars four times a day.

During this first month I was able to lower my need for insulin about 10%. Provox then came out in June. I decided to try it also as I thought that I had nothing to lose. I started by taking 6 capsules a day for tissue saturation. This is when you take one Provox for each 25 pounds of body weight. I weigh 160 pounds so I took enough for 150 pounds. I started taking 6 capsules per day on Thursday and I had 3 insulin reactions on Saturday and 3 insulin reactions on Sunday. I reduced my insulin intake by another 10% and then I had good control again. I am now taking 8 units of insulin for breakfast instead of 10 units. Because of what happened to me, I would not encourage diabetics to take more than 2 Provox a day to start off with. I would then work up gradually to the saturation dose and adjust your insulin. I have since switched to Provox Plus. I can not believe that I have cut my insulin intake by 20%, that I need less sleep and I over all feel better.

When school started the nurse asked me if I wanted my PSA checked. It was only going to cost \$6 so I had it done. The results came back elevated and I was eventually diagnosed with cancer. Prior to having prostate surgery I started taking 6 Provox a day to help me heal after surgery. I went to Rochester for surgery and was told that I would be in the hospital for 6 days. Three days after the surgery the doctor came in and removed the drainage tubes and sent me to a motel for two days. I went back to see him in two days to have the staples removed and then went home for 10 days before the catheter was taken out. Again I was told that I should have blood in my urine. I was amazed how I did not have any of the complications that I was told to expect as a diabetic. I also went back to work in 4 weeks, rather than the 6 weeks I was told that it would take. I feel that my recovery was a result of the vitamins and minerals that I was taking.

In January I went to my eye doctor and he was amazed how the arteries in the back of my eyes looked. The year before I had slight bleeding in the arteries, but that was gone now. He told me that my arteries looked better than a normal 50 year old.

Melaleuca has helped me make it through some tough times in my

life. Some of the other Melaleuca products that have really helped me are the Antibacterial Liquid Soap that I use to clean my site area for my insulin pump and I have never had an infection. I also use the soap to clean my hands before I test my blood four times a day. My fingers do not get dry because I don't use the alcohol swabs. I use the T36 C5 on any cuts and especially on my feet as well as the Triple Antibiotic Ointment for healing. The Renew Skin Lotion is great for conditioning the skin of the feet.

My leg muscles used to burn all the time as I jog from 3 to 8 miles a day. By exercising my insulin seems to work better. I am now able to eat a whole Access Bar and when I run 5 miles, and my blood sugar will be the same at the end of my run.

I also use the Sustain or Attain for a snack and they take 2.5 units of insulin. These products taste great and they do not send my blood sugars sky high. These products have really enhanced my life. Before I got on the vitamins, I didn't heal that well. I use have to put pressure on my finger for up to a minute to stop the bleeding when I tested my blood. Today I just wipe it off. **I have recently started taking the Replenex every day and my insulin need has dropped another 5%.**

John H

Posted by [Sue Ellen  
Dennison](#) at [7:14  
PM](#)

 [No comments:](#)



WEDNESDAY, JANUARY 24, 2007

### → Increased Circulatory Benefits - A Personal Experience

Last spring I went to my 30 year high school reunion. One of my dearest friends walked like he had very tender feet. I asked him why he was walking so tender footed and he said, "Terrilee, my feet have been cold and in pain for years due to my diabetes." He is a respiratory therapist and stands on his feet for 12 hours a day! I told him that I was going to send him three bottles from my wellness catalog and I wanted him to take 4 in the am and 4 in the pm - gift from me. Robbie is a very large man and that is why I started him on so much. I got a call a few days later and he said, "**I have used the ProvexPlus for SIX DAYS and my feet are warm and not in pain for the first time in years.**" **If he forgets to take his ProvexPlus, he is in pain. ProvexPlus opens the capillary circulation (which is very poor in diabetes) and therefore is powerful in helping move blood through the body.** Add the Vitality Pak to the body and you've got more healthy cells generated by the circulatory system. **Melaleuca is such a powerful catalog for diabetes because of the healing properties of the Melaleuca oil and the increased circulatory benefits through ProvexPlus.** **Share this with a Diabetic person!! They'll be thanking you and giving you lots of hugs! -Terrilee**

Posted by [Sue Ellen  
Dennison](#) at [7:04  
AM](#)

 [No comments:](#)



## ➔ Incredible Results All Round!

Finally last week the Doctor was able to pin point my ill health, it was actually good health. **Since going on to the Melaleuca Daily 4 Life Pack + Phytomega, my body has not been this well, that combined with my weight loss and Access Bars, I was just very healthy. So why was I so ill, well my doctor did not believe that I could improve so quickly so I have been over-medicated for both my allergic rhyinitis and my diabetes.**

This has made me very tired, and given my viral symptoms. Finally 2 weeks ago I had a glucose feed tube test where my reaction to glucose was measured against my medication, I also had a HBC1 blood test. Well the ideal figure is under 7, but all diabetics are over 7 so we are given medication to bring us down to 7. My last reading was 11 in September so I was medicated to reduce this. My reading came back two weeks ago as 6.4! This is amazing, as I had stopped taking some of my medication because I kept passing out. An amazed Doctor wrote excellent on my chart for the first time in my life, after a week of the new drugs I am feeling like a new woman.

**I have also had my allergy medication reduced as the Daily 4 Life has improved that too. So in telling the doctor of our long flight I asked if I should take aspirin as he had recommended in the past, NO he said what ever you are doing to your blood with that mela stuff keep doing it.**

So after some 7 months of feeling really ill, I am back on track and well. Now do you think Melaleuca should put a health warning on their products to say 'Beware this could make you well and you may need to reduce man made products with side affects if you use these products' As an aside I have lost 51 lbs on Access Bars since October when they arrived and I look somewhat different to the time when I enrolled. If ever you need a product story on Access and the Daily 4 Life changing an English girls life then here it is.

Sue Mansfield, Kent, UK

Posted by [Sue Ellen  
Dennison](#)

at 6:41  
AM

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