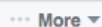
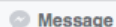


## Down East Wellness For You

[Home](#)[About](#)[Photos](#)[Likes](#)[Videos](#)[Posts](#)[Create a Page](#)

# East Coast Healthy Lifestyle Expo

## Expanding the Frontiers of Wellness

[Shop Now](#)**Down East Wellness For You**

August 4 at 10:15pm · 🌐

If you have an autistic child or teach children with autism, you may find this interesting. #autism, #specialeducation,



### Nikken Testimonial on Autism

<http://nikken.com/bemorewellness> - It's about balance, it's about having a healthy place where the family can prosper. email [sparksbmw@gmail.com](mailto:sparksbmw@gmail.com)

YOUTUBE



1



Write a comment...



Press Enter to post.



Status



Photo / Video



Write something on this Page...



Search for posts on this Page



1,956 people like this



Invite friends to like this Page

### ABOUT



Down East Wellness For You is dedicated to helping people live healthy, balanced lives and promotes health by choice, not by chance

<http://nikken.com/laurenclark>[Chat](#)

### PHOTOS



Rejection tests whether you're serious about your dreams.

MEANINGFUL PHILOSOPHY  
5 Pillars of Health  
1. yourself  
2. life in balance?  
3. Healthy BODY  
4. Healthy MIND  
5. Healthy FAMILY  
6. Healthy SOCIETY  
7. Healthy FINANCES

USES NIKKEN PRODUCTS?

As a professional  
As a professional & personal athlete  
As a mother  
As a happy healthy student

