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Anti-aging medical research shows that 90% of human body diseases are associated with intestinal impurity. One day without defecating amounts to the toxins contained in three packs of cigarettes .

Intestinal aging is one of the most immediate problems of constipation. A large amount of waste blockages in the intestines prevent the body to run properly. Lack of nutrients in the intestinal tract will cause the color of skin to darken, spots, acne and bad breath.

Constipation for women is a sign of ageing. Constipation will increase in women with toxins inside their body, cause body metabolic disorders and endocrine disorders. The skin will appear with pigmentation, hair will become dry, and generate chloasma, whelk and acne, etc., also can cause mild blood poisoning symptoms, such as loss of appetite, depression, dizziness, fatigue and can lead to anemia and malnutrition. Often medication leads to the formation of haemorrhoids.

Constipation can make breast tissue cell dysplasia and increase the risk of breast cancer. In addition, the toxin accumulation caused by constipation, enter the blood and viscera of the surrounding, affects the blood circulation, resulting in a decline in metabolism, such a vicious circle.

Solution: USANA probiotic bacteria.

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