



REAL TESTIMONIALS ABOUT NATURAL HELP FOR ADD/ADHD

THURSDAY, SEPTEMBER 23, 2004

Testimonials on How People have been Helped with ADD/ADHD

If you are suffering from ADD/ADHD or know someone who is you must read these testimonials.

The first testimonial comes from an Oral-Maxillofacial surgeon named Stuart Sanders.

Subject: ADD Date: 5/23/98

I have a fantastic testimonial about ADD, and it comes right from my home.

My daughter, who is 18 now, graduating high school, was diagnosed with ADD (without hyperactivity) as a sophomore in high school. Her grades were average (basically C's), yet she tested very high. She had a very hard time doing homework, frustrated by school, etc. Never a behavior problem.

After she was diagnosed, they started her on Ritalin. She had no appetite, couldn't sleep well, but her concentration and grades improved. Dramatically in fact. Before the Ritalin she was a happy kid, basically up personality. Then she started to get depressed on the Ritalin, first time in her life. So, they treated this side-effect with antidepressants. Then she had other side effects, so they tried some other drugs. They all had side effects and she didn't like the way she felt when she was on them.

She finally told us that she didn't care about her grades, it was more important to her to feel good. She refused the medication. She remained a happy, up, outgoing kid, but her grades went back down.

A few months later we enrolled in Melaleuca. A few months after that someone told us that the supplements may help her ADD. So, we gave them a try. I started her on the Vitality Pak, two of each per day; Cell-Wise, two per day; and ProvexPlus, four per day.

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[September 2004](#)



Within a few weeks we noticed that she was doing her homework without our bugging her, she wasn't asking for so much help and seemed to understand the work better. She just wasn't so frustrated. It was as if a light went on inside her brain. Her grades went up significantly, A's and B's. No side effects whatsoever. When we started her on the supplements we explained that it wasn't "medicine", but essentially "vitamins" she would be taking, so we got no resistance from her in taking them. She now knows the difference and how much they help her, she makes sure she takes them. In the morning I hear her calling "Mom, get my supplements out, I am late".

We would be customers of Melaleuca if only for the supplements for her, but we have had other positive health results with other members of the family. In fact, when we are doing a presentation and someone questions the 35 base points, we laugh. We order over 300 base points every month for our family. We use almost everything in the catalog. We love the company, we love the business and most of all, we love the products.

Stu Sanders

This next testimonial is from a woman named Veda Kerr
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I have two small children, one with "Sensory Integration/Defensiveness," which is related to ADD. ADHD runs in my family. Therefore, I am always on the lookout for information about ADD/ADHD. A few years ago, I went to a seminar where Dr. Marcus Cobb and his colleague Joe Clementi spoke. They recommended the following:

They first strongly encouraged removing all toxic chemicals from the home and replacing them with safer alternatives, since the body and brain react negatively to these.

They recommended taking the following a mineral supplements called Vitality Pak and ProVex Plus. (These are products of Melaleuca)

In addition, take Cell-Wise (1/day) and Sustain. (These are also products of Melaleuca) If the person (or child) cannot swallow a pill, then put the Cell-Wise and ProVex Plus in a blender with the Sustain. There is something about the natural fructose in the Sustain that aids the neurotransmitters in the brain.

I then found some articles that support all this. Here are some highlights of what I found some time ago in the Healthy and Natural Journal (Aug. '98):

"The symptoms of ADD/ADHD are often triggered by environmental factors. Children who are having reactions to food and/or environmental allergens run the risk of being labeled ADD or ADHD. The solution may be as simple as changing the diet, improving the quality of indoor air, or discontinuing the use of biologically harmful substances. Behavior and thought processes can be altered by 'assaults' from exposure to chemicals and allergens. Eliminating hazardous cleaners and decorating products from your environment is the best way to fix this problem."

The article goes on to say that other causes of ADD/ADHD..."may be due to mineral, enzyme, neurotransmitter, and essential fatty acid or amino acid deficiencies passed on from one generation to the next, rather than a 'bad gene.' This is something that can be corrected nutritionally."

Minerals determine the body's ability to utilize amino acids. Amino acids, in turn, regulate neurotransmitter levels, especially serotonin. A neurotransmitter is the chemical language sent between cells in the human brain and has the responsibility for behavior and learning. People with ADD/ADHD lack sufficient supplies of neurotransmitters, especially serotonin. A deficiency of neurotransmitters has a dramatic effect on children's' or adults' ability to learn and function in an orderly manner."

Another article in the same issue (about school-age children and concentration problems) states that "for mental clarity, ginkgo takes a well-deserved first place. Ginkgo can help both short-term and long-term memory. It will help blood supply to the capillary beds in the brain. It will also aid both neural transmitters and receptor sites in the brain." These articles, along with other research, encouraged me to really give the above "concoction" a try.

Life has (thankfully) not been the same since. My daughter no longer overreacts to every spoken word or movement around her. Life is no longer a constant battle. If anyone wants more detail, you may e-mail me personally. Hope this helps.

Regards,
Veda Kerr
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Now for the last testimonial from a school teacher and mother:

I have taught first grade for 27 years. I've seen many children with attention problems. Good little boys and girls trapped in a body they can't control. Thanks to Melaleuca's ProVex Plus these children can find normality. I also feel that a good vitamin and mineral supplement

need to be part of their daily routine. Returning from Christmas break last year, I witnessed something I could not believe.

One of my little girls was a changed person. She knew words she didn't know before Christmas, she paid attention to discussions, asked questions, didn't rock in her chair, and would talk to me, not at me. A happy child. Her whole demeanor was different. I talked with her mom on Friday of that week. I found out she had been taking something from the health food store. It cost \$24.95 for 30 tablets. That was a two week supply. The main ingredients were Grape Seed and Ginkgo Biloba extract. I told the mother about ProVex Plus at \$19.95 for 60 capsules. A month's supply. She then switched to ProVex Plus and took two a day.

At progress report time 5 weeks later, she had caught up with the class in word recognition, and her total reading grade went from 77 to 91. Months later she started showing a slump. She was less attentive, had confused thinking, etc. I asked her if she was still taking the vitamins and she said, "No". The writing samples for May 1st and 6th, are samples during her slump. The writing sample for May 7th was after taking ProVex Plus that morning. Her day was lovely. She finished her work. She finished the reading sheets quickly and correctly. When I made a fuss over her good work, she crossed her arms, gave me a big smile, and said, "I took my vitamins this morning".

This year I have a boy who was retained in first grade last year in another school. They had requested Ritalin for his behavior and attention problems. He started this year out in the same manner. He could not control his actions. He stayed in trouble everywhere he went. He was aggressive on the playground. He would repeatedly do what you just asked him not to do, etc. His parents were very concerned, but didn't want to go with Ritalin.

So I told them about ProVex Plus. They started him on two a day. Two weeks later I witnessed another miracle. There was a total change in his work, attitude, actions, politeness, and disposition. A lot more smiles. It's been six weeks and still no problems. After the first week on good behavior, his own words could sum it up. He gave me a hug and said, "I've been good. I used to couldn't be good." The look on his face melted my heart.

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OR MELALEUCA PRODUCTS PLEASE EMAIL ME AT:
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Gabe Martinez

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