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GENERAL

A few years ago I was having a lot of pain in my left side, it felt like it was where my ovary was located, so I made an appt to see my GYN, to get a check up, I went & at the appt he said I needed to get a Laprascope, so we did the surgery, and he found cysts on my ovaries, adhesions, pretty much my reproductive system was a mess, so Dr suggested I have a hysterectomy. I really didn't want to go thru a major surgery as my first choice so, put the surgery off at that time, I found out about a product called transfer factor plus, read other testimonies , and said what do I have to lose , so I started the Transfer factor plus one 2 times a day for about a month, then one a day as a maintenance dose, I felt no more pain in my left side , and had more energy than before , actually felt GREAT ! I am so thankful for the transfer factor plus. Thanks to all the DR"S who put their time into research, so people & pets can have optimal health. Sincerely Donna Francesco *Feel free to call me 206-426-2241*

HAIR LOSS - BALDING - Alopecia - Current evidence suggests that alopecia areata is caused by an abnormality in the immune system. This particular abnormality leads to autoimmunity. As a result, the immune system attacks particular tissues of the body. In alopecia areata, for unknown reasons, the body's own immune system attacks the hair follicles and disrupts normal hair formation. Biopsies of affected skin show immune cells inside of the hair follicles where they are not normally present. What causes this is unknown. Alopecia areata is sometimes associated with other autoimmune conditions such as allergic disorders, thyroid disease, vitiligo, lupus, rheumatoid arthritis, and ulcerative colitis. Sometimes, alopecia areata occurs within family members, suggesting a role of genes and heredity.

http://www.medicinenet.com/alopecia_areata/article.htm -

http://www.americanhairloss.org/types_of_hair_loss/alopecia_areata.asp

1. "I am 52 years old. I have suffered from a bad, bad cold every year for more than a dozen years. I start taking transfer factors two years ago and haven't experienced a bad cold since then. I will feel like I have a germ in my by it never goes anywhere like it used to." Ron McConnell

2. "My wife and I are true believers in transfer factors. This last winter was the first winter in our lives that we went through a long Minnesota winter without even a sniffle or a sore throat--the first winter we have been "on transfer factors." Ron Vought

3. "I had ignored a cold for over 2 months and it was getting worse and worse. I was totally exhausted and for me, that is not a normal way of life. I was introduced to transfer factors. Within 3 days, I felt like a new

woman. I was up and moving again. I have loved it. I would recommend it to anyone." Billie T.

4. "Since I have been on transfer factors I have been astounded at the improvement in my health. I still get a minor cold but nothing like I did. I used to get the mother of all colds, bronchitis, step throats. Not for more than ONE YEAR NOW! My live in boy friend (who is actually the company contact) ordered ReZoom a few weeks ago. WOW! What energy. I feel refreshed." Susan

5. "I am so thankful for transfer factors. My little boy has suffered from a fever from unknown origins for several years. He was given ever known medical test and the cause could not be found. He would get colds that would last for weeks or even months. I put him on transfer factors for two days and the fever left. The only time he has had a fever since then was when we ran out of transfer factors. He does not stay sick for long periods with a cold any more. He will get a cold once and a while but in a couple days it is gone. This product has changed our lives in a very special way." Kevin Donaldson

6. "Since my son, Elijah, was born he has suffered from severe ear infections. He was constantly put on antibiotics and had tubes put in his ears. He is now four years old. He has been on transfer factors. He has not experienced an infection." January Jackson

7. "Last Wednesday I started to get another ear infection in my left ear. I get these stupid things about 4 or 5 times a year and they usually send me to the nearest clinic or emergency room about midnight. It seems to always happen at night and/or on a weekend. By 11P.M. the pain was going down my neck. Not good. When that happens I know I'm really "in for it" and am headed to the clinic - fast. It usually takes 2 to 3 days for the antibiotics they give me to get rid of it when it gets to this stage. I decided to "test" my new enhanced transfer factors with me as the guinea pig. I took 4 about 11Pm, got up at 3AM and took 4 more, got up at 7AM and took 4 more, got up at 10:30AM and took 4 more. Now that's probably way too much but I was hurting and didn't want to mess around. The pain began to subside, instead of increasing, by the time I got up at 7AM. It was much better by around 2PM Thursday afternoon." Jim Clary

8. "While traveling in Detroit, three co-workers and I ate contaminated food. The three men became seriously ill for two days, while I only experienced a mild stomachache. I was on transfer factors." J. Stover.

9. "I was sick for many years, and I know herbs helped me to get back to life. However, my immune system was still down, and I had a severe infection in my gums that I could never get rid of. I heard two people talking about transfer factors. It interested me, but I didn't think any more about it until one of them called and we were talking about it. Then another called me, and that's when I really got interested. I listened to the 800-number, then I called her back and said I wanted to get transfer factors for myself. When my product came in I took five that afternoon, then I took two more that night before I went to bed. Well, the next day I took five and two, but I had already begun to feel better. The third day my gum infection was gone." Carmen Prevatte

10. "My partner Barbara and I have worked for 4 years with herbs & vitamins to restore my health. Transfer factors have done that in less than 3 months! Over the past 4 years, I have experienced chronic bronchitis, sinus infections, and other conditions. I take every herb or vitamin I can get a hold of to build up my immune system. In the last 6 months, I have been on antibiotics 4-6 times with sinus infections. I started taking 6-9 transfer factors a day. Within 3 days I started breathing better than I had for 4 years. Transfer factors are the only thing that has been able to bring my energy level back up to where it used to be." Julie C.

11. "For over 30 years I have suffered from chronic sinus infections, ear infections and allergies. The doctors gave me everything and I have taken every over the counter product, nothing helped. These few months were so bad that my jaw hurt. About two years ago I developed arthritis in both pinkies and the joints swelled. There was also fluid coming out of one of the joints causing a permanent blister and it was painful. The doctors said all they could do was operate and maybe it would help. I said " no thank you, I wasn't going to have my fingers sliced on a maybe. I like my fingers" Two weeks ago I started on the Transfer Factor, Transfer Factor Plus and Transfer Factor Cardio. I was amazed to see that after only such a short time the pain in my ears is gone, my sinus infections are gone and my are allergies gone. No more waking up

coughing and with severe pain in my head and nose. That's not all, the joints in my fingers are almost back to normal size, no more pain and the fluid is no longer coming out, in fact it is drying up. I have taken many other products in the past but I have never seen anything as powerful as these. Thank you Mike and Thank you 4 life for bringing them to me. Thank GOD my wife is healthy and I have started her on all the products to keep her that way. The world must know about these products. I believe they will save lives and help so many suffering people, My mission is to tell everyone. Thank you again!" Ed Bernstein

12. "I was not breast-fed, so I didn't receive a lot of the transfer factors that I needed. Consequently, I've gone through a lifetime of colds, ear infections, sore throats, and sinusitis. I've been treated with antibiotics my entire life. About two months ago, I came down with sinusitis and the doctor put me on antibiotics. But they weren't working, so they gave me cortisone steroid shots. My sister sent me some transfer factors. For the first time in my life, I was able to recover from sinusitis without antibiotics. I'm sold and I am very thankful." Jill A.

13. "I began taking three transfer factors a day after receiving a post card with the NK cell study on it. I was constantly fighting sniffles or coughs and I have not had these since using transfer factors." C.C.

14. "My 5 year old was always sick and we had tried everything. We started transfer factors and immediately noticed results! It has been a year and he is doing wonderful! He has only been sick 2 times where he needed a prescription, this is a miracle for us! Though he does still have developmental problems, he has made tremendous progress in learning and understanding. I know that if he was not taking transfer factors he would not be doing so well. This has really changed our lives! I have had terrible allergies all my life, I am allergic to many foods, plants and smells. But I have not had ANY reactions since I started on transfer factors. If I do feel like I am going to react to something, I just add a few more to my daily intake. So you can really see that without these products my life would be so much worse!" Kristy Griewahn

15. "I have a small health food store and transfer factors have been the greatest product that I have come across in ten years. I've never had anything that's given me the constant feedback that transfer factors have for allergies, asthma, chronic sinus infections, colds and flues--just on and on. I'm just so grateful to have come upon this and I thank my up line." Diana H.

