

Yvonne Tyrer

Alzheimer Disease Studies

Keep your Memory sharp with Stem Cell Nutrition AFA is the main ingredient in SE2

Dr. Gabriel Cousins, M.D. Orthomolecular Psychiatrist, Petaluma, California

The first scientific report published on AFA was by Gabriel Cousens, MD (1985), in the Journal of Orthmedicine on the treatment of Alzheimer's disease. Presently there is a common belief that there is no cure or even amelioration for the degenerative process called Alzheimer's Disease. Having personally experienced and witnessed in my patients the brain function enhancing qualities of a blue-green algae named aphanizomenon flos-aqua, I was interested when I read some reports of its effects on Alzheimers Disease. This algae is particularly high in active neurotransmitters and appeared to have positive therapeutic results in people whose general mental functioning seemed sluggish.

For my experiment I chose two individuals who had well documented

Alzheimer's Disease. They had obvious deficient mental functioning. Each

month, besides my notes, the mate of each of the patients was asked to fill out a questionnaire covering thought process, memory function, ability to Tools a question limite covering through process, memory unitable, sample, focus, judgment, perception, emotions, ability to care for oneself, and sleep function. Each section had several categories to be evaluated from 1 to 10 for a total of 28 questions. Each case has been followed for 12 months. The first case is a 66-year-old women with a seven-year history of Alzheimer's; the last five of which were thoroughly diagnosed in 1978 and followed at Stanford Medical Center. She had also been through oral choil and I.V. chelation therapy without any effect on her deteriorating state. On initial exam she revealed a significant aphasia. She seemed unable to express her thoughts in words; her long and short tern memory was significantly degenerated; she had great difficulty focusing on the present situation. In essence she seemed absent. She also had a severe Parkinson-like tremor, had much difficulty in walking a straight line and tilted

According to the report from her husband, she was completely unable to take care of herself or even dress herself. The husband seemed hopefully pessimistic. After one month of taking the blue green algae some decrease in the aphasia was clearly discernible. A glimmer of awareness seemed to have returned to her eyes. Some of the hand tremors had also decreased. She was also able to put on an apron and tie it - something she had not done for months. She also seemed to be able to express her feelings more. By two months, her communication improved and she was able to watch TV

By two months, her communication improved and she was able to watch TV and understand what was happening.

By six months, her husband and I both agreed on our subjective experience that her spirit, humor, and sense of awareness had significantly improved. She was now able to work intellectually with the environment. Her short term memory had improved. The aphasia had significantly improved over the past six months, but had seemed to level off in the last month. Her attention span had improved to the point that she could sit for several hours listening to music. Her judgment, reasoning ability, and clarify of thinking had significantly improved. There was no change in her long term memory. On the solutions that we have the was no change in her long term memory. On the physical level, she had moved from not being able to dress herself to being able to put her clothes on, although sometimes backwards. She was able to walk a straight line and stand almost straight.

At 12 months, some slight improvement in these areas was noted. Her

At 12 months, some slight improvement in these areas was noted. Her course at this point, after relatively rapid improvement in six months, seems to be a very gradual improving situation. The second case involved a 64-year-old lawyer from the Midwest who was diagnosed as having Alzheimer's in 1982 after a series of neurological and psychological tests. Before he had come for diagnosis his intellectual functioning and memory had significantly decreased. He could no longer perform his work, or remember what transpired beyond 15 minutes, and his 10 was measured at 92, significantly below that of the average lawyer. He was put on the same protocol of the blue-green algae as the first case.

After one month his wife noted a cessation of the degenerative process.

After 12 month, she has noted no further obvious degeneration, yet no significant return of lost function. The wife of the patient is quite pleased with the results and feels the basis of a solid husband-wife relationship has been

preserved.

Two thoroughly documented cases have been reported: one showing some significant return of function and the other showing cessation of progressive degeneration from Alzheimer's. These preliminary results suggest that degeneration from Alzheimer's. These preliminary results suggest that Alzheimer's may be a degenerative process that indeed may be halted and possibly at least partially reversed by the use of aphanizomenon Flos-Aqua. Much has been learned about the true value of this amazing food since in became available as a food source 20 years ago. There are more benefits being discovered every day as this algae is introduced to the medical and scientific societies. Dr. Gabriel Cousins, M.D., in his article in Body, find Spirit in April 1995 said, "The greatest value of A.F.A. is not only its dense nutrient concentration or even its high neuropeptide precursors, but in its amazing nositive effect on the energies system. People taking AFA have mazzing positive effect on the nervous system. People taking AFA have consistently reported an overall increase in mental alertness overall incre in mental stamina short and long term memory improved problem solving creativity dream recall greater sense of centeredness. Dr. Gabriel also reported that AFA has helped his patients with diseases

Depression, Autism, Hypoglycemia, Diabetes, Chronic, Fatigue Syndrome, Anemia, Ulcers, Hepatitis, Alzheimers, People with auto-immune system disorders (such as Lupus, CFS, connective tissue disease, AIDS, etc.), may find it adds a boost to their lives. Older people may find their mental aculty return as a result of eating Aphanizomenon Flos-Aquae. When applied to wounds, algae has been shown to promote more rapid healing.

Several case studies were presented where AFA appeared to noticably reverse the progression of this degenerative condition. Subsequently, Dr. Cousens has continued to advocate the use of AFA especially for condition related to mental and emotional functioning. Since that study, thousands of seniors have reported success using AFA on a daily basis.

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