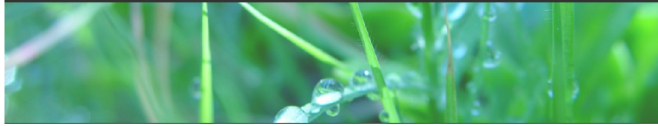


Slim Up Center

Slim Up Solution

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Bios Life SLIM

Posted on June 5, 2008 | [Leave a comment](#)

Key Benefits of Bios Life™ Slim:

1. Regulates the fat hormone – Leptin – to achieve fat loss
2. Increased Energy
3. Reduced Glycemic Index of foods you eat
4. Improved Cholesterol levels
5. Balanced Blood Sugar levels
6. Improved Lipid profiles
7. Regulated Bowel function
8. Great Tasting Mild Orange Flavor
9. Need to be Taken Only Twice a Day, Before Meals
10. 100% Natural and No Side Effects.

Why We Need Fibers

Fiber Reduces the Risk of:

1. Alzheimer's Disease
2. Cancer (especially Breast, Colo rectal and Prostate Cancer)
3. Cardiovascular Disease (Heart Attack, Stroke, High Blood Pressure etc)
4. Constipation
5. Diabetes (and other Kidney ailments)
6. Obesity.

Let's face it, there is insufficient fiber in an average American diet.

Ideally, you will need 25-30 grams of fiber every day.

Good Sources of Fiber:

- The best sources of fiber include beans, wholegrain cereals (barley, oats, rice), fruits, vegetables and nuts.
- Sources of insoluble fiber include: wheat, corn, rice, veggies and beans.
- Sources of soluble fiber include: citrus fruits, apples, mango, oats, dried apricots and beans (haricot, soybeans).

As it is not easy to eat sufficient vegetables, fruits, beans, nuts and grains to produce 25-30 grams of fiber daily, **Bios Life** or **Bios Life Slim** can help you ensure that you will have sufficient intake of **dietary fiber** for your daily needs.

[Find out the beneficial effects of soluble fiber in Bios Life here.](#)

What is Leptin?

Bios Life Slim™ is NOT another fad diet. It is a revolutionary way of managing your weight. It works by stabilizing the fat hormone "**leptin**." This hormone is responsible for controlling how much fat the body stores. By regulating *leptin*, we can effectively reduce fat storage and turn the body into a **FAT BURNING** machine!

Leptin Hormonal Imbalance causes the following Health Problems:

1. Eating more and more and not feeling full
2. Low Immunity to diseases
3. Spikes in Insulin Levels
4. Mood Swings (Depression/Anxiety)
5. Pain (Abdominal, Brain)
6. Reproductive Hormonal Dysfunction
7. Thyroid disease

How Long Will it Take

We want you to slim down—and stay slim. A "diet" is something you do to your body; [Bios Life Slim](#) is something you do with your body. You're gradually training your body to burn fat, not store it. It usually takes about three months for this process to become permanent. Most users of Bios Life Slim begin "feeling better" within days, and report that a reduction in size starts less than 30 days later.

Bios Life™ Slim Ingredients:

Biosphere Fiber™ (Guar Gum, Gum Arabic, Locust Bean Gum, Citrus Pectin, Oat Fiber, Citric Acid, Maltodextrin), Unicity 7X™ (Beta Glucan Extract, Maltodextrin, Orange Juice Flavor Blend), Bios Vitamin Complex™ (Calcium Carbonate, Maltodextrin, Ascorbic Acid, Chromium Yeast, Beta Carotene, Beta Glucan, d-alpha-tocopheryl acetate, Niacinamide, Zinc Glucanate, Pyridoxine Hydrochloride, Cyanocobalamin, Folic Acid, Thiamine Hydrochloride, Biotin, Riboflavin, Sodium Selenate, Chromium Polynicotinate), Orange Juice Powder, Sucralose, Citric Acid

© <http://www.bioslifeslim.com> – Bios Life Slim | Key Benefits

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