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<u>Asthma</u>	Cold Sores	<u>Children</u>	<u>Lupus</u>	<u>Animals</u>	Crohn's Disease

"Nearly everything that goes wrong with us, with the exception of trauma i.e. broken bones etc., can be traced directly to an immune system failure" Rob Robertson, M.D.

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Breaking News: <u>Transfer Factor Plus Tri-Factor Formula</u> and <u>Transfer Factor Cardio</u> are now listed in the Physician's Desk Reference Colds & flu, ear infection, bronchitis and infection

"I have seen $4\text{Life}^{\text{™}}$ Transfer Factor™ knock out **colds**, **sore throats**, etc., but it also has helped Fibromyalgia, neurological problems, chronic yeast infections. All of our cancer patients are using <u>Transfer Factor</u>." *Duane Townsend M.D.*

"In approximately 250 patient months of kids on 4Life **Transfer Factor**™, only one has returned for antibiotics, and that was after 2-1/2 months. I had been seeing him in my office every 2 weeks prior to using 4Life™ **Transfer Factor**™." *David Markowitz, M.D.*

"Two to three times a year I get **pneumonia** and the last time was about a month and a half ago. I became ill on a Saturday went to the doctors and was immediately put on antibiotics and went straight to bed. A friend came over on Monday evening with **Transfer Factor Plus™** and I started taking it on Tuesday. I slept Tuesday, Wednesday I was able to unload the dishwasher, cook dinner and crochet two pairs of slippers. Thursday I cleaned the kitchen, did some house cleaning, made dinner and even went out with a friend for an hour. I couldn't believe how I felt in such a short period of time. I will never be without my **Transfer Factor™**. " June

"As a practicing Pediatrician I actively use 4Life™ Transfer Factor™ in my practice and look forward to drastic decreases in the number of **colds** and their complications, and **middle** ear **infections** that are so common. My **Transfer Factor™** kids shows an 85-90% reduction of illness as 'sick season' in Maine has started." *David Markowitz, M.D.*

"I came down with a very bad case of **influenza** a couple months ago. I had swollen glands, a high fever, a very bad sore throat, the cough -- and I had to give a lecture the next day. I doubled up my dose of **Transfer Factor™** that day and the next day. Within 48 hours from the start of the infection it had resolved itself and I was up and around -- which is absolutely amazing for me, and not at all my pattern." *Rita Elkins*.

"My granddaughter is 2 and she had the **flu virus**. She was on four different kinds of antibiotics for 4 months and she was not getting better. I started her on three **Transfer Factor™** in the morning and three at night. The next morning the sniffles had started to go away, and within 4 or 5 days she was completely cleared up. My husband and I have also had wonderful success with allergies." *Sue H.*

"Over the past 4 years, I have experienced chronic **Bronchitis**, **sinus infections**, **ear infections** and **conjunctivitis**. I started taking 3 capsules of Transfer Factor™ a day for the first 3 or 4 days and didn't really notice much. I talked to Dr. Rob, and he encouraged me to go to 9 capsules a day. Due to the fact that I only had 1 bottle on me, I went to 6 a day. Well within 3 days I started breathing better, feeling more energy, feeling better than I had felt for 4 years. I have been on the Transfer Factor™ for 2 weeks and am taking 9 capsules a day and my health is back. Transfer Factor™ is the only thing that has been able to bring my energy level back up to where it is. I am so excited about being able to help people with their health, but also being able to share a product that can help them with their wealth. To give them an opportunity to make a living doing something that is helping people. I am so excited to be involved with the people and the company. I appreciate all that has been given to me."

-Julie Cardenaz

Allergies

For the past fifteen years I have suffered from **chronic bronchitis**, regular **sinus infections**, and severe allergies. I suffered from fatigue, migraine headaches, joint pain, and an overall weakening. After eight months Transfer Factor™, I am a new person. I feel like Transfer Factor™ saved my life. I tried every nutrient that I could find, but only Transfer Factor™ made the difference. *Naomi Jackson, Kansas*.

"Since my son Elijah was born, he has suffered from severe **ear infections**. He was constantly put on antibiotics and had tubes put in his ears. He is now four years old and has been on Transfer Factor™. He has not experienced any more infections." *January Jackson*.

