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What's my Skin type?

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Best non drowsy allergy medications?

I have seasonal allergies- itchy watery eyes, stuffy nose, sneezing, scratchy throat. I've tried a few perscriptions like zyrtec and allegra, but they made me drowsy. The non perscriptions don't do anything for me. I'll be seeing the doctor in a few days, and I want to have something to suggest to him. I'd like to find out other's opinions. What have you all had luck with??

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Best Answer: Sorry, but I haven't found one that even works for me yet. I would talk with the dr. and go through all the ones you have tried and set up something so you can keep trying more without having to keep going in. I know for a while when I was trying different ones I would be able to call and say that one didn't work and then they'd just fax over the next perscription to the pharmacy. I ended up just giving up because I was tired of trying medicines that weren't working. I hope you find one that works for you. Good luck.

forever love · 6 years ago

0 0

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Zyrtec is definitely the most effective allergy medication by far, though it makes me extremely drowsy as well. You can take it before going to sleep, but if you are set on switching I would recommend the combination of claritin (a pill like zyrtec that is almost as effective and will not make you drowsy) and nasonex (a nasal spray that will also help fight allergies).

Kate · 6 years ago

0 0

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There is one fruit supplement, can't simply have any side effects that doctors could be afraid of, but I've read many testimonials of people who got rid of different allergies permanently after using this fruits extract for some time. And I think it's because of the whole body and immune system regulation that this supplement offers. It's called Flavon max. It may not work instantly, but effects are going to be permanent. You may find more info at http://flavon.org.uk

Edyta · 6 years ago

0 1

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