

Nutritional Deficiency Diseases

Dr Wallach has categorized 80% of diseases into 4 categories...

"99% of American People are deficient in minerals, and a marked deficiency in any one of the more important minerals actually results in disease."

U.S Senate Document #264

DISEASES				CATEGORY
ADD/ADHD Adrenal Failure Anxiety Bed Wetting Bipolar Disorder Cardiovascular Disease	Depression Diabetes Elevated Cholesterol & Tryglicerides Fainting Spells Fatigue	Hyperactivity Hypoglycemia Infertility Learning Disabilities Migraine Headaches Moodiness	Narcolepsy Night Sweats Obesity Peripheral Neuropathy	Blood Sugar Imbalances (Chromium & Vanadium)
Ankylosing Spondylitis Arthritis Back Pain Bell's Palsy Bone Spurs Bone Fractures Brittle Nails Calcium Deposits Cartilage Damage Cognitive Impairment	Depression Dowagers Hump Elevated Blood Calcium High/Low Blood Pressure Hyperparathyroidism Insomnia Irritability Joint Pain Kidney Stones Ligament Damage	Muscle Cramps/- Nervousness Spasms/Twitches Osteofibrosis Osteoporosis Panic Attacks PMS Prolonged Clotting Time Receding Gums Restless Legs	Retarded Growth Sciatica Spinal Stenosis Tetany Tinnitus Tooth Decay Trigeminal Neuralgia Vertigo	
Allergies Athletes Foot Belching Bloating Gas Burping Celiac Constipation	Crohn's Disease Dermatitis Diarrhea Diverticulitis Food Sensitivity Heartburn Hiatal Hernia	Indigestion Irritable Bowel Jock Itch Leaky Gut Reflex Stomach/Intestinal Pain Thrush	Ulcerative Colitis Yeast Infections	Digestive Disorders (HCL, Enzymes, & Flora)
Acne ALS Alopecia Alzheimers Asthma Blood Clots Brittle Hair	Cardiovascular Disease Cracked Heels Dementia Dermatitis Extended Menopause Eczema Fibromyalgia	Fried Food Cravings Gallstones Growth Retardation Infertility Low Libido Low Sperm Count Miscarriage	Multiple Sclerosis Muscular Dystrophy PMS Psoriasis Kidney Dysfunction Split Cuticles/Heals	Essential Fats & Cholesterol Deficiencies (Omega 3, 6, 9 & Selenium)

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