

Dr. Peter Verdegem, Unicity Chief Science Officer

## **Bios Life D**

Studies show that diets rich in fiber and vital dietary nutrients help to guard against a variety of diseases such as some cancers, heart disease, and diabetes. However, most adult diets tend to be high in fat and low in fiber, vitamins, and minerals. The result over time can be weight gain, increased levels of cholesterol, increased blood sugar levels, and an increased risk of the diseases mentioned. Studies show that the average person consumes less than 11 grams of fiber daily while 25-30 grams is recommended daily. Bios Life D provides much needed dietary fiber, vitamins, and minerals.

### Reduced Health Risk and Increased Overall Health

Diets high in fruits, vegetables, and whole grains can reduce the risk of heart disease and cancer by helping regulate the risk factors such as elevated blood cholesterol levels and excess body weight. Bios Life D includes dietary fiber which, when part of a healthy diet. Can help lower cholesterol levels. Studies have shown that just 8 weeks of using Bios Life D helped reduce LDL cholesterol significantly when compared to the use of a placebo.

The increased fiber level also helps improve digestion. Improved digestion with regular elimination of toxins has been shown to help prevent diseases as well. One common disease which can be prevented by regular fiber intake is colon cancer.

\*Controls appetite due to fiber intake \*Reduces the risk of some cancers, including colon cancer \*Reduces blood cholesterol levels

\*Helps promote a healthy cardiovascular system

\*Promotes a healthy digestive system \*Helps to control weight

### Bios Life D Nutritional Information

1 Packet of Bios Life D Includes:

\*35mg of sodium

\*5g carbohydrates \*Fiber (18% daily value:

4 grams soluble 0.5 grams insoluble \*no sugars

0.5 grams insoluble no sugars
\*no protein
\*Vitmamins and Minerals:
Vitamin A (100% as Beta-Carotene) 20%

Vitamin C 100%

Nacini, Niacin, Riboflavin, Vitamin B-6, and Vitamin B-12 Folic Acid 30% Biotin 10% Selenium 6%

Calcium 10%

Vitamin E 100%

Zinc 6%

Ingredients: Guar Gum, Gum Arabic, Locust Bean Gum, Pectin, Oat Fiber, Calcium Carbonate, Natural Orange Flavor, Ascorbic Acid, Barley (source of Beta-Glucan), Stevia (natural sweetener), Niacinamide, dl-alpha-Tocopheryl Acetate, Natural Cream Flavor, Maltodextrin, Zinc Gluconate, Pyridoxine HCI, Riboflavin, Thiamin HCI, beta-Carotene, Folic Acid, Biotin, Sodium Selenite, Cyanocobalamin.

## Flavors:

\*Natural \*Original \*Tropical Fruit

About 10 minutes prior to the main meal of the day, dissolve one packet into 8 to 10 ounces of water, cold tea, or juice. Stir vigorously and drink right away. Drink more fluids afterward if needed.

After adjusting to the fiber, use as directed up to 3 times a day.

- \*Take medications at least one hour prior or four hours after Bios Life D to avoid interference with absorption.
  \*To avoid complications, be sure to drink plenty of fluids when taking Bios Life D

# BIOS LITE

What the Doctor's Say (For privacy reasons, many of the follow medical professionals have request that we not display their full names.)

"In June my cholesterol was measured at 280 and I weighed 202 pounds. In mid-August, at the same weight and not having been on any cholesterol restricting diet, I began taking Bios Life." Four weeks from the day I began, my cholesterol level was found to be 4147 (133 drop) and my weight had decreased to 188 pounds. My weight and cholesterol have since been maintained at these levels."

### Henry Wagner, M.D.

I had the pleasure of seeing Elizabeth on November 19th. She is a 7 year old female with Alagille's syndrome. Bios Lite<sup>®</sup> has been the only thing that really has reduced her cholesterol from a high of 1,800 at one point in time to now 230, which is certainly oping to give her a better prognosis. There is really no substitute at this point in time for this product. Daniel T. M. . M.D.

The barter I. m., m.D.

The bard certified in both internal medicine and cardiology and I had the privilege of practicing medicine full time at UCLA where I conceived, developed and ran the preventive health program for a period of about 10 years. During that time period I was very curious about using fiber in treating hypercholesterolemia and diesase in general. At that time, I was unable to do so because there was no commercially available product that I could use.

About one year ago I had my cholesterol checked. My triglycerides were 1,284. At that level it puts you at risk for hemorrhagic panceatitis and hemorrhagic panceatitis and death, and I really wasn't prepared to die about then. My cholesterol was 316 and my dad had heart disease prematurely so I knew I had to do something about it.

At that time I met a friend who At that time I met a frend who exposed me to Bios Life®, and I knew about the product right away because I had been studying for them...It was like a God send to me. I began taking the product and over a period of about four months my weight of about four months my weight dropped 35 pounds, my cholesterol went from 316 to 174 and my triglycerides from 1200 to less than 200. I'm sure, because of the Unicity product, I added decades on to my life. Dr. Franklin M., M. D.

Dr. Franklin M., M. D.

Bios Life<sup>®</sup> was introduced to me by a colleague who indicated it might benefit my husband who had a heart attack in 1987 at the age of 40. He was diagnosed with high cholesterol attack pint. He tried two different anti-cholesterol medications which were not successful in lowering his cholesterol. Four years ago he was also diagnosed with diabetes and is insulin dependent. Ten weeks ago he started on Blost. Bio. Since hat time he has had his cholesterol checked whose and lowered his cholesterol aimost 100 points. His hemoglobin has been the most stable in the four years since he has been diabetic and has better energy. We are sold on the product and the business.

Dr. Ann H, W. Dr. Ann H, W.

It was frightening to see my cholesterol increasing and I becam determined to lower these levels without going on the staff medications used in cholesterol lowering. I feared many side effect associated with these medications

I began using Bios Life®...after levels improved dramatically. I was truly amazed to see my LDL cholesterol decrease to 119 mg/dl, a drop of 25 points. I've never felt better. I would recommend BiosLife2 to anyone interested in lowering their serum cholesterol levels without worrying about potential side effects of prescription drugs.

Dr. Charles S., Colorado



Bios Life

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