



Lifestyles8

About Intra | testimony

The Herbal "Craze" that's Sweeping the World today!



intra* Herbal Nutrition

Intra* - has swept the world and become an integral part of thousands of peoples' lives. More than one-third of consumers worldwide now routinely use herbal products to enhance their health.

HEALTH PREVENTION & TREATMENT

Intra* had help enhanced the health of many and we have various testimony but intra* that help differently in almost every person who have taken this herbal nutrition. Even those who've various ailment, illnesses seen a significant improving and they keep coming back to buy one another bottle. Today my whole family is taking it.

My own testimony!!!

(08/01/2002, Tuesday). I started taking intra* twice a day on 02/01/2002. Day 2, I was down with high fever and sorethroat. A lot of flames accumulated, began to throw out flames.

Day 4, left side of my abdomen in slight pain. My blackeyeback is diminishing fast. I jump for joy and said "Hey! this product had help work well of those symptoms I even don't know". I'll stand in front of the mirror, smile before I drive to work. Also my waist line had reduce, my skin texture is more nice now. I slept well, my eye vision improve at night. I felt much healthier now. So, I strongly recommend to you to try it. This is a marvellous product. Lifestyles have more than 45 products and are of WORLD CLASS.

July 12, 1996 (extracted from Herald Canada)

Suffered from Diabetes, High Blood Pressure and Arthritis

Ernest Swales, a 61-year old diabetic, also suffers from high blood pressure and arthritis, causing extreme pain and swelling in his hands and hip joints.

Last year his health deteriorated when he started to suffer from diabetes-related 'hypo' attacks. feeling at all time low, he confided in a fellow diabetic. Little did he know the conversation would mark a turning point in his health. His friend suggested he try a natural herbal product that had worked wonders for her condition, helping her diabetes and her high blood pressure. "I thought I might try it, after all I couldn't possibly feel any worse and I'd got nothing to lose except pain and suffering," he said.

The herbal nutrition drink named intra*, packaged in a white bottle turned out to be a miracle cure. The 23 herbs and botanical extracts it contains work on the particular needs of each individual and is formulated by a chinese doctor. Four months later, Mr. Swales' friends have noticed his new found energy and zest for life. All his arthritic pain has gone - for the first time in years. His diabetes has stabilised and his own doctor has taken him off standard medication for high blood pressure.

A stone lighter, without trying to lose weight, he feels in rude good health. Ernest has shared the secrets of his Chinese remedy with many of his friends who all report relief from a variety of other complaints, ranging from headaches to asthma. He is convinced natural complementary therapies could help a lot more sufferers like himself.

Relief From Pain

My name is Sue Wyse and I am 63 years old. In Sept 1998 I had a brain surgery. While in the hospital I started taking intra. To my amazement, I no longer needed my medication for Asthma, or Arthritis. Also my head pain started to ease. Before leaving the hospital I developed a bowel disorder. I began eating the Lifestyles hi fiber diet cookies. I soon became regular and to my excitement I lost 24 lbs. I would recommend Intra* and the cookies to anyone. Even though I am 63, I have loads of energy and simply feel great everyday. I will take intra* for the rest of my life.

- Su Wyse, Chicago III

Suffered from Arthritis and serious migraines

2 years ago my arthritis was so bad that I had to give up driving, my husband took me shopping in a wheel chair, we were thinking that he would have to give up work in order to look after me. I was very depressed. I had also suffered serious migraines since puberty. When I heard about intra*, I felt I would try anything. The depression lifted quickly, the stiffness began to ease. I went to my seminar on crutches, my next with one stick and the third with no sticks. I began to drive again, go out, see people and build my business. I have never looked back, my husband still works. Thanks intra*

- Jane Philips, Halstead, Essex, UK

Feet Dry and Crack

My blood pressure was getting worse all the time. My doctor was getting ready to increase my medication. Also my feet had been dry and would crack with as chronic fungus problem. Have to apply cream and dressing everyday. I went in for my blood pressure test after a week on intra*. My blood pressure was level even I had drank a pot of coffee that morning and had forgotten to take my medicine. Now I can feel the carpet under my feet again, they're pink and healthy now, for the first time in five years.

