



Autism journey

My Favorite Products

February 7, 2016

Hello, my name is Marylou Zambrano, and my daughter is autistic. This was, and still is, our journey with autism.

How should I start, except at the beginning. Celine was diagnosed with autism just before she turned three. Right after her 18-month shots, everything began...she lost whatever speech she had, and I could no longer call her by her name, as she didn't respond anymore. She was no longer in "our world".

So, began our journey with autism, which I had no idea what it was. She would just spend her time spinning whatever she could get a hold of, she was self-injurious, and there was absolutely no eye contact what-so-ever, and NO speech, along with other issues. My son, her older brother by two years, would always ask me, "when is she going to know she has a brother?" This was very tough on him, but he made himself her therapist. Everything that was in school was in our home. I taught my husband and son everything I learned from her teachers and therapists. Eventually, I home-schooled her from second grade, for a total of 15 years, alongside my son.

From the age of one to two, Celine was very sickly, and with constant ear infections. So, what did the doctors do? Give her antibiotics, of course. She basically lived on them for about a year straight. You see, my son was very healthy, and never sick. So, I trusted the doctors. Not knowing that these antibiotics were completely destroying her immune system. She had no healthy system to fight off any infection. Every time she would get sick, we ended up in the emergency. I was like a woman in labor...I always had a bag ready for a three-day stay in the hospital. Eventually, along with all the ear infections, and no healthy immune system, she also developed asthma. My baby was very skinny, with purple bags under her eyes.

I had gone to a seminar at FAU to hear doctor David Berger speak on autism. I immediately made an appointment with him. Throughout a year or two, he brought her back to a healthy child. We detoxed and completely changed her diet to a GF/CF diet (Gluten-free/Casein-free). Along with that, a lot of supplementation, as her gut was not healthy at all. You see, those antibiotics basically caused a LEAKY GUT, where there was no absorption of nutrients. She was taking up to 26 supplements a day, plus detoxing, and even getting interavenous supplementation. Eventually, we weaned her off of some the supplements, and basically kept the rest as maintenance. I learned so much about how very important diet and supplementation is.

Well, eventually, Dr. Berger moved up to North Florida, and I just couldn't afford to follow. So, I did my research, and searched for a company with a good reputation, and with the supplements that she needed to stay healthy. I found SHAKLEE. A company that has now been around for sixty+ years. WOW!

For the past thirteen years, I have had Celine on Shaklee supplement products. As she has gotten older, there are other hormonal issues that we are dealing with, and I am using other Shaklee products to help with that. She is now 21, and is doing amazingly well. She is now in a fabulous work program, and is working at the Boca Raton Resort, in the culinary kitchens, as she enjoys cooking. I attribute her health and progress largely to Dr. Berger and Shaklee products. Also, after seeing how well she has done, I now have my whole family on Shaklee, along with most of the other products for the home, skin and hair care. You see Shaklee is a GREEN company, and is completely environmentally friendly, too.

During the past few years I have helped family and friends with health by introducing them to Shaklee. I became a distributor because I have complete faith in these wonderful products, and know I can help you and your loved ones.

My Celine is a true testament.

Mary Lou Zambrano
 Ind. Shaklee Distributor
 561-543-1203
 marylourx@gmail.com
 www.mlzambrano.myshaklee.com

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