"I am a registered nurse, 64 years old and respect what medications can do. However, prescriptions were not helping my **severe allergies** or my psoriasis. Allergic episodes usually





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resulted in a mega-infection of bronchitis or a sinus infection. My psoriasis did not respond to either of many medications. Both of these health problems are in the auto-immune category. I included 4 capsules of **Choice 50**™ and 3 **Transfer Factor**™ in my daily supplements. Both the **allergies** and psoriasis have totally disappeared. Choice 50™ and **Transfer Factor**™ are a dynamic combination that have truly improved the quality of life." *Doreen Lassiter*

Cold Sores

Recently I have had two bouts with **cold sores** that I have been afflicted with all of my life. The first of the last two incidents I was given some Transfer Factor and was told that others had seen good results with dabbing some on their cold sores. I will try anything to get rid of these painful sores. I did open a capsule and applied some of the powder to the sore. The powder doesn't stick very well so I actually did this about three times before going to bed. The next morning I was pretty impressed that the sore had not grown any bigger and actually was already starting to decrease and heal. About six weeks later another sore started. Again I applied some of the powder out of a Transfer Factor capsule. To my amazement the next morning the sore was itching (a sign of healing). Two sores, two successes. If a cream is ever made for just this reason I will be first in line to buy some! *Patty Westover*

Asthma

With terrible **asthma** since age 7, I began 4Life[™] Transfer Factor[™] 2 1/2 weeks ago and I've gone from 20 medications & inhalers, to one pill and one inhaler. *Darlene J.*

My son Ryan has **asthma**. He was on three inhalers per day. After 9 days on Transfer Factor, he stopped using his inhalers. We took him to the Doctor and learned that his lung function had returned to normal. He has not touched an inhaler since July of 98. *Kevin O.*

"I have suffered from a severe **asthma and allergy** condition. I used an inhaler twice a day. I was literally miserable. After taking Transfer Factor™ for a month, I have amazingly improved. I now use the inhaler less than half as much and wake up without the swollen eyes and congestion." *Justin P.*

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Food Poisoning

While traveling in Detroit, three co-workers and I ate contaminated food. The three men became seriously ill for two days, while I only experienced a mild stomachache. I was on Transfer Factor $^{\text{TM}}$. J. Stover.

Cancer

Dena's Transfer Factor Story

My name is Dena Guidice, and I want to share with you how **Transfer Factor™** has saved my life. In November of 1998, I was diagnosed with lung cancer. At that time, my team of doctors recommended that the best course of treatment for my cancer would be to perform radiation and

chemotherapy simultaneously. I got started with both treatments immediately and was given the highest dosages of treatment possible. Over the next 90 days, I suffered from all of the normal side effects including weakness, vomiting, hair loss & severe weight loss. My radiation and chemo treatments ended late February 1999.

On March 25th, 1999, I went in for surgery (as planned), and the doctors removed a tumor from my right lung along with the top 1/3rd of my lung and three sections of my ribs. The surgery went very well, and the doctors believed that they had successfully removed all of the cancer from my body. After my surgery, I went through an additional 12 weeks of chemotherapy from May to July 1999, as a "safety measure." It was during this time that my body became so weak that all I could do was sleep and lie in bed all day. I lost all of my hair at this point, and my fingernails and teeth became so brittle I started to lose them as well. I lost my appetite completely and got to the point where I weighed only 88 pounds.

Even as sick as I was in the summer, I was still hopeful that by fall I would get stronger after the chemotherapy was out of my system. My hope was short lived, however. In August, I found a lump under my left arm. After another surgery to remove that tumor, the tests confirmed that I had malignant lymphatic cancer (cancer of the lymph nodes) and that the cancer was all over my whole body. At that point in time, my team of doctors told me there was nothing they could do for me. I had stage 4 (final stage) cancer and I had a maximum of 4 to 6 months to live. They told me to do everything I've always wanted to do in life within the next 45-60 days because after that, I would be much too weak and too sick to do anything whatsoever. By this time, I was convinced that I was going to die - especially since the doctors had never seen a person live beyond 8 months, in my condition with my kind of cancer.

