



Products

Kyäni Triangle of Health

Kyäni Sunrise

Kyäni Sunset

Kyäni Nitro

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KYÄNI SUNRISE



A COMPLETE NUTRITIONAL SPECTRUM

For thousands of years, NATURE has refined a wide spectrum of rich colored, vitalizing nutrients. These vibrant pigments have adapted to protect these plants against stress and harsh environmental conditions. Featuring the Wild Alaskan Blueberry (The King of Fruits), Kyäni Sunrise is the first blend of vitamins and Superfoods to successfully balance the entire spectrum of these life-giving nutrients.



Wild Alaskan Blueberry
The King of Fruits



Acai Berry
Potent
Amazonian
Antioxidant



Grape Seed/Skin
Antioxidant With
High Procyanins



Maqui berry
Potent
Anthocyanin
Antioxidant



Aronia
Antioxidant
Used In Chinese
Medicine



Mangosteen
Potent Amazonian
Potent Xanthoid
And Antioxidant

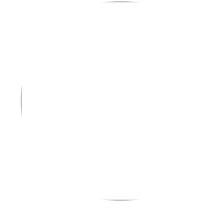


Cranberry
Supports
Healthy
Digestion

Content



Pomegranate
Powerful
Antioxidant



Red Raspberry
Anti-Inflammatory
Properties



Wolfberry
Supports
Circulatory
Health



Ginseng
Provides
Energy and
Stamina



Ashwagandha
Vitality &
Virility



Amla
Potent Source
of Vitamin C



Aloe Vera
Immune



Kale
High in

Supporting
Polysaccharides

Iron &
Antioxidants



Broccoli
Antioxidant &
Minerals



Spinach
Dense in
Vitamins
And Nutrients

WELLNESS SIMPLIFIED

Combining the world's most powerful Superfruits, essential vitamins and minerals, Kyäni offers you wellness, simplified. Just look at the vast quantity of foods you would need to consume to equal just one serving of Kyäni Sunrise!



8 apples
Vitamin C



80 oz. of sardines
Vitamin B12



80 oz. of green tea
L-theanine



96 cups of kidney beans
Thiamin (Vitamin B1)



14 cups of Swiss chard
Biotin USP



1 cup of beets
Inositol



7 cups of green peas
Riboflavin (Vitamin B2)



173 cups of winter squash
Pantothenic Acid USP
(Vitamin B5)



100 mushrooms
Zinc



46 cups of kale
Niacin (Vitamin B3)



8 oz. soymilk



61 cups of avocados

Choline (Choline Bitartrate
USP)

Vitamin B6



1 cup of bran flakes
Para Amniobenzoic Acid



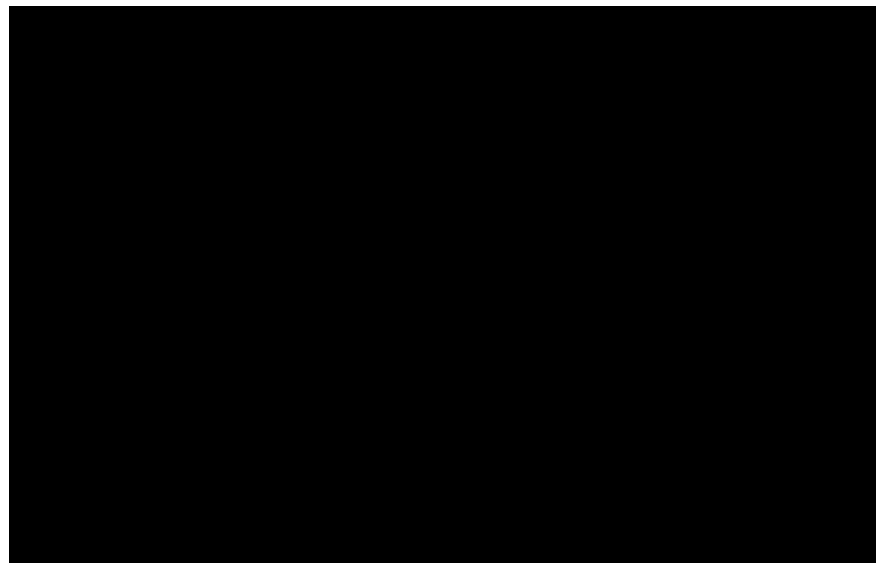
23 cups of carrots
Folate (Folic Acid)



8 oz. of Alaskan salmon
Taurine



Plus...
An additional 50 mg of
trace minerals



New Sunrise from [Kyani Video](#) on [Vimeo](#)



