




Emma Heffernan

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This is my own personal testimonial. Juice plus is a Whole food supplement that bridges the gap between what we do eat and what we should eat. In no way do they condone it as a substitute for raw goodness. Raw fruit and vegetables are key!

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Emma Heffernan


Hi Faisal. Before I found Juice Plus which was just over a year ago now. I was on 20mg of Fluoxetine which is an anti - depressant. Having suffered for years with depression, Stress and anxiety I decided enough was enough when **Alison** my upline told me she was "sick and tired of seeing my statuses" which read that I was always sick and tired. Before I came off the anti - depressants for good this time. I had been suffering with a sore throat, flu like symptoms for months. I had taken 3 courses of antibiotics and continuously back and to, to my gps. Ali offered me the Complete shake and even bought me a shaker to make it in as I was a bit sceptical at first and explained that finances were not great. (She gave me a pouch for free) I now understand why she did this? I started on 1 shake a day and after several days of having it for breakfast I soon found that my sore throat had disappeared. I wasn't getting the flu like symptoms and my energies were slowly returning. After a couple of weeks near to the end of the pouch I started to feel like me

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again and that I was a bit happier and could face the outside world. After months and months of staying indoors not wanting to go out and when I did i was having panic attacks I finally started to feel normal again. I also lost a stone and a half in weight. Weight I had put on over the past year due to comfort eating and stress as my dad had been in hospital due to a stroke and I had become his carer. So lots of things were taking it's toll on my body! I no longer take anti - depressants and have never looked back since. I joined JP + a month after taking the product and have found the Premium capsules have changed me even more so as now I have completely regained my confidence and self esteem and host a networking group for mums as well as being SDD in my business. I hope this helps someone 😊

21 minutes ago · Like · 1



Faisal Razzaq

Wow!!! Emma thank you so much for sharing such a inspirational story with me ... Such a powerful message about juice plus and also shows how much

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