At this point, I shared the devastating news with my kids, and we all took a trip to Hawaii. In my own mind, I knew that this would be my "farewell trip." I had given up every ounce of hope, and I had mentally prepared myself to die. It was at this time (1st week in October) that my son finally convinced me to start taking Transfer Factor. In my mind, I was 100% convinced that it wouldn't do anything for me, but nonetheless, I started taking six Transfer Factors Plus and six regular Transfer Factor capsules every day. Within 30 days, I started to feel a little stronger and regained my appetite, but I still believed in my mind that my life was soon to be over. I kept taking the product. By January 2000, about 90 days after starting on Transfer Factor, I found myself even stronger and had gained back 7 pounds.

I continued taking Transfer Factor every day. It's now been 7 months since I started taking Transfer Factor (May 2000). I've now gained a total of 26 pounds and I feel healthier than I've felt in over 2 years. I just went to see my doctor 2 weeks ago, and he said that, "I'm a living Miracle" and that I have **no signs of cancer**. Transfer Factor has not only saved my life, it has given me hope for tomorrow and the years ahead.

"I'm 37 years old, and two months ago I was diagnosed with **papillary thyroid cancer**. The pathologist said that he was 95% sure that I had papillary thyroid cancer. Well, I didn't believe him. So he gave the results to two other pathologists on blind study who confirmed that indeed I did have cancer. I was already following a nutritional program, so on top of that I started taking one Transfer Factor™ three times a day and two Transfer Factor Plus™ three times a day. I took those on top of my baseline nutritional program for two solid weeks before my operation. They removed the entire thyroid and they couldn't find any cancer whatsoever. By the way, I have the lab results saying that I had cancer, and the follow up lab results stating that I don't have cancer. I'm really happy with the results." - Carlos Peacher

"My name is Helen and I am a **breast cancer** survivor. I had to pace myself with every task I undertook. I wash my hair every day and always had to pause to rest while blowing my hair dry and I have very short hair. I went on Transfer Factor Plus™. After 11 days, I no longer needed to rest drying my hair. On the 12th day I went to a wedding. I danced most of the evening and the only thing sore were my toes due the fact that I hadn't worn high-heeled shoes for so long. Now when my partner and I take the dog out for a walk I really have to watch my pace because quite often I'll hear; "Helen slow down the dog and I can't keep up." I feel great and have energy to burn and friends now say I have a certain 'glow' about me." *Helen*

My secretary has had 3 major **cancer surgeries**, and as a result was sleepy and run down. After 48 hours of taking 4Life^{TM} Transfer FactorTM, she is energetic and able to function again. *Manley L*.

Duane Townsend, M.D. OB/GYN & Oncologist "I'm a cancer physician. I primarily treat female cancer and certainly encourage my patients who are undergoing chemotherapy and radiation therapy to take Transfer Factor™. It helps to modulate the immune system. I have patients with chronic herpes infections who are taking Transfer Factor™ on a regular basis and it's reducing the number of outbreaks. I've also had patients with chronic yeast infections, and the Transfer Factor™ has reduced their infections as well. Transfer Factor™ is a science-based product with excellent data from a variety of researchers,"

"My **chemotherapy patients** on 4Life™ Transfer Factor™ are feeling much stronger." *Dr. Duane Townsend MD*

Mary's Story: "I'm a 49-year-old woman and my cancer started when I was 17 years of age. And today I can finally say thank you to God and 4Life for giving me back my life. In February of 1999, I was diagnosed with cancer once again and this time it was in my lungs. I had decided not to take chemotherapy. I had already had two bouts of it aggressively and I didn't want it any more. And I opted not to take any of the cancer drugs. Then the cancer decided to attack my bones and spine. In September, the doctors told me that my days were very limited. I had heard about Transfer Factor, and in October I had started taking it. My normal days consisted of 18 hours in bed. Walking and eating were very difficult for me. I ran high fevers constantly, with vomiting maybe 8 to 10 times a day. I had started taking Transfer Factor and Transfer Factor Plus in October. Linda Holston and Dr. Rob worked together and they said to start out on 3 Transfer Factor and 2 Transfer Factor Plus, which I did. I began to see an immediate improvement, then when we received the press release from Dr. See, regarding the increase of the NK cells, I bumped up the dosage. I became ill again and Dr. Rob said to cut back down. I went back down and decided to increase daily, which I did. November the 18th, 1999, I went to the doctor and I received a phone call that evening telling me that every x-ray and every blood count test that they took was completely normal, and there were no signs of cancer. I asked him if he was sure that it was my test and he said yes, and that everything had been tested four times by three different doctors. Today I have my life, my family and my son is going to have a mother that he is going to be able to grow up with. I thank Transfer Factor and all the doctors for everything that they have done, and I advise anyone who has any type of disease to get on Transfer Factor and Transfer Factor Plus immediately. And for children, keep them on Transfer Factor just as an extra protection with so many diseases around." Mary L.