16. "My husband, a medical doctor, was cautious about endorsing transfer factors until he had a sore throat and transfer factors helped him get over it in a day." Lisa K.

17. "I have suffered from deep aches in my muscles and bones. Sometimes my legs would go numb. I suffered from deep pain in my joints. I ordered Fibro AMJ and Prime Choice. Now I am 90% free of pain. I feel like a new person. I have more energy than I have had for so many years it is hard to remember." Marsha Miles

18. "When I first joined this company, I was really eager to try transfer factors because my 9-year-old grandson had lung congestion for months and decongestant pills and cough medicines were simply ineffective. I gave him two capsules of transfer factors. When I got home, my daughter called to report that there had been no coughing since we'd given him transfer factors. The next morning, the cough that he had had the last several weeks was gone. I have had lifetime attacks of bronchitis and laryngitis and neither desensitization or strong medications ever helped. the other day, I had to mow the lawn before more rain so I fortified myself with transfer factors and went out into that pollution, expecting to mow only 1/4 of an acre and then quit because I'd be in trouble. I was having such a good time and no problems at all that I did the entire year and was looking around at the neighbors' yards to see if they'd mind if I did theirs. I'm feeling good with no coughing at all since the transfer factors. This is the very first product I have ever taken which has demonstrated immediate improvement. After a lifetime of sluggishness my immune system must be shocked and delighted, and so am I." Marilyn K.

19. "I am so thankful for enhanced transfer factors. I have suffered from sinus infections and bronchitis for at least a dozen years. I have been on antibiotics and taken every nutrient I could find. I received a postcard in the mail and read a Naomi's testimony. I couldn't wait to try this product. After I received my product it

wasn't more than a couple weeks before I was feeling better. Now for a couple months, I have felt better than I had in many years." Marsha Miles

20. "I put my son, who is twelve, on transfer factors and Fibro AMJ. In the past he has been on numerous, numerous medications for attention deficit disorder (ADD) None of them were really successful in helping him. He was constantly up during the night. He's been on these for about three months now, and this kid is a hundred percent different. He does so well in school he doesn't have the agitation, and isn't up as many times during the night. I wouldn't trade this stuff for anything in the world now." Denice J.

21. "I'm very, very excited about transfer factors. My family has been using it every day for over two months and I can tell you we feel a difference in our immune system. My son who's only two years old gets colds which usually go right to his ears. Since I began giving him transfer factors over two months ago, he hasn't had an earache!" Terri Webb

22. "I cannot tell you how thankful I am for 4Life's BioGenistein Plus and FemRite. I have suffered for years with major PMS challenges and with fibrocystics. Since I have used the company products I have experienced what I call a miracle. I have tried other products with limited results." Bettina

23. "For years I have suffered from an imbalance in hormones. Emotionally, I was on a roller coaster. I am 49 years old and have been on Premarin. I have had fibrocystic cysts removed from my breast. I love 4Life's FemRite. Since I have been on this wonderful product, my emotions have leveled off. Lumps have stopped forming and my monthly cycle has normalized." Donna B.

24. "Ladies if you have problems around your monthly cycle you have to try the company's BioGenistein and FemRite. I have the mother of all PMS cycles. I have cramps like you cannot believe and very heavy flow. My mood swings are like out of orbit. I started taking BioGenistein a year ago and it really makes a major difference in all of my symptoms. It is like night and day. I cannot do without it. Occasionally I miss and "bam" it hits me like a Mack truck. BioGenistein brought me 90% relief. My emotions still seem to be more than they should of. I added FemRite and my emotions lined up with what is normal for me. Several ladies in my office at work have experienced similar results. I suggest that your ladies get some now. Your husbands and kids will love you for it." Pat

25. "After using the FemRite creme for two cycles, amazement is the only word that comes to mind. I have fibrocystic breasts and for the first time, the cysts are shrinking. In addition, the typical symptoms I would experience every month like bloating, weight gain, mood swings, tender breasts, etc., virtually disappeared. Every woman should be using FemRite. I've tried other cremes and this one is by far the most effective." Rita E.

26. "After the birth of my first child, I started having PMS. Over the years, the symptoms became worse and worse until I was experiencing three weeks of PMS every month. I tried another wild yam creme, which was able to get rid of most of my symptoms. Then, I started on the FemRite creme and I could tell the difference right away. I will not go to bed or get up in the morning without it." Debra H.

27. "Using the Fiber System Plus I was able to pass my 6inch tape worm. My daughter also used it and was able to pass her tape worm wich was about the same size. " Delilah Williams

28. "My wife died and I found myself having to take care of two children. I knew I had to be healthier. My sponsors suggested Fibre System Plus. I was placed on the Fibre System Plus and found, after completely following the directions, I had lost inches and weight. My energy level increased. I felt better. I was hooked. I believe in 4Life." K. M. - Maryland

29. "Just before Christmas I had run out of all my usual nutritional supplements and was wearing myself out with holiday preparations. I eventually came down with a sore throat and chest cold that led into a bronchial infection with colored mucous. My chest really hurt and I was coughing stuff up a lot. I was about ready to get some antibiotics or something, when a bright yellow postcard appeared in the mail. I saw the words

"transfer factors" on it. I had heard of transfer factors before but had no idea what they were. I was curious, so I called the hotline and listened and then ordered free information. I ordered transfer factors immediately upon reading the information that was sent to me. Within 24 hours I was feeling 90% better and in 48 hours you would have never known I had been ill. My son was starting to cough and his nose was running so I began him on the transfer factors. He never did get sick, despite the holiday indulgences and lack of sleep. When my dad arrived for the holidays he informed me his ulcer had been bothering him for quite some time and he wasn't feeling all that great. I gave him a couple of transfer factors 3 different times and by the second day he said to me, "I haven't felt this good in months! What is this stuff?" My husband has had an enlarged prostate for around 5 years. He has had frequent and painful urination with urgency. His PSA has stayed normal, but we are nevertheless concerned. After all the holiday treats and lack of sleep, his prostate condition worsened more than ever. He was in great pain and would spend 20 minutes urinating. He began taking transfer factors and within 24 hours was getting some slight relief from the symptoms, and he knew he was going in the right direction. With each passing day he has improved tremendously and now after 2 weeks, he feels like a new man. Urination is painless, steady and he sleeps through the night. He hasn't felt this good in 5 years. We are hoping for a complete normalization of this 5 year condition." Debra Jenkins

30. "I have used natural products for 8 years on my son with ADHD. I have had great success with transfer factors, Choice 50, and Digestive Enzymes with probiotics. My son went from being the worst behaved child to the best behaved in school. And he is doing very well, making the honor roll in school." Sandi Woge

31. "Transfer factor has helped my ADD; I was born kind of a spaced out kid and I kind of spaced it through school, always getting in trouble, and it's helped with my concentration." Suzzane W.

32. "In my family I have seen results from the transfer factors, for both an aunt with Hepatitis and my son with ADD." Julianne H.