BENEFITS TO TAKE KYÄNI SUNRISE

- Helps Boost Energy
- Supports Cognitive Function
- Increases Cellular Support
- Enables Effective Stress Management
- Supports Immune System
- Encourages Healthy Digestion
- Maintains Heart Health
- Normalizes Blood Sugar Level
- Promotes Joint Flexibility

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

*“Kyäni Sunrise™ is a very **puuäpuu**.*

It has high ORAC values that defend

against free radicals ~~and~~ multiplicity of vitamins important for overall health. Consuming Kyäni Sunrise™ every day has profound effects that improve your life.” -Dr. Burke, PhD

INGREDIENTS

Kyäni Sunrise™ contains many health-promoting vitamins and trace minerals including:

VITAMIN B-1 (THIAMINE)

Encourages the body to detoxify
Maintains a healthy heart
Promotes a healthy nervous system
Converts proteins, carbohydrates, and fats into energy
Kyäni Sunrise™ contains 27 mg of Vitamin B-1 per 1 oz. serving.

VITAMIN B-2 (RIBOFLAVIN)

Provides energy to cells in the body
Maintains normal hormone levels
Encourages the production of healthy blood cells
Promotes neurotransmitter function
Maintains healthy eyes and skin
Kyäni Sunrise™ contains 1.7 mg of Vitamin B-2 per 1 oz. serving.

VITAMIN B-3 (NIACIN)

Essential for a healthy nervous system
Maintains proper digestive function
Helps hormone production
Helps convert proteins, carbohydrates, and fats into energy
Encourages the production of healthy blood cells
Kyäni Sunrise™ contains 30 mg of Vitamin B-3 per 1 oz. serving.

VITAMIN B-5 (PANTOTHENIC ACID)

Supports normal growth and development
Helps with stress (called the anti-stress vitamin)
Helps convert proteins, carbohydrates, and fats into energy
Assists in wound healing
Plays a role in the production of bile, vitamin D, red blood cells, adrenal gland hormones, and neurotransmitters.
Kyäni Sunrise™ contains 125 mg of Vitamin B-5 per 1 oz. serving.

VITAMIN B-6 (PYRIDOXINE)

Supports a healthy heart and circulation
Promotes proper nerve function
Encourages a healthy immune system
Maintains muscle function
Helps convert proteins, carbohydrates, and fats into energy
Plays a role in the production of hormones, red blood cells, enzymes, brain function, and skin health
Kyäni Sunrise™ contains 25 mg of Vitamin B-6 per 1 oz. serving.

VITAMIN B-12 (CYANCOBLAMIN)

Essential to the production of red blood cells
Assists in the creation of DNA material
Supports a healthy nervous system
Helps convert proteins, carbohydrates, and fats into energy
Furthermore, a new study published in the journal, Neurology, shows that deficiencies in Vitamin B-12 are associated with memory and thinking problems, as well as brain shrinkage that may contribute to cognitive problems.

Kyäni Sunrise™ contains 200 mcg of Vitamin B-12 per 1 oz. serving.

VITAMIN C (ASCORBIC ACID)

Prevents free radical damage
Vital for a healthy immune system
Essential to the production of collagen (necessary for tissue repair)
Promotes healthy gums, skin, and vision
Helps synthesize hormones
Kyäni Sunrise™ contains 60 mg of Vitamin C per 1 oz. serving.

VITAMIN B-9 (FOLIC ACID)

Helps in the production of genetic material (DNA and RNA)
Vital to healthy cell division and replication

Promotes proper fetus development
Encourages a healthy gastrointestinal tract
Supports the immune system
Maintains healthy gums, red blood cells, and skin
Kyäni Sunrise™ contains 400 mcg of Vitamin B-9 per 1 oz. serving.

BIOTIN

Promotes energy metabolism
Maintains healthy hair, skin, and nails
Essential for the growth and development of children
Helps convert proteins, carbohydrates, and fats into energy
Kyäni Sunrise™ contains 150 mcg of Biotin per 1 oz. serving.

PABA (PARA AMINO BENZOIC ACID)

Increases the effectiveness of Vitamin B and C
Protects the skin
Promotes the metabolism of proteins
Kyäni Sunrise™ contains 25 mg of PABA per 1 oz. serving.

TAURINE

Promotes a healthy heart
Supports proper vision
Normalizes blood pressure and cholesterol levels
Helps detoxify the body
Decreases lactic acid to reduce fatigue
Kyäni Sunrise™ contains 1,000 mg of Taurine per 1 oz. serving.

