



Changing the World with Melaleuca

I have been married 11 years to Ryan, my soul-mate. Has it always been blissful? Some days, not always...but well worth every drop of blood. I have three beautiful little girls. Zoe is almost 7, Rhema is 4 and Day is 1. I love being a wife and a mom. I work every day to change the world from the inside of our home, out. Which is why I chose to join Melaleuca and create a business out of it! Read this blog to learn more!

Saturday, April 10, 2010

Vitamin Testimonial

I know I post quite a few blogs about our vitamins. But I am convinced that most of our society as a whole are sick many times simply from missing nutrients in their diets. The food we eat has been robbed of its vitamins and minerals. I have heard testimony after testimony from people using Melaleuca's Oligo vitamins! People who had migraines, people who couldn't sleep, the testimonial below is about a man who went off his diabetes meds simply from taking Melaleuca's vitamins! WOW! That is so awesome! Here is the story:

Subject: (Mark Wilson's personal experience) **A Type II diabetic who got off the prescription drug Metformin after using Oligo.**

My personal experience with Oligo continues to get better. I've sent many of you my initial experience with Melaleuca's Vitality Pack, Oligo Complex and now the follow-up.

In December of 2008, my doctor said that my body was insulin resistant (type II diabetes). I was prescribed Metformin, 500mg 3x daily. In March of 2009 I took Melaleuca's 90 Day Challenge and started taking the Vitality Pack with the Oligo mineral complex.

Now, let's fast forward to the winter of 2009-2010. I started developing a dry scalp, a condition that I had never had before. The dryness started as the size of a quarter and then the spread across the top of my scalp. The next thing that I experienced was extreme fatigue. Everyday I was dragging and could barely make it through the day. I found myself having to sleep 10-12 hours a day and I still felt tired and fatigued. It didn't make sense because I was taking the Vitality for Life nutrients and I was getting more fatigued instead of getting more energy.

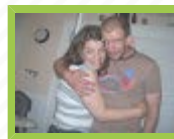
I had run-out of my glucose test strips and I was not checking my blood sugar as regular as I should have been. Once I got more strips for my glucose meter I found that my blood sugar values were consistently very low and I didn't understand why. I wasn't doing anything different with my diet and exercise. The ONLY thing that I can attribute my very low blood sugar to is the Vitality Pack Oligo

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complex combined with the prescription drug metformin which I am no longer using.

In fact my wife has reduced her insulin after starting with the Oligo Vitality Pack. Another friend has also reduced her insulin by 1 bottle per month after starting the Vitality Pack. And now, I'm am completely off of Metformin!

After reviewing some literature I realized that certain minerals like chromium decrease blood sugar levels..

"The most important of all of the supplements for the diabetic is chromium. Many studies of the diabetic have shown that supplementation of the diet with chromium will decrease fasting blood sugar levels, improve glucose tolerance, lower insulin levels, and decrease total cholesterol and fat levels, while increasing HDL cholesterol."

JAMA 1995; 73:1849-1854

Why anyone wouldn't want to take the Vitality Pack 90 day is beyond me. A year ago, I thought all minerals were the same until Oligo. Melaleuca, thank you... thank you for making a difference in my health.

-Mark Wilson
Manhattan, Kansas

P.S. Anyone who receives this communication may share it

Posted by *The Miller's* at 7:28 AM



2 COMMENTS:



Keith July 17, 2011 at 2:07 PM

Hi,
Just wondering how things are going with your Mela business?
It looks like its been a while since your last post and I am hoping its because you have started a new blog else where.

Keith

Reply



Chris Delano May 24, 2012 at 3:33 PM

I hope so too because I'm new in the business and so far enrolled 10 people in a month and 2 of them have become