33. "My husband Nelson was diagnosed with diabetes in January of this year. When Nelson went to the doctor his blood sugar count was 450 within 3 months we had it back down to 110. The doctors office even called our house in astonishment about how quickly things had gotten back to normal. Especially since in monitoring Nelson every week the doctor was concerned that the medication he had given Nelson was not working properly. That is when we added transfer factors. Within 3 days Nelsons levels started to drop. Also with diabetes comes certain skin diseases, one of which is psoriasis. Nelson has had it very severely on his head, that he was embarrassed when he was out due to flakes or getting his hair cut because it looked so awful. It would itch so badly that in his sleep he would scratch his head to the point of bleeding. Then 4-Life came out with TF Spray with colloidal silver. We started spraying that on his head every night. Not only has the severe itching gone away but his head is clearing up and the psoriasis is going away. We are both very grateful to this company for the products they have come out with that help us have a much better quality of life." Mickey B

34. "My father, who has Type 2 diabetes, on insulin has been on TF+ for 30 days now. His blood sugar levels have dropped to the point that he has (for the second day now) eliminated his insulin shots and his blood sugar levels have remained consistent (about 150 or so) Hooray! He is so excited! My mother in law, who is Type 2 also, but not on insulin experienced a rapid decrease in her blood sugar levels after 1 day on TF+. After 4 days she was down as low as 99. She ran out of TF+, and went without for 5 days, and her sugar levels went back up to low 200's. She is also very excited at the results! 2 down and 4 more Diabetics (in the family) to go!" Mellisa

35. "Here's a quick update and testimony from my father who is TYPE 2 Diabetic. He has been on TF+ for 16 months now. He had an immediate POSITIVE reaction to the TF+ in that his insulin levels dropped and stabilized to the point that he hardly has to take any more self injected Insulin. He has also had SORES on his legs finally heal. However, about a year ago when my father had his KIDNEY function tests done, the DR. said that his Kidneys were barely functioning and darn near close to failing. Six months later...had another test done, and his kidneys showed signs of improvement. Now here is the REALLY great news. My Father just had his kidney's tested a couple of weeks ago, and guess what? The DR said she doesn't know what happened, but..."It's a Miracle" because his kidneys are working just fine now. HINT...HINT... I think

it's the enhanced transfer factors he's been taking for the past 16 months. What a MIRACLE! Keep believing!" Your friend in success, Mellisa McJunkin

36. "I was admitted to Tenet Parkview Hospital on April 12, 2001, with a diagnosis of diabetic Charcot neuroarthropathy. Both of my ankles had undergone a crippling disease process. I had numerous bony deformities, and was given the option of amputation, but elected to have extensive reconstructive procedures performed on both of my ankles. Being an insulin-dependent diabetic for greater than 45 years, I was thought to be at risk for delayed healing and infection. I was taking enhanced transfer factors and had no previous problem with infection or poor wound healing. I required numerous fusions with internal fixation to stable my feet in neutral position. This was performed in order to allow me the ability to walk. At the time of my first post-operative cast change in 10 days, I showed no signs of wound infection or wound dehiscence. I exhibited mild swelling only. Serial radiographs were taken and revealed fusion of my ankle joints in just seven weeks. This is considered excellent for a "normal" patient, who is not diabetic! All of my fusion sites and incisions healed beautifully without any wound or bony complications. I was extremely surprised by my ability to heal. I believe that it was the enhanced transfer factors that gave my body the ability to heal in a "normal fashion." I was hospitalized until July 27, 2001, at which time I was discharged back to my home in California. I ambulated out of the hospital on my own power and my limbs were saved." Nancy Lyons

37. "Some interesting observations from 4-5 kids with autism in our practice. All were started on transfer factors as a means to boost their immune system and hopefully keep them healthier. Well, that worked! But interestingly, all have shown better communication skills, better interactive skills, and less self-stimulatory behavior. Parents are delighted. Dr. Ken Boch in NY has seen similar observations. Amazing what a boosted immune system can do." Dr. David

38. "I have a 4 year old son who is autistic. We began giving him transfer factors in November along with many other vitamins and supplements that he is already taking. He is also being treated for mercury toxicity and doing behavioral therapy. At his birthday party yesterday, several parents were amazed at the difference in him from a year ago. He has certainly gone from being the most often sick person in our house to the least often sick. And when you aren't sick you certainly can learn better. His progress with transfer factors led me to become a distributor and everyone in our house now takes of." Mark

39. "I have had Lyme Disease for sometime now. A friend recommended taking enhanced transfer factors. I was very skeptical about taking it because I have taken so many different types of pills, it just seemed useless. After noticing a decrease in stamina over a period of time, I decided to give enhanced transfer factors a try. I am absolutely convinced and believe that enhanced transfer factors helps my body repair on a daily basis." Karen

40. "I have been helping a bed-ridden 44-year-old woman with lyme disease who has been in bed for the last 7 years. They have had her on long term antibiotics for 8 months now without improvement. Her mom put her on TF Plus (nine per day) two weeks ago and she told her mom today that she is feeling better already! I also heard from a friend of mine regarding her father. He has a rare form of leukemia and is too old for chemo. In February, they told her to take him home and keep him comfortable. They gave him 2-3 months to live. My friend called me and we started him on 12 TF Plus and a few other things. He is doing so well now that the blood blisters on his arms are clearing up and he is out and about. The doctors have finally started asking him what he is doing. He is telling everyone!" Kristie Barringer

41. "Just yesterday, our son had an appendicitis attack. This same problem presented itself a year ago, and we gave him probiotics with *l. plantarum* at many times the normal dose. I did this in preparation to going to the hospital, although most of the information that I had at the time was based more on prayer and intuition, although we both had our experiences with appendicitis to remind us. After a couple of hours, our son was fine even though we did go to the doctor. This time, we were slower to realize how ill he was as the onset was more gradual, though he did develop every symptom of appendicitis over the course of 24 hours. The enhanced transfer factors would have been of more immediate help if he could have kept it down in the early stages, I think. We gave him probiotics again and added regular doses of enhanced transfer factors. By midnight last night, he was perfectly fine and doctor's care was not required, (though we were ready to take

him to the hospital at any moment.) I am NOT recommending this as a sole course of treatment to anyone else since we did have the benefit of expert consultation and many people praying for us. Just remember, your body needs cleaners and immune educators (probiotics and transfer factors) and feeders (enzymes) and you will avoid many illnesses. We are so grateful to have avoided surgery! We thank God for answered prayers and transfer factors!" Sonja Akeson

42. "My granddaughter, diagnosed with cystic fibrosis at 11 months of age, had trouble gaining weight and was vomiting and coughing. After 3 months on transfer factors, she's gaining weight, has energy, and is down to an occasional dry cough." Keith M.

43. "I have a serious gum problem, periodontal disease. I have been seeing a dentist for sometime. I began consuming transfer factors sometime ago. The last time I was in to see the dentist, he asked me what I was doing to my gums. I said nothing. He said some how they had cleared up. I was listening to the veterinarian testimony on how periodontal disease is the number one killer of animals and how transfer factors were helping their immune systems. Then it dawned on me what had happened to my diseased gums. We have one great product." Guy Sinclair

44. "I believe I owe a sincere thank you to 4Life, for marketing our wonderful Transfer Factor product. I say that because, through the use of Transfer Factor, I have experienced a remarkable turn around regarding a serious health situation. A brief history of that health issue is as follows. In the fall of the year 2000, I noticed my feet were unusually warm and therefore contacted my doctor to discuss that situation. My description did not cause him concern, and basically he merely said if I noticed a significant change, bring him up to date on the circumstances. Unfortunately the change was so subtle, I was not aware, the change had been on going, until the month of May 2001. I had seriously stubbed my toe, and did not feel pain. Being concerned, I pressed a flat-headed dental tool on the bottom of my foot to get an indication of the lack of sensitivity in my feet. I didn't realize how hard I was pressing, and I actually punctured my foot without experiencing any pain. Over a period of about 45 days, this health situation was examination by 3 doctors, one being a Neurologist. Their prognosis, based upon physical examinations and various blood tests, (including the ANA Anti-nuclear Antibody test), was that I have an autoimmune problem called Peripheral Neuropathy. I was advised I should expect this condition will continue to worsen, and I will soon begin to experience an onset of pain. Worse yet, the Neurologist advised me I could expect to experience the conditions of Peripheral Neuropathy for the rest of my life. I was told there is no cure at this point in time, and at some point in the future even the strongest of pain medication currently known, would not be able to neutralize the pain I will experience..

By the end of July, the numbness had expanded from the ball of my feet my toes to all of both of my feet and several inches above both of my ankles. Also the pain was starting to kick in. I decided not to take the pain medication because I didn't want to mask the improvement I hoped to experience by consuming a large daily amount of Transfer Factor.

I began taking 9 TF's a day during the time I attended our 2001 4-Life Convention. Within 24 hours I started to experience a modest reduction of pain. The next day I increased the quantity to 18 (6 capsules, 3 times per day). After about 5 days of taking increased amount of TF, the severe burning pain had been reduced by about 75%. The area of numbness also began to reduce when I increase the amount of TF to 24 capsules a day. Within about 10 days of the higher dosage, the numbness had receded all the way down to the top of my foot, until reaching base of my toes. By the end of October about 90% of the numbness was eliminated. By December I reduced the quantity of TF to 18 per day and continued to experience success. My goal is to eventually reduce this quantity to a 6 capsule per day maintenance level. Since March of 2003 I have dropped the number of Transfer Factors I consume each day to a quantity of 14. My improvement is so significant, I believe if this was the extent of my Neuropathy condition from the beginning, I wouldn't even had realized I had a problem.