Sharon Stoller in Texas: "My husband had been battling cancer for about 2 years now and his prognosis was not good. He's had cancer for several years prior to being diagnosed, and wasn't really expected to survive. He's endured two rounds of chemo, and his cancer returned in 6 months. He had to go for more chemo that was even more grueling than his first treatment and it completely devastated his immune system. He was ill all the time and continued to experience symptoms of his illness, including bleeding from the portion of the tumor that was not able to be surgically removed, as well as overall body pain and fatigue. Within 24 hour of starting Transfer Factor Plus he said he felt just a dramatic increase in his energy level and a diminished body pain. And within 72 hours of taking Transfer Factor Plus his bleeding had stopped. The most exciting thing of all is that his tumor has started to shrink and he has been on Transfer Factor only since this past August and he is now in his 11 month of being cancer free. The only set back that we have had is when we ran out of Transfer Factor Plus and his bleeding started up right away again. Within 24 hours of restarting the Transfer Factor Plus, the bleeding stopped and we decided that we would never be without this miracle product again. We have put our children on it. I am pregnant and taking Transfer Factor, not the Plus. My daughter's allergies have vanished and no one has had a cold or sniffle or anything since we started this. It really is a fabulous product and I encourage everyone to get on it and get your kids on it." Sharon Stoller.

David Markowitz, M.D. A general **pediatrician** for more than 20 years. and a pediatrician in Kennebunk, Maine with a patient base of 4,500 children, is conducting an ongoing retrospective study of patients who are consuming **Transfer Factor**. "I have now completed a retrospective study comparing children in our practice who did not use Transfer Factor; during the same period. 87 children, age 8 months through 9 years, used Transfer Factor;. We found 74% less reported illness and 84% less reported use of antibiotics. "Thousands of testimonies reinforce these results! Transfer Factor; enhances the immune system. The immune system is the key.



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Lyme Disease

"Lyme Disease is a serious problem in the United States. Unfortunately it is difficult to diagnose after the initial stage of infection. I have observed that those patients who do well with treatment for Lyme (which can be very difficult to treat after the initial stage), do well if their immune systems are functioning optimally. Factors which promote good immune function include: proper diet, exercise, stress control, spiritual health, and immune enhancers. The best immune enhancer that I know of is transfer factors. I would start slowly and build up the dose slowly." **Ken Singleton, MD**

Diabetes

"I have had **diabetes** for 38 of my 49 years and I've had kidney disease since1986. In August of 1999, I went for my quarterly blood test for my kidneys. The physician called me after the test was taken and said, "Not only are your kidneys functioning well, after fourteen years, their

function has improved dramatically." My BUN (blood urea nitrogen) was near normal after fourteen years of it being almost twice as high as it should be because my kidneys weren't filtering well. The only supplemental change in my life was transfer factor. Only once in my life did I endorse a product. I've been on an insulin pump for seven years, and I've allowed my name, face, and testimony to be used nationally. This is the second time, and it took alot to convince me. Not only did it reverse my kidney disease, but this is the first year in sixteen years that I haven't gotten a flu shot or gotten the flu or bronchitis" Marc H. Blatstein, Former President, Philadelphia Chapter of the Juvenile Diabetes Foundation

- "I think a product like Transfer Factor™ needs to be at the root of any prevention program, particularly in the compromised patients, for example, the diabetics...with an increased risk of diabetic amputation, with wounds, and all of the things that we see...We need to have products like Transfer Factor™ at the core of preventative medical programs...We need to get this to the general public. They are at risk also with this expanding epidemic of diabetes." **Dr. Neal Donohu, Director of Surgery, President of World Walk Foundation**
- "I have a daughter who is diabetic...Today we went to see her endocrinologist and her hemoglobin report was in the fantastic range, and I know it is because of her taking Transfer Factor™...We are very strong believers in Transfer Factor™." Donna Wilkinson, TX
- "My first cousin has had [diabetes] for 62 years...Her foot doctor, who is an advocate of Transfer Factor™, had her call me and get Transfer Factor™...They thought she was going to lose a foot and she mega-dosed on Transfer Factor™ for two weeks...She lost a toe, not an entire foot."

