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# Lifestyles Products in a Nutshell



POSTED BY: DANBERT MARCH 27, 2015

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## Balance and Strengthen the Body's 8 Biological Systems with Intra

Intra is a unique blend of 23 botanical extracts which helps to balance and strengthen the body's eight biological systems, as well as guard against the adverse health effects of pollutants.

The 23 botanicals are the following: Astralagus, Reishi Mushroom, Sarsaparilla, Siberian Ginseng, Aloe Vera, Schisandra Berry, Dandelion, Pipsissewa, Licorice Root, Chinese Pearl Berry, Fenugreek, Alfalfa, Bee Pollen, Chinese Rosehips, German Chamomile, Passion Flower, Cascara Bark, Thyme, Juniper Berries, Celery Seed, Ginger, Chicory, Capsicum Fruit.

These herbs mixed together result to a synergistic effect that none of them contrasts to each other. The powers of these 23 herbs are combined in this amazing product.

Intra has a unique and pleasant taste that anyone who drinks it, craves for more. It boosts ones immune system, supports healthy heart, increases energy, cleanses body from toxins, and can address any health challenge from head to toe (but take note, this is not a medicine, rather a food supplement).

Intra is also safe for all ages because it passed the test of time for safety and efficacy. Even an infant can drink it using a dropper. Moreover, it is certified safe for athletic use by the International Olympic Committee for it contains NO steroids and stimulants. All of these made the reason why there are already millions of satisfied customers of Intra around the world since 1992.

### **Reduce the Risk of Cancer with Nutria**

If Intra is made from 23 powerful herbs, the second





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product of Lifestyles, which is Nutria, is composed of over 20 fruits and vegetables with key vitamins, minerals & phytonutrients.

The followingBlueberry Powder, Prune, Grapefruit Extract, Garlic Powder, Cabbage Powder, Carrot Powder, Rose Hips, Grape Seed Extract, Spinach Powder, Green Tea Extract, Strawberry Powder, Cauliflower Powder, Beet Powder, Tomato Powder, Parsley, Broccoli Powder, Cherry Powder, Orange Peel Powder, Schisandra Berry, Onion Powder, Apple Powder, Mango Powder, Pineapple Powder, Mango Powder, Pineapple Powder, Reishi Mushroom, Raspberry Powder, Molybdenum, Chromium, Licorice Root, Zinc, Vitamin A, Beta Carotene, Vitamin E, Folic Acid, Vitamin C, and Selenium.

These fruit and vegetable-based antioxidants including Selenium, protect cells and have been shown to fight diseases, especially Cancer. Nutria is truly rich in My First Win in Foap Photo Contest - How I Did It and How You Can Too

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antioxidants which are vital to maintaining good health because they deactivate free radicals that damage the healthy tissues of the body.

Another benefit of Nutria is its ability to help slow down the aging process. This is the reason why regular users of Nutria can be identified with glowing skin and revitalized body.

## Prevent & Control: Diabetes, Obesity and Heart Disease

The third product of Lifestyles is Fibrelife. Fibrelife is a unique soluble plant fiber with the highest viscosity of any fiber tested. It is made up from concentrated, natural sources such as Konjac Glucomannan, Guar Gum, Xanthan Gum with added cinnamon extract. It absorbs water quickly and and continuously.

Fibrelife helps regulate appetite to achieve and maintain healthy weight, lowers the number of calories absorbs from a meal, and prevents carbohydrates from being stored in the body as fat. It also supports and regulates blood sugar levels by lowering the Glycemic Index of a meal, lover levels of C-reactive protein, and reduce risk of developing Type 2 Diabetes.

Furthermore, It helps lower the levels of cholesterol, reduces risk of heart and cardiovascular diseases, acts like a sponge by binding cholesterol and toxins in the food before it is absorbed, and eliminates body toxins.

## **Better Together**

Intra + Nutria + Fibrelife = Better Together. That is why one box of these products is called better together kit. Using Intra, Nutria, and Fibrelife everyday increases the ORAC (Oxygen Radical Absorbance Capacity) of an individual by 64%. The higher the ORAC value, the greater the antioxidant capacity and the lesser the chance









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of having Cancer. Lifestyles products can surely make a person live better everyday!

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ABOUT THE AUTHOR



Hi! My name is Danb ert. I am a

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