There is no question in my mind, it is the consumption of Transfer Factor that has eliminated the Peripheral Neuropathy symptoms from my day to day experience. An indication as to how much of a contribution TF has made in my recovery process, was made crystal clear to me last year, when in just one day I overlooked

taking my normal quantity of TF. Stiffness returned to my feet, as did a considerable amount of pain related discomfort. It took me a full 24 hours before I again experience the comfort of the degree of progress I had previously attained. During the first year, if I delayed taking one of my 3 doses, (or as I experienced improvement one of my 2 daily doses of TF) by as little as ½ hour I quickly noticed the building of pain/numbness. Now I can accidentally miss and delay taking one of my 2 daily doses by as much as 7 hours, before I feel the warming of my feet.

That is SO SIGNIFICANTLY DIFFERENT than what the no hope of relief the doctors had given me. My quality of life has improved significantly beyond even my most optimist hopes and dreams. I don't believe there is any specific numerical quantity that would provide the same results for all. Each of our bodies and health situations are unique. I just kept adjusting the amount of TF that I consumed until I recognized a change.

I am sure glad I considered the possibility of the results I achieved. I don't even want to think what I would be experiencing if I hadn't. My health future (and current condition) has dramatically changed.

Sincerely,
Richard Helgeland

45. "I am associated with Bob Fedorowysch and Dr Stephen Hardy (Stephen is my sponsor) I am also looking very forward to seeing people get well - my friend David who was with me asked you some information about his brother - Lymphoma - he has had his first lot of chemo and is home a working in his shed - says he feel the best he has felt for a long time - he is now on 6 enhanced transfer factors per day. Thank-you so much for taking time with David - you gave him so much hope and he has passed that on already to others. Love is so powerful and magnetic and so patiently quiet, you are indeed that. I have had excellent health for many years due to my healing - but recently met with trauma - and found myself manifesting a huge Fibroid - this has not been pleasant - but brought me back to the reality of what it is like to be sick. I am on 6 enhanced transfer factors daily waiting on Genistein and going onto Raw Food only diet - and have finally found a doctor who is prepared to monitor my progress with what I am doing. That is not easy as many doctors have such a lousy attitude to Natural remedies. So I decided to go in head first after seeing two other Doctors who left me no option but to "go mad" and said to this guy - I have seen two other doctors and I feel like I am going to go mad - if you don't help me I will go mad. He listened, and that was the beginning. I would now suggest to anyone wanting assistance with Doctors is not to ask - but indeed to demand the service they are supposed to give, after all aren't they in the industry of health. But the good news is - I had my first lot of tests one week after taking 4 enhanced transfer factors per day all tests are showing great - including immune system function - I feel that without the enhanced transfer factors I would indeed be struggling at this point as I have a large Fibroid and without my healing abilities to reduce pain and discomfort possibly could have found myself having surgery by now. So we will persist and continue to seek the answers to this challenge I have been presented with. Interesting enough it was this challenge that motivated me to sell my home on the South Coast (90Km from Adelaide) and move back to Adelaide where I am planning to concentrate on helping more people." Heather

46. "I am 78 years old. A few years back I thought it was all over for me. I suffered with unbearable pain in my hands, joints and muscles. I couldn't walk up my front porch steps. My feet burned like they were on fire. I was in so much pain I couldn't hold a cup of coffee. My doctor placed me on morphine. I was ready to lie down and die. My son provided me with transfer factors. After a few months my burning in my feet went away, I am now off all pain medicines and I am 90% pain free. I can walk up my front steps and even do a short walk around the mall. Without transfer factors I wouldn't have a life." Esther Davis

47. "I just continue to be amazed at what we can do with transfer factors. I have been taking transfer factors for a year and have had very good results with my chronic fatigue, fibromyalgia and other illnesses. Enhanced transfer factors came out June 1st, 1999. I added that to my regimen, not thinking anything would change. Within about the first 2-3 weeks I started noticing some major changes. For ten years I haven't had eyelashes because once I had my hysterectomy, I acquired an autoimmune disease which caused my eyelashes to fall out. Ten years they have been gone. Now, I am wearing mascara. They haven't fallen out for

two whole months. It's a miracle!" Sue B.

48. "I've had chronic fatigue and fibromyalgia since August 1991. I've also had shingles five times in that period. This winter I had shingles very bad from the end of September until the end of February and still have them somewhat. I'm able to get up and get dressed at this time. I started on transfer factors and the Fibro AMJ system about six weeks ago, and I am now sleeping through the night with no sluggishness the next day. I have energy, and every morning I am able to get up at 7:30. My husband will verify that it has been many years since I've done that. I've been packing to move for 12 days straight and I have energy every single day. I was not able to cook a meal and do the dishes in the same evening; I would cook a meal and do the dishes the next day, or possibly even the next, because I could not stand on my feet. So I'm extremely excited about transfer factors and I want to tell everybody that has fibromyalgia to please take this and get yourself well." B.J.F

49. "I am a young woman with fibromyalgia, with symptoms like migraines, muscle aches and exhaustion. I started on the transfer factors and Fibro AMJ system and am able to get out of bed and do the activities of daily life." Kelly Z.

50. "I have suffered from the symptoms of an enlarged prostate with nightly journeys to the bathroom. Since I have started taking MalePro my symptoms have subsided." Frank Pearman.

51. "My husband has been fighting a prostate problem. The PSA has been high and all the overnight symptoms were there. After six months on MalePro and enhanced transfer factors he is back to normal, except for his libido and sexual energies. WOW! He is more functional than when he was a young man. I don't intend to be gross. These types of problems are real and effect a person's life and relationship." Mary Evans

52. "A couple of weeks ago I got very, very ill--so ill that I had to go to the hospital. I had a tremendous pain in my side and I was pretty sure I had a kidney infection. It usually keeps me down for about 20 days. For a week and a half, I couldn't eat and I threw up and had diarrhea all day long. My husband got in contact with someone who was a distributor at the company and I decided to quit all my other pills and just take transfer factors. The next day, I took nine--three in the morning, three in the afternoon, and three at night. The day after that, I had my first meal. I was grateful that I felt so much better. I really believe it's the transfer factors that have given me the energy that I need." Isabel A.

53. "I am so thankful and so excited about transfer factors. I believe with all my heart that transfer factors have saved my life. I suffered from Steven Johnson Syndrome for years. I was hit by a number of viruses, one after another. My immune system, basically collapsed. My WBC went way down to a very dangerous level. My platelets went down. I almost died a number of times with such a weakened immune system. Along came transfer factors. I could tell almost immediately that I was getting better. I am a new person! My loved ones have a new person. Life now has color." Leslie Hoare

54. "Back in March, my son Bryan came down with Rotavirus which is a severe intestinal virus causing severe vomiting and diarrhea and usually hospitalizes kids due to dehydration. Our pediatrician said there was nothing to do but let the virus run its course and expect to experience the diarrhea from 2-4 weeks. I didn't like that response and chose to give Bryan transfer factors - one capsule in his formula in the morning and one capsule at night. In two days Bryan had kicked the virus out of his system and was his own happy self. Our doctor couldn't believe how fast he had recovered and had never seen someone so sick with this recover so quickly." C. T. - Pennsylvania

55. "An 89-year-old patient of mine suffers from ischaemic heart disease and congestive cardiac failure. Her main complaints were severe shortness of breath on mild exertion and coughing. She had to be wheeled around whenever she was taken out. She started taking a product containing targeted transfer factors, red rice yeast, vitamins and minerals. After only three weeks she noticed some improvement in her breathing. After five weeks she said the new capsules she was taking were number one, indicating with her right thumb up. Now she is able to walk further with much less shortness of breath. Soon after the introduction of the new

supplements she was taken to the zoo and a wheel chair was made available for her to use. After a short journey in the wheel chair she decided to walk by herself. In spite of being advised that the walk would be too much for her heart. She insisted to push the wheelchair around the zoo herself. To everyone's amazement she completed the walk around the zoo without any shortness of breath! This 89 year old lady has derived other benefits from taking this product: both her appetite and weight have increased! Members of her family are extremely grateful that the targeted transfer product has helped her. Dr. Benny C. K. Foo MD"