- Mitch Roberie, Ville Platte, LA, USA

Suffered from Lupus, Chronic Allergies and Migraines

I have had Lupus and chronic allergies for years, also stress induced migraines used to put me to bed for hours. I taught taking the drug peninsolon for life is hell to me to control my lupus. Since taking intra* I've noticed my allergies are better and I have a lot more strength and stamina. I just feel better all over. Now when I get stressed I take more intra* and it keeps me from getting sick.

- Alma Hintz, Delta, CO, USA

Suffered from Chronic Fatigue, Menopause, Iron Deficiency and Arthritis

In September of 1993, I was burned out with chronic fatigue, menopause and arthritis. I couldn't sleep and lost 21 pounds from stress. I also had an iron deficiency. Within a few weeks of starting to take intra*, things began to improve greatly. After 4 months my hot flashes are gone, my iron level is back in balance. I've regain 16 pounds and almost pain-free.

- Colleen Killbright, Arvin, MB, Canada

Serious Illness

In May of 1995, I was diagnosed with a serious illness. I started treatment, lost 65 lbs and my hair started falling out. I began using six ounces of intra* daily and after three weeks I had gained back 10 lbs. After six months I had gained 45 more lbs and a full head of hair with no side effects from the treatment. I may have to deal with the severity of my illness, but I have quality of life with intra*

- Liv McCarthy, Toms River, New Jersey, USA

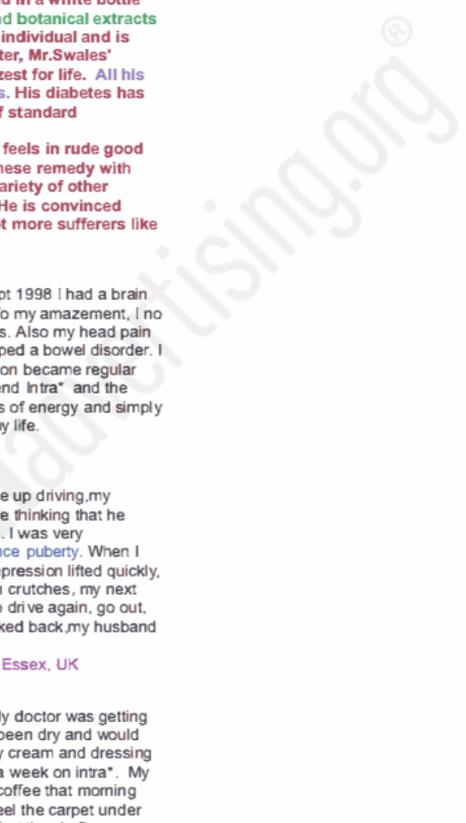
I suffered from alcoholic neuropathy, a gradual deterioration of the nerves in the legs. Also had severe pain and major kidney problems. My pain began to lessen after the third day of taking intra* and after three weeks the pain was almost gone.

- Phil Kerstadt, Loleta, CA, USA

At the age of 66, in 1993, I was so ill that I wanted to leave this world. I had leg cramps, poor circulation, arthritis in my fingers, headaches everyday and was so depressed. I was losing weight and couldn't keep food down - no energy - too many ailments to list them all. Everytime I sat down I fell asleep - all pictures of me that the family had were in a horizontal position. My life was a mess. I began taking intra* in March of 1993 and my life quickly turned around. I now feel 100%. Thanks to intra* I just recently celebrated my 72nd birthday! Walter Cooper (Finest Irishman that ever came out of Ireland!).

