

Cindy Chew

Before I met Herbalife, I was 84.3kg and have high cholesterol and low energy. I tried many methods to lose weight, including taking slimming pills. As a result, I started to have insomnia and heart beating difficulties. After sharing about Herbalife's Cellular Nutrition, I started off with the healthy breakfast program. In total, I have lost 30kg in 5 and a 1/2 months and my health conditions and energy level has improved. I have now gained back my confidence and all thanks to Herbalife!

在我认识Herbalife之前，我的体重是84.3公斤，而且还有高胆固醇和缺乏活力的状况。我尝试过许多方法来减轻体重，包括服用减肥药。结果，我开始出现失眠和心跳方面的问题。在听说Herbalife的Cellular Nutrition后，我开始实施健康早餐计划。在5个半月的时间内，我总共减掉了30公斤，而且我的健康状况和精力水平都得到了改善。现在我重新找回了自信，这一切都要归功于Herbalife!