 Marc Blatstein, director, Juvenile Diabetes Foundation

Dr. Sam Jones, DVM - "Two cats, both about 8 years old, had severe diabetes. It was impossible to get the insulin requirements adjusted. They had lost weight to a point that they were skin and bones. Both cats had no quality of life left. After one week of being on Transfer Factor™; we were able to get their insulin requirements adjusted. It is now 6 months and they have regained their weight and have a great quality of life and health."

More about Transfer Factor and animals

Lupus

"I contracted **systemic lupus** at age 11 and have experienced many difficult periods over the past 13 years. In the early years it attacked my central nervous system and radical measures were required to slow the disease. I had two rounds of chemotherapy and several steroid pulse treatments. I have been taking steroids daily in varying doses all these years, but have continued to have several reoccurring episodes every year.

I have taken Shaklee® vitamins and herbs, along with various other food and vitamin supplements. I have also tried juicing for extended periods of time and continue to make juicing part of my diet. I have tried anything that I thought would help me control my health so I could stop taking steroids.

About four months ago I felt the onset of another lupus episode. I developed a pain in my chest that hurt when I tried to breathe in deep. It felt like someone was stepping on my chest constricting my breathing. The pain continued to get worse so that I finally called my doctor, who sent me to a cardiologist. He told me I had paracartitis and that I would have to increase my prednisone. I do not like taking prednisone and I don't like increasing my dosages.

When I came home from the appointment I noticed that first box of 4Life supplements had arrived that morning. I began taking them that night. I also decided that I would not increase my dosage of prednisone as much as the doctor had prescribed. The next day I felt an improvement in my breathing and the pain had lessened. For the next couple of days I continued with the 4Life™ Transfer Factor™, BioVitamins™, and the BioEFA™. I was feeling great and I reduced my prednisone to the normal amount. The next week I went in for an ultrasound to check for fluid around my heart. There was none at all; it completely disappeared. The nurse remarked, "Boy, those steroids really did their job!" I just smiled and said, "I guess so." But I was really thinking, "This 4Life™ Transfer Factor™ stuff must work, because I know it's not the steroids!"

I have been taking 4Life[™] Transfer Factor[™] for almost 4 months and I believe it has helped me tremendously. I have more energy and am able to keep a full-time job. I still have days when I am tired and feel achy, but it seems like not as often as usual. I have struggled for 13 years trying to find things to deal with my lupus symptoms. I've taken so many different kinds of herbal products and vitamins, and have tried many different remedies. Many have worked for a while but eventually I would start to feel bad again. I have been reluctant to say much before now because all these various remedies have resulted in disappointment. I am taking this one step at a time and not getting my hopes too high, but at the same time I am feeling great and doing great.

When I feel a cold or sore throat coming on (which happens frequently since my immune system is suppressed) I will take more 4Life™ Transfer Factor™ and that seems to stop it before it gets worse. I find that I still must watch what I eat and make sure that I get adequate rest to feel my absolute best.

I know that 4Life[™] Transfer Factor[™] may not cure my lupus, but it can improve the way I feel and look at life. This has been a blessing and an answer to my prayers. I am thankful that 4Life[™] **Transfer Factor**[™] has come into my life and has made me feel better and made me happy. I've never felt better about a product in all my years of trying. It works for me!" *Amy F*.

Skin

Severe Rash: "I have been going to a highly respected dermatologist regarding a rash for the past three years. I had been taking erythromycin for most of that time along with ointments, creams, lotions, etc. Two months ago, I began taking Transfer Factor™ andI noticed a huge improvement.I went to the dermatologist just a few days ago, and he was amazed with the improvement.He told me to just keep doing with I am doing, and I don't have to come back for a month. I am still using all of the external medication, but I am convinced that the major contributor to the improvement is the Transfer Factor™.I will continue with the Transfer Factor™ indefinitely. DRW - Seattle

"For five years I was on antibiotics for a severe case of acne. I still broke out about 20%. After 6 weeks on **Transfer Factor™** my **acne** completely cleared up. My dermatologist asked me to bring him some information on whatever I was taking." *Marsha S*.

