

## Asthma



- I am asthmatic patient for more than 30 years. I have to use salbutamol puffs 3-4 times daily and on nebulizer weekly. I was taking Neulin daily. I have tried many supplements for years but nothing helped me.
- I also faced breathing problems and difficulties to sleep. I had to skip many of my overseas trips due to my asthma problems.
- I started to 2 TF adv and 30ml Riovida 3 times daily. Within few days I felt better and gradually reduced my puffs.
- Within 2 months, I am free from nebulizer , inhaler and medication.
- I am free from asthma and more energetic, breath and sleep well.

**Kaasi, 69, Insurance**