L-THEANINE

Promotes relaxation response to decrease stress
Enhances alpha waves in the brain
Serves as a powerful antioxidant
Improves immune function
Supports blood flow
Kyäni Sunrise™ contains 100 mg of L-Theanine per 1 oz. serving.

INOSITOL

Essential for DNA production
Supports nerve transmission
Vital to the growth and reproduction of cells
Promotes healthy pregnancy
Helps metabolize fat
Kyäni Sunrise™ contains 25 mg of Inositol per 1 oz. serving.

TRACE MINERALS

Promotes healthy red blood cells

Regulates insulin production

Essential for stabilizing cells

Maintains proper pH levels

Helps produce new proteins and energy for the body

Required by every organ in the body

Kyäni Sunrise™ contains 50 mg of Trace Minerals per 1 oz. serving.

LABEL

[US Sunrise Label PDF](#)

SCIENCE

The Kyäni Sunrise™ white paper is an informative essay written by our Scientific Advisory Board. It contains valuable in-depth research about the health benefits and ingredients of Kyäni Sunrise™.

[White paper: Kyäni Sunrise™](#)

[White paper: Kyäni Sunrise™ -Vitamins](#)

STUDIES ON BLUEBERRIES

Researchers have found that blueberries contain many health-promoting properties including high levels of antioxidants. A study conducted by the US Department of Agriculture determined that blueberries have the highest total antioxidant capacity per serving when compared to 24 varieties of fresh fruits, 23 vegetables, 16 herbs and spices, 10 different nuts, and 4 dried fruits.

Due to the harsh growing conditions of Alaska, Wild Alaskan Blueberries have even higher nutritional values than common blueberries. In fact, studies have shown that Wild Alaskan Blueberries have at least ten times higher antioxidant levels than the common blueberry.

COGNITIVE HEALTH

*“When it comes to brain protection, there
nothing quite like blueberries. Call the
blueberry the brain berry.”*

-Dr. James Joseph, Ph D,

*Lead scientist in the Laboratory of
Neuroscience at the USDA Nutrition
Research Center On Aging at Tufts
University*

Dr. James Joseph’s landmark animal studies on blueberries demonstrated that daily consumption of modest amounts of blueberries dramatically slows impairments in memory and motor coordination that normally accompanies aging. Research published in the journal *Neurobiology of Aging* showed nutritional antioxidants found in blueberries can reverse age-related declines in neuronal, cognitive, and motor deficits. Researchers speculated that blueberry supplementation may also help slow declines in brain function that accompany diseases such as amyotrophic lateral sclerosis (ALS), Alzheimer’s disease, and Parkinson’s disease.

Another study published in the journal *Nutritional Neuroscience* found that a blueberry-supplemented diet greatly enhanced the spatial memory of laboratory animals. When later studied *in vitro*, the animals’ brains demonstrated structural changes associated with an improved capacity for learning.

REDUCTION IN BELLY FAT

A study by the University of Michigan Cardiovascular Center suggested that eating blueberries could help get rid of belly fat. The research shows the potential of blueberries reducing risk factors for cardiovascular disease and metabolic syndrome. The effect is thought to be due to the high level of phytochemicals (naturally occurring antioxidants) that blueberries contain.

Steven Bolling, M.D., a U-M heart surgeon and head of the Cardioprotection Laboratory, says:

“The benefit of eating fruit and vegetables have been well-researched, but our findings in regard to blueberries show the naturally occurring chemicals they contain, such as anthocyanins, show promise in mitigating these heart conditions.”

BENEFIT FOR ATHLETES

According to findings published in Molecular Nutrition and Food Research, blueberries--which contain polyphenols--may counter the detrimental effect of oxidative stress caused by excessive exercise of athletes and can prevent chronic degenerative conditions that are common among athletes due to the free radicals produced during excessive exercise. Blueberries, being nature’s most potent antioxidant, are extremely beneficial for these athletes.

HEART HEALTH

A study published in the Journal of Medical Foods shows that blueberries may help in preventing heart disease and strokes. Another study published in the Journal of Agriculture and Food Chemistry showed that blueberries lowered cholesterol levels, which helps to lower the risk of heart disease.

STUDIES ON BLUEBERRIES:

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Lau, et al., "The beneficial effects of fruit polyphenols on brain aging." Jean Mayer USDA Human Nutrition Research Center on Aging at Tufts University. *Neurobiology of Aging.* 26S (2005) S128–S132.

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