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Tell Us Your Story



I have tried many different types of Prenatal vitamins. I decided to try the Vitality Pack for Women in November of 2011. I figured why not try it, it is much less expensive than what I had been doing. Within one month, I had a regular menstrual cycle which continued once a month for 4 months. I then got pregnant in the 5th month. Although that ended in miscarriage, taking the vitamins made all the difference. I am continuing to take them to regain my health and hopefully have regular cycles again. I may take the other supplements eventually, however saw such great improvement in my health from just taking the multivitamin and calcium supplements. Thank you for offering a solution for having minerals and vitamins absorb so much better into the body.

To share your Oligo story, and vote for helpful stories from others, please use the button below to sign in to your Melaleuca account. If you are a not a Melaleuca member, you can learn more about Melaleuca's products and services and speak to a marketing executive to start saving today.

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Kim & Everett Kvamme, Customer, Preferred Customer Since 2012

I started taking the Vitality 4 Essentials for women a few months after I became a Melaleuca preferred customer. About 2 weeks into taking them, 4 people in the same week commented on how good my skin was looking, and asked me if I had changed my make-up routine or my skin-care regimen. I had not changed a thing, except for taking the vitamins! For a forty-something female, THAT is a wonderful thing to hear! I also notice a BIG difference in my energy level if I happen to forget to take my AM packet. I keep them in my purse now, so convenient! Can't imagine life without this product!

-Suton Cicero Preferred Customer Since 2011

During an annual physical, I was diagnosed with a clogged carotid artery in 2009. I was 45 years old then. Very unlikely for someone with my age and living fairly a healty lifestyle. After 8 months of testing and probing and scans, it was confirmed that I had 90% blockage and on the verge of a stroke. After determining that I must have surgery to clear the plaque, I was devasted. My lipids were a roaring 776. Shortly thereafter I was lost and confused and worried. Worried about my health. I took medications that didn't work and the side affects wee unforgivable. My lipids were very unstable. I was introduced to Melaleuca January of this year, after giving up on all medication. I started taking the Vitality 6 and Fiberwise. I was due for my follow-up doctors visit within the next 3 months. Low and behold, my lipids were under 100. My doctor was taken aback. These products have done for me more than any medication that I was taking for the past year. I do not take any medication anymore...I've lost 15lbs, feel great, and have hope that I will be around to see my son graduate from college. All I can say is that Melaleuca saved my life.

-Monica Preferred Customer Since 2011

I have been a private pilot since age 17. In my early 40's my vision had declined a bit and my FAA Medical Certificate stated that I must wear glasses to fly. My drivers license soon had the same requirement. In my late 40's my blood pressure was increasing and I could no longer pass my flight physical. I didn't fly for a long time and did not want to take chemical medicine to control my blood pressure. A couple years ago I started taking the Men's 50+ Total Oligo pack. In the first several months took some extra Nutraview and Provex CV. I now have my FAA Medical Certificate. What's more amazing is that neither my FAA Medical nor my drivers license require corrective lenses! I am a big fan!

-Sharole & Jim Beckman Preferred Customer Since 2001

Three years ago I decided to check with my doctor as I could barely drag myself out of bed and through the day. Although a long time Melaleuca customer, I had not tried the vitamins, so as a last resort before seeing the doctor, I ordered the Oligo. What a huge difference! I will never be without Oligo! Then my LDL cholesterol began to rise and as I did not want to give up cheese, added the heart health pack. Within months I saw a 68% reduction in my LDL cholesterol, triglycerides, etc. These are truly miracle supplements.

-Drue Lawlor Preferred Customer Since 1993

I am "surviving" Multiple Scierosis because of Melaleuca. I suffered for 14 years with severe headaches and chronic fatigue. The quality of my life was poor and prescription drugs did not help me. A freind introduced me to Melaleuca and I started taking the Vitality 4.1 also replaced everything in my home with the EcoSense products. Thank you Melaleuca for changing my life and giving me hope.

-Carolyn & James Siermine Preferred Customer Since 2011

Before Melaleuca I had a tendancy of falling to sleep in church. That was aweful because I was one of the clergy. After I started taking the Vitality 4 in two weeks, started on the Vitality 4 and I was energized. Everyone of my friends began to comment the Alton is not falling asleep any longer. I was waking up at 5:00am on Saturday doing laundry, dishes and vaccuming. I had a ton of energy. Vitality is the answer.

-Alton & Tina Albritton Preferred Customer Since 2010

Tester tried the product for the first time and he said that he has much more energy during the day. That he no longer finds himself dosing off at work. (Canada)

Gloria L. Bethelmie Preferred Customer Since 2008

I ran out of my vitamins in mid February; it is now March 5th and I am feeling the difference from not taking the vitamins. The packetts give me verything I need for health and energy.

Karyn A Simpkins Preferred Customer Since 2008

This is the only vitamin pack that works for me. Have tried all the others and nothing compares to this product.

Teresa Soto
Preferred Customer Since 2007