56. "In October 2002 I had a C-reactive Protein test (CRP) done to measure the level of inflammation in my artery walls after having read a number of articles indicating this type of inflammation as being the root cause of heart attacks. My CRP reading was 7.9, with 8.7 being about the highest and worst one can have. This test showed I was at very high risk of having a heart attack. One physician I shared this with commented, in front of a large audience, that if my CRP reading stayed at that level, I was virtually guaranteed to have a heart attack. From the day I received my CRP test results, to this day, I have consumed 4 targeted transfer factors daily. At the end of February, 2003, I had the CRP level checked again. In just four short months of consuming targeted transfer factors, I am now close to having the BEST level one could have, 1.1. The lowest and best reading on the chart is 1.0! I believe our targeted transfer factors product most likely saved my life." Richard Helgeland, Washington

57. "Last summer I was diagnosed with [a serious chronic condition] at the age of 74. I started on transfer factors and was able to keep my energy levels up between chemotherapy sessions. I even have had less cold sores. A couple of months ago, the doctor told me I had made a complete recovery from my [condition]. the doctors think it's a miracle but they believe the transfer factors may have had something to do with it. I am so thankful." Rose W.

58. "My husband had been battling cancer for about 2 years now and his prognosis was not good. He's had cancer for several years prior to being diagnosed, and wasn't really expected to survive. He's endured two rounds of chemo, and his cancer returned in 6 months. He had to go for more chemo that was even more grueling than his first treatment and it completely devastated his immune system. He was ill all the time and continued to experience symptoms of his illness, including bleeding from the portion of the tumor that was not able to be surgically removed, as well as overall body pain and fatigue. Within 24 hour of starting enhanced transfer factors he said he felt just a dramatic increase in his energy level and a diminished body pain. And within 72 hours of taking enhanced transfer factors his bleeding had stopped. The most exciting thing of all is that his tumor has started to shrink and he has been on transfer factors only since this past August and he is now in his 11 month of being cancer free. The only set back that we have had is when we ran out of enhanced transfer factors and his bleeding started up right away again. Within 24 hours of restarting the enhanced transfer factors, the bleeding stopped and we decided that we would never be without this miracle product again. We have put our children on it. I am pregnant and taking transfer factors. My daughter's allergies have vanished and no one has had a cold or snuffle or anything since we started this. It really is a fabulous product and I encourage everyone to get on it and get your kids on it." Sharon S.

59. "I am 26 years old. A while back I found a lump in my breast. It was hard and didn't hurt. My mother had breast cancer along with two of her sisters. They did an ultra-sound test and a mammogram. I was scheduled to go in for biopsy. I started on transfer factors. When I when in for the biopsy I happened to check my chest again and there was no lump. The doctor came into the room and I told him that the lump seemed to be gone. He checked me over and then sent me back for another ultra-sound test and mammogram. No lump! I am not sure if it was the prayer, transfer factors or both but I am so relieved." Susie Blaszcak

60. "My granddaughter was scratched by a cat at the age of four. She contracted some kind of bacteria. A lump appeared on her throat. The lump was surgically removed, only to grow back. She is now twelve years old and has suffered sore throats and the lump for all of these years. Her physician gave her every appropriate antibiotic without results. After one week on transfer factors, the lump and sore throat disappeared." Richard Talkington, Illinois

61. "About 15 years ago one of my back teeth became loose. My dentist told me at that time that I had

significant bone loss in my jaw, which caused pockets. I didn't want to have the tooth removed, so I struggled for about 10 years to save it. I used hydrogen peroxide with a water pick, Echinacea, goldenseal, and just about every other supplement you could name, but I still had a constant low grade infection around the tooth from bacteria collecting under it. Finally, about 5 years ago I had to have the tooth removed. The infections had begun moving back and forth from my tooth to my sinuses. I never seemed to be free of infection. Almost immediately after losing that tooth, the tooth next to it became loose and the same thing started happening, only it was deteriorating much faster. I was experiencing severe sinus infections, tooth abscesses, and infections in my right ear. I was really miserable. Then I started on transfer factors. Within one day I could tell the difference and within seven days the infection in my ear and sinuses was cleared up and my tooth felt much better. Most of the pain was gone. Within six weeks the tooth was so tight that I couldn't wiggle it with my fingers. My sinuses and my ear are completely healed and I can chew on the right side of my mouth again." - Susan S.

62. "I had a bad case of food poisoning recently and it left me exhausted with headaches and swollen glands and nausea; to be blunt, my immune system was just devastated. Thanks to transfer factors, within a few days the glands were down to normal, the headaches were gone, and within one week I felt a lot stronger and healthier. About three days before Christmas I fell down a flight of stairs and broke my left ankle and sprained the right one. I also pulled my thumb out of joint and hurt my right arm and shoulder. Needless to say, I ended up in a wheelchair for over a month. My ankles healed great but my hand, arm and shoulder didn't, and I have had constant pain and inflammation since then. I couldn't even sleep at night because every time I turned over on my right side I would wake myself up. In July I started taking Fibro AMJ, both the daytime and the nighttime formulas. The first night on the product I slept all night long for the first time in months, and within 48 hours I had no more swelling or pain in my hand or thumb, and within less than one week I had no more shoulder or arm pains. I cannot tell you how wonderful it feels not to have pain anymore. Everyone that I have personally put on this product has had fantastic results so if you suffer from muscle or joint pain or inflammation you're just going to love this product." - Patricia B.

63. "I'm a typical aging athlete. I play a lot of football, jog and hard core tennis. It was really taking its toll on my joints. I have tendonitis in my knees all the time, aching everyday. I have tried Glucosamine and Chondroitin preparations. I could not completely get rid of the problem until I started taking Fibro AMJ Day-time Formula. It eventually helped with the condition. My flexibility is really remarkable. I feel like I have been lubricated. It was within a matter of days that I felt relief. There is something about this preparation that is extraordinarily effective." - Rodger H.

64. "My hands used to shake badly, but transfer factors have helped so much. I have peace of mind thanks to transfer factors." - Mike W.

65. "I think a product like Transfer Factor needs to be at the root of any prevention program, particularly in the compromised patients, for example, the diabetics...with an increased risk of diabetic amputation, with wounds, and all of the things that we see...We need to have products like Transfer Factor at the core of preventative medical programs...We need to get this to the general public. They are at risk also with this expanding epidemic of diabetes."

Dr. Neal Donohu, Director of Surgery, President of World Walk Foundation

66. "I suffer from a number of serious conditions. I have high blood pressure (average 175/130), high cholesterol, high triglycerides, rheumatoid arthritis, and was told by a doctor that I was in real danger of a stroke. I was on a ton of medicines. I was told about Transfer Factor and TF Cardio by a friend from Perth, Australia. Now after a few months, my blood pressure is down to a point where the doctor said he could live with that. My cholesterol level is down. My pain level is down. I can't remember when I had so much energy. I am now on much less medicine. I haven't done anything differently but take TF Cardio." Ken Winsett, Australia

67. "4Life Transfer Factor RioVida is fantastic. I love the energy I have. I feel so good that I'm able to lift weights! This is truly the best product 4Life has ever made! "—Imran R. Canada

68. "A few weeks ago, I got my first order of 4Life Transfer Factor RioVida. My daughter and son-in-law wanted to try it out with their seven year-old son, my grandson. The next morning my daughter called to say that he woke up with lots of enthusiasm and a smile. He was excited to go to school. He had a great day in class followed by a two-hour baseball practice and he was still going strong." —Linda B, Ohio

69. "Recently, we gave 4Life Transfer Factor RioVida to my two children to help support their immune systems. My son said to my wife, 'I love you so much Mum. I love you more than chocolate. I love you more than all my toys, but I love RioVida the best of all.'" —Trevor E, Australia

