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Jeff Ritter

February 22, 2012 · 🌐

AdvoCare's Rehydrate (<https://www.advocare.com/01042679/Store/ItemDetail.aspx...>) recommended during pregnancy to "reduce the risk of pre-term labor".

Obesity and Pregnancy: focusing on healthy lifestyle and nutrition

Reblogged from SupplementalScience.com: By Dr. Judith Smith While we often hear obese individuals described as a "well nourished individual" to be kind, this description is not accurate. Th...

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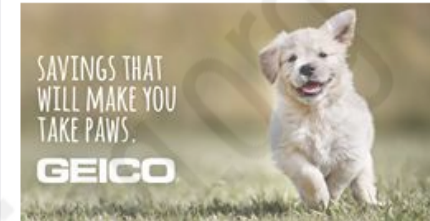
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