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Shaklee MoodLift Complex

29 Jul 2013 | Mens Health · Mood, Stress, And Sleep · Women's Health
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Lost your Shaklee Distributor?

Place an order for [Shaklee's MoodLift Complex](#) here right now.

Or Call Allen for more info @ 1-909-519-9311

Who Needs This Product?

Helps with depression.

Anyone who would like help to lift their mood, helps support a positive mental outlook.

What Shaklee's MoodLift Complex Has Done For Others...



MoodLift Works- I've had great benefits from **MoodLift**.

It can take 4 to 6 weeks to work.

For me, after 3 1/2 weeks, it "kicked in." I suggest 4 per day.

If you get no results, try 6 and give it another two weeks.

Increase by 2 every two weeks until you're feeling better.

Once you get results, stay with that dose. Unlike most of our supplements, more is not better.

Serotonin is a neurotransmitter in the brain that controls a lot of things including your mood.

Shaklee's **MoodLift** contains St. John's Wort which is believed to act like a Selective Serotonin Reuptake Inhibitor (SSRI)

Drugs such as Prozac, Paxil and Zoloft are believed to work this way.

Serotonin is taken back into the cells (reuptake).

St. John's Wort is believed to slow the reuptake, thereby leaving more of it in the synapse (the space between the nerve cells) where it does its job.

Shaklee's MoodLift also contains inositol which was found to be low in the spinal fluid of depressed persons.

If you're on an antidepressant, consult your doctor regarding how to get off the drug and start **MoodLift**. Jeff Sanborn

Benefits of Shaklee's MoodLift Complex

This unique Shaklee combination contains St. John's wort, which research shows provides dietary support for a positive mental outlook after four to six weeks of use, and inositol, which complements the activity of St. John's wort by playing a role in the proper transmission of nerve signals.*

Shaklee's MoodLift Complex Ingredients:

- Contains 1,000 mg of inositol, found to be at lower levels in people with the "blues"
- 900 mg of standardized St. John's wort extract (including both hypericin and hyperforin)

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