70. "My wife and I love 4Life Transfer Factor RioVida but what has impressed us even more has been our experiences with our daughter. She's a vibrant, active, cheerful, and beautiful girl, and RioVida has promoted a wonderful level of overall health and vitality, including immune system support. RioVida is an excellent product for our children." —Sergio R. Mexico

71. "We were introduced to 4Life Transfer Factor in 1999. At the time, we were desperate to find a natural product that could support our three year-old daughter's immune system. We know that 4Life Transfer Factor has made all the difference. Today she is healthy and happy. She takes 4Life Transfer Factor Advanced Formula to keep her immune system strong and healthy. In fact we have the whole family taking Transfer Factor. We are now strong believers in the whole Transfer Factor family of products." —Domenic & Helena C, Australia

72. "I was introduced to 4Life in December of 2004, after reading Dr. Hennen's book about transfer factors. I read some great testimonials and decided I didn't have anything to lose. I started taking 4Life Transfer Factor and within ten days, noticed a wonderful level of support, particularly in terms of balance, for my immune system. Now, I especially love drinking 4Life Transfer Factor RioVida! Transfer Factor will always be an important part of my life." —Joy B, Michigan

73. "I have been taking 4Life Transfer Factor products since 1998 and I've never missed a single day. I take 4Life Transfer Factor Cardio, MalePro, and ReCall. In addition to these I take Rite Start for Men and 4Life Transfer Factor RioVida. I'm so grateful for the immune support I receive from these Transfer Factor products. When people ask me how I'm feeling, I say, 'I feel great. Never felt better! What do you expect, I'm only 73!' —LaVern R, Maryland

74. "I take 4Life Transfer Factor Plus Advanced Formula to support my immune system. It's been great, especially in terms of providing balance to my immune system. I also started using 4Life Transfer Factor RenewAll and Aloe Vera to promote healthy skin. Both of these products help keep my skin soft and healthy." --Heidy C, Pennsylvania

75. "I take 4Life Transfer Factor Plus Advanced Formula to help promote a healthy immune system. I take it twice a day and I feel great, energetic, and full of life. I can accomplish so much during the day!" —Yvette R, Florida

76. "Since I started taking and distributing the 4Life Transfer Factor products I have noticed a fantastic level of support for my immune system. My children take Transfer Factor products as well! —Rebecca D, Puerto Rico

77. "I was anxious to find a way to better support my three year-old daughter's immune system. My friend did research online and found 4Life Transfer Factor Plus. I started giving it to my daughter daily, and was so impressed with the results. She has a healthy appetite and her energy level is great! She is the thriving 3 1/2 year old that she should be and I think Transfer Factor Plus is wonderful. I am now a life-long user of 4Life products." —Jodi H, Colorado

78. "I am a veterinarian and a long-time 4Life Distributor. Recently I used 4Life Transfer Factor Plus on a litter of guinea pigs that I delivered via c-section. The mom didn't make it but the babies did. Since they couldn't have their mom's colostrum, I opened the Transfer Factor Plus capsules and mixed it with the milk

supplement that they were being bottle fed. I did this for every bottle feeding for their first week of life. Happily they are doing very well. They are very robust and strong. I believe that the Transfer Factor Plus helped support their immune systems in a precarious time." —Helen Sharp, DVM, California

79. "I first learned of 4Life Products in April of 2004, and since then, both my mother and I have used them. I want to tell you about my mother's experience. She suffered from nasal allergies and had stomach problems. Since taking 4Life Transfer Factor Plus she seems to be educating her immune system and has a new energy level. She has also used BioGenistein Plus for help in maintaining proper hormone balance, which is necessary at her age. My mother feels happy, healthy and full of energy." — Mariel De Juan N, Florida

80. "In May of 2004 I was bucked off my horse. After my body was whipped every which way, I flew out of the saddle, already unconscious, and landed on my back and head on hard, rocky ground. I sustained multiple injuries, including a fractured pelvic bone, whiplash of the entire spine, a severe concussion and joint and soft tissue damage from my neck down to my knees. I was literally flat on my back for the first month after my accident. I have been in the care of specialists during my long and painful recovery. My pelvic fracture healed nicely but I continued to suffer much pain caused by the joint and soft tissue damage. Recently, I was introduced to 4Life Transfer Factor Plus. I began taking the product out of desperation, as well as my strong determination to find a way to get my quality of life at least back to where it was before my accident. I know that long periods of chronic, intractable pain can cause even up-beat people to feel depressed about life. Though I am, by nature, a happy, optimistic person, I was beginning to feel down much of the time. Through my desire to heal, the constant care of my doctor and the immune support I have received from Transfer Factor Plus I have noticed that I am beginning to feel more energetic. I can't help but notice that, to my delight, I am beginning to get excited about life again!" —Devonna D, Oregon

81. "I am a licensed ADD specialist in San Jose, CA and I have used products with grape seed and pine bark extracts, essential fatty acids, trace minerals, and a mix of essential vitamins and minerals. I use these ingredients daily to help with the inattention, focus and hyperactivity, that are so troublesome. I recommend the same ingredients to help them as well. They work day after day, year after year - for over three years. Current research in nutrition backs up my observations. They will help!" M. W., California

82. "I'm taking vitamins, which I feel are helping my macular degeneration. My eyes, I don't suppose will ever be perfect again, but it has slowed it down, and it is not getting bad as quick as it was. It used to be when I would drive down the road, the telephone poles looked like they had a wave in them. They now seem straighter for which I am grateful." K. B., California

83. "We met a family who had a child who had just been diagnosed with Autism. They were distraught. They were told that there was nothing that could be done for this child. They had been told that it could be the result of vaccination and the father was not prepared to look at that, but I presented some information from the U. S. He said that he would never forgive himself if he never gave his child some transfer factors.

"I received a fax which said 'Since using the transfer factors, some changes have occurred. His appetite has greatly improved. He has started eating chicken and fish.' Before this, they could barely get this child to eat anything. He is now saying a few words, simple words, but it is a start. Many Autistic children do not talk until they are 5 to 7 years old. He is saying; ball, car, who, "e" and "o". He is 3 years old. We hope he may talk earlier. His mother believes he is more intelligent in his playing and behavior.

"We can't prove the transfer factors did this, but we can't dismiss it either, therefore, we would some more. We never noticed any improvements after sessions with a Cranial Osteopath. Since we have used this, we have seen enough, that we don't want to stop. We were thrilled to receive this." M. S., New Zealand

84. "I was treated in the famous hospital in Mexico. They introduced a peculiar dietary supplement containing transfer factors and a combination of ingredients that included maitake and shiitake mushrooms, cordyceps, thymic factors, IP6, zinc and beta glucans. It was amazing what this supplement did. My PSA came down significantly within a few days of taking it. I had no appetite for food, but within two days my

taste for food returned and my strength, previously totally lost, returned. I'll recommend this to any person who is in a similar situation and particularly to my people in Nigeria." Dr. U.J. E., Nigeria

85. "I started using calcium and magnesium supplement; a multi-vitamin complex; a combination of transfer factors, zinc, maitake and shiitake mushrooms, cordyceps, IP6, thymic factors and beta glucans; a supplement of licorice root, milk thistle and artichoke leaf; an some extract of bilberry, ginko biloba, grape seed, ephedra and ginseng. I used these daily. I was diagnosed with tumors on my ovary the size of grapes. After using the above supplements, I returned back to my doctor and he found only one tumor. I didn't need to have an operation that would have caused me to lose both ovaries." E. J., Georgia

86. "I had previously experienced colonoscopies at various times removing numerous polyps (33 one time, 19 another) and these were continually benign thankfully. I was told to continue to perform the checks each year, but before another year had passed my husband was diagnosed with asbestosis and we were told it was a terminal problem that would go very fast. He passed away in October of 1999. I again seemed to be having some bowel problems in 2001 and it occurred to me that I really should have the polyp situation checked again. I became quite concerned to think that I had neglected it for so long, but I certainly had a most pleasant surprise! This time after 3 _ years since the last procedure, they found only one small polyp, and it too was benign. What great news! I give credit to taking transfer factors!" E. D., Washington

87. "Using a digestive enzyme product containing probiotics has slowed the yeast symptoms I can get on my chest in the summertime." J. L., Washington

88. "I am a diabetic who had tried to get off of insulin. Taking gymnema sylvestre helped me to achieve that." G. B., California

89. "My wife of 48 years has suffered from diabetic peripheral neuropathy for at least ten years. In 1997 it took a sharp downhill course and just kept going faster and faster. By February 1999, we had just about given up all hope and it just seemed inevitable that she would be in a grave within three to six months. Her five doctors were doing the best that they could possibly do, but it seemed that all they could do would add more drugs which got up to a \$570 a month total. I can't really put into words how I felt because, to sit there and watch your wife cry in pain and not be able to do anything for her is a very helpless feeling. We had paramedics out to help her get up, because she had fallen three times in 24 hours. My oldest son found out about transfer factors and he called me and said, I think this might help Mom. From that day on, it has been nothing but uphill. We have a way to go, but we have hope and we no longer thinking of her as dying.

