

I started taking the Cholesterol *Regulation* Complex a couple of years ago when my Dr. wanted to put me on meds b/c my cholesterol kept creeping up. I reminded him that menopause (which I am going through) will cause chol. to increase. I also said no to the meds and started on the CRC. He was impressed by how fast my numbers improved w/o meds and wanted to check the next 6 months as well. That test didn't do as well b/c I think I was not being careful on my food intake. Anyway, Shaklee released the new Cholesterol Reduction Complex and I started on it right away. The first thing I noticed was within a few days all hot flashes (or as I called them "warm flushes") stopped. Any complication from menopause ceased to be. I was back to wearing sleeves and socks at night and not waking up many times b/c of being hot. My mood swings went away - just any little thing that I can contribute to menopause stopped when I started the new CRC!! I had been taking the Menopause Balance Complex for about 2 years at this point and even had to increase to 2 twice a day b/c the side effects of menopause were becoming increasingly difficult to live with. So you can imagine my surprise when just taking the new CRC it all balanced and I feel like normal!! (I went back to taking 1 Menopause Balance Complex 2x's a day.) It has been at least 8 months now. My cholesterol numbers improved also after started the new CRC. I am soooo grateful to Shaklee for making this product!!!

T M
D , LA



Team Villandry

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Cholesterol Reduction Complex: <http://ashleyvillandry.myshaklee.com/us/en/products.php?sku=21219>

Menopause Balance Complex: <http://ashleyvillandry.myshaklee.com/us/en/products.php?sku=20645>

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