"I am a registered nurse, 64 years old and respect what medications can do. However, prescriptions were not helping my **severe allergies** or my psoriasis. Allergic episodes usually resulted in a mega-infection of bronchitis or a sinus infection. My psoriasis did not respond to either of many medications. Both of these health problems are in the auto-immune category. I included 4 capsules of **Choice 50™** and 3 **Transfer Factor™** in my daily supplements. Both the **allergies** and psoriasis have totally disappeared. Choice 50™ and **Transfer Factor™** are a dynamic combination that have truly improved the quality of life." *Doreen Lassiter*



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Doctor's comments on AIDS - HIV and Transfer Factor™

Rob Robertson, M.D. "AIDS is a viral attack on certain immune system cells, which causes an inability of our immune system to mount a normal response to infectious agents. Thus persons who have AIDS are susceptible to opportunistic infections caused by pathogens ordinarily, in the non-immunodeficient patient, would be benign, or at least not life threatening. Transfer Factor Plus, by its ability to generally stimulate the immune system, and by its particular ability to increase the function of viral fighting Natural Killer Cells, should certainly be strongly considered as an adjuvant to be added to the arsenal of regimens used in the intervention of the progressive course of AIDS."

Dr. William Hennen: "The use of a general transfer factor preparation is well justified for preventative use. Much of what we have seen in the cases of AIDS and even the flu is that it is not the primary infection that kills, but rather the secondary, opportunistic infections that destroy the weakened individual."

David Markowitz, M.D. An experience with HIV - Kenny's Story: An early success with Immune Boosting naturally in a young man with HIV. KG is a 20 year old with Hemophilia who contracted HIV many years ago from "dirty" clotting factors used to treat his Hemophilia. KG has been on many regimens for his HIV, including most recently (within the past year), an experimental regimen with no positive response. If anything, he suffered from many of the side effects of retroviral therapy. Five months ago, KG started a high dose regimen of Transfer Factor™ (3 caps 3 times daily) and Transfer Factor Plus™ (2 caps 3 times daily), concurrent with his experimental therapy. He has remained infectious disease free throughout his TF boosting. He also came to us with very exciting news three weeks ago: he has a ZERO viral count and an increasing, now close to normal CD4 count of 475. Is Kenny out of the woods completely? No, but he is now well on his way to possibly being disease free. His next counts are scheduled for six weeks from now and we will keep all posted. Kenny is a peer counselor and educator for HIV/AIDS and he is now spreading the word about TF and TF+ to members of the AIDS community. He is also a 4Life Research distributor and hopes to build a huge sales organization of persons challenged with HIV and Hepatitis C. As such, he said that he would not have to deal with the prejudices against those infected with HIV.

Crohn's Disease

"I have suffered the pain and helplessness of Crohn's Disease since 1976. Over the years, I have searched everywhere for relief and information, with the help of my husband and family. In 1986 & 1990 I had bowel resections, with no medical insurance. I have taken part in two clinical trials, at Cedars Sinai Med. Center, in Beverly Hills, Ca., within the last five years and the travel and expense has taken a toll on our finances. I have tried it all from Ozone to Remicade, with only short term relief or no help at all.

In October of 2000 I was told I have kidney disease (IgAN), which is also an auto-immune condition. This doctor told me the exact same thing I was told for the Crohn's, " We don't know what causes this, don't know how to cure it and advise mega doses of steroids." At this point I knew I needed something to boost and modulate my immune system, as my body could not stand more Prednisone. A few days later my husbands' good friend told us about TRANSFER FACTOR and I knew it was an answer to my prayers.

I began taking 6 Transfer Factor and 4 BioEFA per day on January 9th, 2001 and within two weeks my husband and I noticed a remarkable improvement in my energy, I have no more pain and life is fun again. All this with no horrible side effects of steroids or antibiotics.