"Some of the improvements in a nutshell that she has had are, from having to be fed, now she's able to do some cooking and dishwashing. Now with a walker she can get around and take care of a lot of activities as well as self-care. The one time she's fallen since then, she was able to get up by herself. And from being wheelchair bound to now when she hasn't been in a wheelchair in 5 P months. She even went down to the basement for the first time in over two years and back up in her own power, even though we were supervising her while she went. I do believe that my wife would no longer be with us if it weren't for transfer factors." T. B., Ohio

90. "I have been noticing worsening vision in my left eye for three years. This, I have been treating nutritionally with good results. Since starting on supplements containing transfer factors, cordyceps, maitake and shiitake mushrooms, zinc, IP6 and beta glucans there has been noticeable improvement (during 5 months). I can now read clearly with my poor eye though there is still some distortion. Color is also returning." B. W., Ontario

91. "In September 2000, I experienced, for the first time in my life, a challenge with high blood pressure. I had never had a problem with my blood pressure but I was, at that time, under a great amount of pressure. Dr. Odile Gayten, was visiting our home and had conducted a sponsoring meeting earlier that day. Later that afternoon, I attempted to pick something up off the floor and began to feel dizzy. Dr. Gayten immediately took my blood pressure and it was unusually high at 159/109. My blood pressure has been consistently 120/80 for as long as I can remember so this was quite a shock. At that point, I immediately started taking a

product containing transfer factor, cordyceps, maitake and shiitake mushrooms, zinc, IP6 and beta glucans; I began with 4 capsules per day. I monitored my blood pressure about 7 or 8 times per day. By January 2001, after being on that product for 4 months and making moderate changes in my diet, my blood pressure dropped and has read consistently between 17/70 and 121/80 without administering any type of medication." S. J., Nevada

92. "About 10 years ago I was diagnosed with cardiomyopathy. By 1996 I felt I was dying. I had no energy. I would have chest pains if I walked around the block. I could only work in the yard for 5-10 minutes. In August of 1996 I started taking pine bark and grape seed extract product. Two days after starting to use that product I noticed I no longer had chest pains. After less than a month my son and I built a 40 foot tall arbor onto the back of the house. I outworked him. My energy had returned." E. B., California

93. "I have been borderline High Blood Pressure for the past three years. My doctor has been monitoring my blood pressure periodically. It wasn't until recently that it went up to 151/ 101. I felt light headed, dizzy, nauseous and could hardly get dressed to go to the Emergency Room. I felt as though this was the end. I didn't want to take a high blood pressure prescription. It was recommended to me to take the Transfer Factor Cardio supplement containing hawthorn berry, capsicum, bladderwrack, tumeric, motherwork, milk thistle extract, butcher's broom extract and rosemary extract. This supplement was a miracle. I used it and after only a month my pressure is well balanced now. I feel great. I highly recommend that anyone with high blood pressure symptoms take a supplement with these ingredients." P. F., New Jersey

94. "I developed thinking and short-term memory problems back in 1989. Slowly my condition got worse and worse. I managed a health club and it became more difficult to do my job. The owner of the health club placed me on a protocol of nutrients that increased cellular energy at the mitochondria level. The decline in my short-term memory and cognitive function slowed down. Every year or so new scientific discoveries were added to my protocol but my condition slowly was still in decline.

In 1998 the owner of the health club introduced me to 4Life's Transfer Factor Classic. I consumed heavy doses of 18 capsules per day. I was amazed at the results. The decline stopped and then I actually improved a little. Since that time my condition has stabilized. Now its 2006 and it doesn't seem like my condition has worsened. I thank the Lord for sending my boss with his wisdom and for Transfer Factor. I don't think Transfer Factor alone would do the job. I consume a number of other cellular energy producing nutrients. All I can say is that before I consumed Transfer Factor Classic, I was still declining. The other nutrients slowed the process down but didn't stop it. I could tell a major difference after I had been on transfer factors for a few months." Kay Bergen, Kansas

95. "My kids baby-sit and are exposed to runny noses, viruses, etc., yet don't get sick. This gets me excited about transfer factors and the opportunity. I have also seen results on ADD and allergy problems." Ray M.

96. "Since 1980 I had suffered from recurrent throat problems. Three or four times a year for five to ten days my throat was painful, hoarse and at times I would lose my voice completely. I tried several options for help, including acupuncture and Chinese medicine. Then I tried Transfer Factor and for over 18 months now, I've never felt better." A. B.

97. "My mother, who has suffered with a serious kidney disease for the past 10 years, and tore her Achilles tendon away from the bone around a year ago, began taking transfer factors, along with Fibro AMJ, 7 days ago. She has been taking about 10-12 prescriptions for the above conditions, none of which had helped with her heel problems. Starting on the 4th day of taking the TF& Fibro AMJ (A.M.), at the recommended dosage of 3 each per day, she began to notice an improvement. Today, she says it's better than it's been for a very long time, and is reporting that she's also feeling an improvement in her general well-being. She must be, since over the past few days she has vacuumed her house, washed some windows, and washed & waxed her car. That's more activity than I've seen from her in years! Many thanks to everyone involved with these remarkable products. My mother-in-law is starting the same regimen next week. I'll keep you posted on her progress, as well." Jill

98. "I have had a problem which was never diagnosed by my medical doctors (it seems to be in the head) - culture negative and loads of antibiotics. My signs were consistent with interstitial cystitis. I experience unrelenting pain for days and a very depressing life style for over 9 years. I started with enhanced transfer factors at 2 - 3 times daily and after about 10 - 14 days, went to maintenance dose, and whenever signs recurred a tingle - I took more. I only had 3 - 4 recurrences of signs which never developed, and this had never happened prior to taking enhanced transfer factors at any time. I have been 2 months sign-free, the longest I have ever been without signs. I am one of the successes of enhanced transfer factors . I am very pleased and grateful pleased to have quality of life back." Annie

99. "I was introduced to these products by my relatives, Karen Savoy-Martin and Eddie Martin. I've been living with a devastating disease since 1999 but have been fortunate to have had great progress in my health. But, when I started enhanced transfer factors in March of this year, I showed an increase of 80% in my immune system where as I had a record of 20-30% in the past." James Keith Washington

100. "I've got a liver disease. It's actually chronic hepatitis C. What comes along with that is a lot of problems with your digestive system and fatigue, also a lot of bowel problems and things. I had been fighting this thing for about a year, taking different drugs for my stomach for the acid reflux and controlling diarrhea. Really it was just a losing battle. I saw the ad for the enhanced transfer factors and I said, "Why not." I had tried a lot of vitamins and herbs and really tried a lot of things, and I said why not try this. I went ahead and got it, and I was pretty sick when it came. I just kept taking it, and kept taking it, and I started feeling better. I was able to stop taking all the expensive medications for my stomach and bowels. I got to where I was just taking the enhanced transfer factors. I also went and had my liver enzymes tested, because that's a big thing when you have this disease. One month it was reading 300, and after being on this, I think about almost three weeks, it dropped it down from 300 to 194. That's a significant drop. It just got me all excited and feeling so good. I just can't say enough good about it. I made one mistake; I ran out. That was my mistake. But I will not run out any more, and that's for sure. So if anybody out there that's got chronic fatigue and things of that nature, this definitely helps you." Kim W.

