

beneficial in dysentery and diarrhea specifically to control acute bacillary

Hair Tonic: Amalaki is widely used in many hair tonics as it enriches hair pigmentation and hair growth. It strengthens hair roots and maintains hair color. Intake of fresh Amalaki fruit or applying its paste enhances hair

Prevent Ageing: The anti-oxidant properties of Amalaki help delay ageing

dysentery. It provides relief from burning sensation in the abdomen

(hyperchlorhydria).

growth, color and luster

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and give more vigor in old age.

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