



Transform yourself with Herbalife.

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Type One Diabetes  
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I was blessed with type one Diabetic (Juvenile Diabetes) at the age of 14 (Thirteen years ago). Before Herbalif I experienced severe sugar cravings and my blood sugar levels were constantly fluctuating, particularly throughout the night. Even though I exercised 6 days/week and was exceptionally strict with what I ate, I struggled with my health. I suffered arthritic pains in my hand, dry skin, sinus, and chronic pins & needles and numbness in my limbs. Regularly I awoke at night and had to move about just to get the circulation and feeling back to my arms and legs. This became very distressing as I was aware that many diabetics become impotent at a very young age, and too many also lost limbs; I wasn't prepared to experience either of those!  
I then commenced a Herbalife Advanced program, plus Aloe Concentrate, and after a short 9 days I HALVED my insulin requirements! Three years before I found Herbalife I was injecting 89-100 units of insulin per day. Then, through working with various health fields, very strict diet and vigorous exercise, I managed to reduce my requirements to 55 units per day. That took 2 1/2 years of strict dedication. When I found Herbalife I halved my insulin dose again (to 23-27 units/day)... but this time it didn't take 2 1/2 years..... it took just 9 DAYS! This was, to us, not far short of a miracle.

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