- White Rock, BC

- HOME
- International Business Offices |
- Business Opportunity |
- Natural Medicines |
- Marketing Plans |
- Success Stories |
- How to Join Lifestyles |
- International Representatives |
- Lifestyles Distributing Offices |
- Appointment with Me |
- Photo List in Multiple |
- Photo List in Canada & USA |
- I help you to Order |
- Pick-up Refuse - East Malaysia |
- Free Information |
- Intra* Herbal Nutrition Direct |
- Special Report |
- About Lifestyles |
- Enjoy your Lifestyle |
- About Me |
- Feedback Site |
- About Intra* Testimony |
- About Intra* Testimony 2 |
- Health, Weight |
- Cancer, Weight |
- Gender 2 |
- E-mail to me |
- Global Members Area |
- Direct Domestic Team |
- Are You Ready For Change? |
- Meeting Schedule - Direct |
- World Opportunities/Business |
- Franchise |
- Workshop Information |
- Lifestyles Global Expansion |
- In The Year |
- Under Construction |
- World Christian Network |
- Success Bible Daily |



After 20 years of constant pain I underwent 7 knee surgery operations trying to find relief. But, even with heavy doses of Voltarin and numerous Cortisone shots the pain wouldn't go away. Then I tried intra* - within 4 days the pain was reduced and within few weeks the constant swelling and pain were virtually gone.

- Dutchie Cornell, Edmonton, AB, Canada

Insulin Dependent Diabetic

I have been an insulin dependent diabetic for several years. I began taking intra* 8 months ago and for the last six months I have not needed insulin as my blood glucose has remained stable and at a satisfactory level.

- Gerald Hambling, Devonshire, UK

Migraine has been my problems for years. I started taking intra* 3 months ago and have not suffered an attack since. I have literally forgotten how painful my life used to be. My energy level has also improved. My 2 year old son had eczema on his arms and legs. It was so severe that everytime we took his nappies off he would scratch himself until he bled. After taking just 1/2 oz of intra* each morning for just 2 weeks his eczema disappeared.

- Salomon Leitner, Lancashire, UK

I have quite severe Osteo Arthritis in the neck and spine and in the last few years had begun to experience pain in my joints. I was very sceptical that a botanical drink could ever do anything for me. However, after taking for only 4 weeks I no longer have pain in my joints, I am sleeping like a log and seem to have boundless energy.

- Derek Birmingham, Surrey, UK

I couldn't turn my head or reach out from my body, had terrible headaches daily and it was very painful to walk due to my polio, which I have since childhood. Since taking intra*, my blood sugar hasn't risen above 120. The insulin I've had has been lowered by one-half. My headaches are gone and my blood pressure has returned to normal range. My cholesterol has also dropped from 289 to 186. I feel better than I have in years. I never want to be without intra*

- Helen Meecham, Kearns, UT, USA

My daughter has suffered with chronic Psoriasis for 3 years with the need to visit a specialist twice a week for tar baths and ultra light treatment (sadly with no improvement). This put a lot of stress on her (and us), she had to miss school, became withdrawn and began to stammer. After just 2 months on intra* some 85 per cent of the Psoriasis had gone and she no longer needed speech therapy and developed into her former chatty self, even competing in and winning her school's sports day skipping race which would have previously been unthinkable. My young son has benefited greatly from intra* as he no longer has puffy eyes from hayfever and my own hayfever/sinus problems have also cleared up. We are literally a family who are delighted with the radical health changes that intra* has brought about in our lives.

- Gail Wiltshire, Washington DC

In July 1992 I became ill with the illness known as M.E. I had a variety of debilitating symptoms ranging from chronic tiredness, memory loss, mood swings, digestive disturbance, weak and painful muscles and agonising joint pain. Thanks to nutritional therapy and complementary medicine, I slowly started getting better in early '93. In July '93 I was introduced to intra* and what a difference it made. After only two weeks I noticed a considerable difference in my energy and stamina levels. I found that I was sleeping better and the quality of sleep has improved. Also the detoxification effect intra* had on me assisted greatly in clearing up my joint pain. When I began taking intra* I was only able to work approximately five hours a day. Within six weeks I was able to work from 6:30am to 11:00pm at night. Intra* has certainly helped me to recover and regain the energy and stamina needed to survive the fast pace of modern day living.