101. A child in my care, with a type of muscular dystrophy had a serious bout with bronchitis, and 72 hours on transfer factors cleared her breathing pathway completely. - David M.

102. I used transfer factors on a newborn with a thick upper airway, green nasal discharge, vomiting, and difficulty breathing, and he was clear within 3 days. - David M.

103. "I have been having trouble remembering things. It seemed like my mind just wasn't as sharp as it used to be. Maybe it was the stress. I began taking the company's new Recall Formula and man did my mind brighten up. Within days I could think much better." Sammy

104. "I have a daughter who is diabetic...Today we went to see her endocrinologist and her hemoglobin report was in the fantastic range, and I know it is because of her taking Transfer Factor...We are very strong believers in Transfer Factor." Donna Wilkinson, TX.

105. "A while ago I came down with a summer cold. I got a runny nose and a sore throat, and then my next order of transfer factors arrived. I decided I would take nothing else. In a 24-hour time period my immune system totally eradicated that cold. I had no symptoms. It was like I'd never had a cold. It was very exciting for me to experience that firsthand. Quite frankly, I've never had an immune boosting experience like I had with transfer factors. It's just remarkable. I think every chiropractor should know about this product and I think people should be telling their friends about this. If for no other reason you should have it in your medicine chest so that if you have any symptoms of a cold you can immediately start taking transfer factors." Dr. Gary Haagen, Doctor of Chiropractic.

106. "I took transfer factors and the tumor in my hand, which had been about the size of a dime, is down to the size of a pin head." Lori L.

107. "I recommended transfer factors to the mother of an autistic 5-year-old. She says that there is a 300%

improvement over the last 2-1/2 months." - David M.

108. "I am proud to share with you the story of my dad. My father Salim Talib, 56 years old now, had a cardiovascular problem nearly eight years ago. He had to take doctors' medication and cost him \$1800 monthly on expenses. He had done ballooning once while he had an attack. All the fine veins on his chest burst due to constraining his pain during attacks. Nothing can be done to fix that. During his several attacks he was just lucky to have survived. Otherwise my mother, my eight siblings and myself would have lost him. Since then he had been restless and easily tired from normal daily activities.

Two years ago, as we tumble into 4Life through Sheri Din who invited Fadzli. Since then, my dad had been on TF Advanced and soon tried TF Cardio. To his amazement, he began to feel perfectly healthy. Less tired, more energy and looking more cheerful! He totally stopped his doctor's medication on his own from the second month onwards.

Down five months using TF only, he was due for a medical check-up. The results was a complete "NO MORE DOUBTS ON TF". Not a single trace that he was a cardiac patient. His heart, blood pressure and all indications does not lead to cardio problems. The doctor says, 'I am surprised. You have no indication of a heart problem patient.'

For two years solid on TF Cardio two caps twice a day, he still smokes, carry out normal activities and no more attacks since! Occasionally with TF Advanced, RioVida and MalePro help to give more excitement. Thank you TF for making our family complete and that my dad is no longer on drugs. We'll monitor from time to time with the advancement of medical technology while on TF!" Yenti Sandra

109. "I am a medical doctor. At first I was skeptical about the benefits of 4Life Transfer Factor until I began to notice the immune system support it provided to my patients. One thing I cannot do without in my household is 4Life Transfer Factor Kids. My entire family takes 4Life Products. They really are gifts of life." —Dr. Edgard B.

110. "I am suffering from heart disease since six years ago. I have tried TF and it works! I have never felt this good, energetic, and less tired. A medical report in October 2004 was made on me after five months. Results: No sign of any heart problems. I feel like new!" – Salim Talib

111. "I had a stroke 1 ½ years ago. I had no senses on one side of my leg and hand. My speech was a problem too. After taking TF only 1 ½ months (4 bottles), I now can walk and move easily. My speech is more fluent. It makes my life very different now." – Che Gayah

112. "As a mother, I will always provide the best for my children. My son Donn is a 12-month-old with CGPD at birth. He had taken TF since and I have seen tremendous improvement. He falls sick less often. Even his pediatrician quoted, 'He is the most healthy and fast progress baby I've seen.' My daughter, Crystal, four years old, grows so well in her health and mental development." Brenda Nonis

113. "I gained up to 86 kg and have failed trying many programs to lose. I took TF for the purpose of keeping a good health, but to my amazement, I lost 6 kg in the first month. I have more energy, less tired, and feel a big difference. Since then, I now maintain at 72 kg and positive to go on my ideal weight. I have never stop using TF to keep up every day and now my love ones too! My mom have diabetes and take TF to control her sugar level." – Sharon Nonis

114. "I have kidney failure and undergo dialysis three times a week. I had always been restless, tired, and been resting in bed. Now that I have taken TF, I am more energetic, fresh, and feel good. At least I now can work to support my family. According to the doctor, my red blood cell count is increasing as well." Khalid

115. "I suffer severe depression for a long time. I would get nervous breakdown easily. Feeling negative and restless. But now I am progressing positively and never felt so confident. TF did a BIG difference in me! I never stop introducing the miracle TF!" Hamla Dahlan

116. "I am suffering from high blood pressure, heart disease, gout, and cramps. I only took one bottle TF in a short time. I do not feel cramps or tiredness. Now no more gout! My blood pressure is stabilizing. My wife had stroke. Now she can walk like normal." Azman Yusoh

117. "I have had gastric ulcer and PMS since teenage days. I depend on a drug call Zantac to clear my acidity and pain killers to help me keep up. Now pass one year, I am on TF chewable. I don't have gastric and I don't use those drugs no more! I am more energetic, feels good every day. Thank you TF! – Yenti

118. "I have had diabetes type 2 for a great number of years. I am taking medicine. My son put me on TF Plus from 4Life and then later on TF Glucoach. My blood sugar is now normal and I don't have to take medicine." Esther Davis, Kansas

119. "I have never been diagnosed with diabetes, but I check my blood sugar myself. My blood glucose levels have been as high as 237. I think I may have had an infection in my pancreas or something, but I didn't always have this problem. I am not overweight. I work out every day and eat right. I think it may be autoimmune. With TF Classic and TF Glucoach, I am able to keep it down to normal without medicine." Marsha Akins

120. "I was in an accident in 1991, breaking multiple bones and damaging my spinal column. I underwent surgery to install pins in my hips for an external fixation device. During this surgery, a stainless steel drill bit broke off in my hip bone and was not able to be retrieved without causing further damage.

Over the next several years, in addition to the specific areas that were damaged in my accident, I developed severe chronic pain all over my body that could not be explained. My doctor started running several tests to find out what was wrong. One of these tests was an ESR test or sed rate (erythrocyte sedimentation rate), which is a 'nonspecific screening test that measures how much inflammation is in the body.'

My sed rate was 76. A normal level is 0-20 for my age. When I found out how high my sed rate was, Mike suggested that I increase my dosage of TF Classic from 6 capsules a day to 12 daily. In just a few months, it had dropped down to 57 - still high, but low enough to encourage my doctor to avoid putting me on a daily steroid treatment.

I tried other products to see if they would bring my sed rate down at various times such as mangosteen, noni, goji, vibe and MonaVie, but no other combination of herbs or juices would affect my sed rate like Transfer Factor." Rebecca, KS

121. "Suan Keng (from Singapore) passionately shared about how TF products have rescued her mother-in-law from a near death experience. Before Chinese New Year, her mother-in-law was suffering from backache & gastric so her doctor recommended painkillers for the problem. But after the 2nd course, she was getting worse and was immediately hospitalised. After 8 days in the hospital she was finally discharged but she was so weak that she could not walk up the stairs to her apartment. Half way she had to sit down to catch her breath and SK immediately give her 2TF Cardio. Later she follow up some more 2TF Cardio, 1/2 cup RioVida & 2Tf+. The next morning she was able to go to the toilet by herself. Later, when she took her 5 types of medication immediately she turned pale, could hardly breath, almost no pulse and could not move. SK immediately stopped the medication and started her on the course of TF as before and by evening she was better and the next day she could eat. 1 week later, taking only TF products, at her hospital checkup her heart & BP was normal, only a little water left in her lungs and she feels very well." - Budi

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