- Gay Irving, Somerset, UK

I'm Wong from Jerantut, Pahang. My father age 62 used to be a rubber tapper all his life. Usually he'll be in bed by 9.30pm, up by 3:45 am to prepare meals and off to his rubber plantation by motorbike. One morning in August 2001, I noticed that his motorbike is still outside the house. When I came to his room, I woke him up but I could hear his faint voice and did not move at all. I felt something is wrong, and immediately call my other brother to be back in an hour. We drove all the way to Hospital in Kuala Lumpur. He was admitted in late afternoon. Three of the vein in the heart was blocked. Operation had to carry out on the seven day. 2nd day, my brother spoon feed my father with intra*. 3rd day, the collection bag with tube connected to his stomach began to fill with tiny brownish/dark red like dirty polluted blood. By 5th day, the collection bag filled with only clear liquid. The pulse reading is back to normal. The doctor was astonished by his condition get him into exercise therapy. Reading taken again morning, afternoon and evening. At 7th day, the doctor discharged him. Before my family took him home, we told the doctors he's taking intra*

- Wong, Jerantut, Malaysia

My 4 year old grand daughter Carol was an asthmatic for almost one year plus. One day I heard she call out "Mummy, I can't breathe". That's on Sunday evening in Jan 2002. I went straight to the fridge and took out the intra* and gave her 1/2 oz and a glass of plain water that evening. 2 days later on Tuesday while we're having a gathering in my home, Carol started coughing out flames, 4th day evening she had a sweet night sleep. 5th day she's running around getting more energetic. Intra* had simply an amazing product that unmatched by any product in the market today.

- William Teh, PJ, Malaysia

Stomach Ulcers Relieved

Eight years ago I was diagnosed as having six gastric and six duodenal ulcers. I was told by the hospital that would be on medication for the rest of my life. I started taking this herbal nutrition drink in February 1994 and after only 3 weeks I was feeling so well it was decided my medication was no longer required. I have not needed any medication since and I have had no stomach problems whatsoever. I think it's brilliant.

- Phil McMurry, Connecticut

Three years ago I found myself under a great deal of stress. I had been suffering from high blood pressure for some years, but at that time my doctor was very concerned that my medication would have to be increased. On one of my monthly visits he was very impressed with the new reading and in fact said "Whatever you're doing that's different Jenny, keep doing it". It was only after I left the surgery that I realized that the only thing I HAD been doing differently was taking a daily dose of my intra* herbal drink. I had also suffered from progressive osteo arthritis in my left knee for 15 years following a sports injury. Despite 2 operations, steroid injections etc. I was told I would have to take anti-inflammatory tablets and pain killers for another 15 years as I was considered too young for an artificial knee. I was extremely skeptical that intra* could help me because of so much pain. Thankfully I was seriously mistaken - after only 6 weeks the pain had diminished considerably and after just 3 months I could straighten my leg for the first time in years. Remarkably NO tablets for 2 1/2 years now and NO pain!

- Jenny Benns, LA

Living Life to the Full after years of Depression & Hay fever

I have suffered from asthma and hay fever for 30 years. The summer time was just awful for me. I'd use sprays up my nose and drops in my eyes, take antihistamines and use a lot of paper tissues. However the summer of 1992 was a different, because I was recommended this intra* herbal nutrition drink.

Within 2 weeks of taking it I had no more allergy symptoms, asthma gone and remarkably after 30 years of misery I haven't had one attack to this day. An added bonus is the frequent headaches which used to plague me are now very few and far between. But for the most amazing result was after suffering serious depression on and off for the last 20 years, after 3 months of the taking intra* herbal nutrition drink gradually reduced and no longer needed all my anti depressants and sleeping tablets. I'm back and the land of the living have fantastic energy levels, and feel tremendously positive. The intra* herbal nutrition drink will always be part of my daily life.

- Jill Hunt, London