I am getting my life back, after 25 years, and no words can express my joy and happiness." $\mathit{Linda}\ \mathcal{S}.$

"I was diagnosed with **Crohn's disease** in 1991. Throughout the past several years I have suffered from constant pain in my abdomen along with irritability and other symptoms of Crohn's disease. **Crohn's** disease being an inflammatory bowel disease also causes malnutrition. Along with the **Crohn's**, I was diagnosed with Epstein Barr virus also known as chronic fatigue. I had to take several naps during the day just to be able to regain my energy to perform little tasks. I chose not to take the drugs that were prescribed to me. I looked towards alternative forms of treatment.

Over the years I have tried many forms of therapy and supplements to help fight the **Crohn's**. I even went to a hospital in Tijuana, Mexico to try some new alternative treatment. The most relief that I would have would last for a few weeks. I'm 6'2" tall and my weight was down to 167 lb. I just learned to live with it. In September of 1998 I learned about 4 Life Research and Transfer FactorTM. After taking Transfer FactorTM for a month I started to notice that I was sleeping through the night without any pain or irritability. Then I noticed that I could eat foods that I had stayed away from due to the pain they would cause. My energy level was lasting longer throughout the day and I wouldn't have to take naps. It has now been five months since I started on Transfer FactorTM along with the Bio-Efa (essential fatty acids) and I have had absolutely no symptoms of the Crohn's disease. My weight is now 187 lb. and I feel great. The best part is I now enjoy eating healthy foods that I couldn't eat before." *Dave D*.

"My name is Michael, I'm 22 years old, and I'm from Enfield, Connecticut (USA). I was diagnosed with **Crohn's Disease** on May 1st of 2000.

I had been to numerous doctors throughout my life, with complaints of horrendous symptoms: only to be told it was all in my head. It usually felt as if I was being stabbed constantly around the lower right section of my abdomen. I had seen 16 doctors in total; ranging from General Practitioners, GI specialists, and Endocrinologists.

I believe I had the disease for well over 10 years (Since age 12 or earlier). In the 10 years I went searching for answers I was misdiagnosed with everything from Anorexia, Manic Depression, ADHD, Severe Depression, and just random social anxiety. This year I had actually begun losing a lot of weight. Every week that passed between Christmas 1999 - May of 2000- I noticed about 5-10lbs being lost. I was 205lbs in December and shrunk down to a meager 125lbs in 4 months. I remember waking up one afternoon to go to work, and seeing myself in the mirror as I passed it to get in the shower. I realized that the person I saw in the mirror wasn't recognizable. It was at this point I became scared. I began researching online, calling doctors, and searching for answers.

Eventually I was no longer capable of walking. I became so weak that I would go into shock If I even attempted to get out of bed. I decided that if the doctors wouldn't allow me to come to them, then I would force them to see me, by being carried into the ER. At the ER they ran general tests, (Blood pressure, checked eyes, ears, nose, mouth, and took a urine sample) and found "get this!" *Nothing wrong*. I asked if an Upper GI could be done or perhaps some general blood testing for anemia, because it was suggested that Crohn's Disease may be the cause by a close friend. They "shrugged" and said they didn't have time, or someone available to run the tests. Can you imagine the nerve of someone telling me in the Emergency Room that they didn't have a person available to run an Upper GI or general blood test? I became infuriated, and more upset. As I was leaving the hospital via wheel chair I asked the nurse if she could get me a large trash bag. She then immediately asked; "why do you need such a large bag?" I then responded saying; "I have to have something large enough to carry all my symptoms, and suffering out through this door." She then gave me a disapproving look, and I got even more bitter.

Eventually I was diagnosed correctly. Conventional medications (Prednisone, Methoxtrexate,

Imuran, Asacol, and Remicade were all failures for me). They allowed me to survive, but the quality of my life was severely limited. I was still to weak to leave my house, and the side effects of these conventional treatments left my body withered, and fatigued.

After 6 months of research, and scrutinizing through subject matter related to immunology, biochemistry, and differing theories on the causation of Crohn's Disease I was introduced to a product called Transfer Factor Plus by a women named Bonnie. The research I had been doing on Mycobacterium Paratuberculosis (theorized bacterium trigger/cause of Crohn's Disease, and Johne's Disease) correlated directly with the product, and contained exactly what was necessary for me to overcome the infection. It was at this point that I had to implement the treatment, and see if the expected results would infact ring through. I have been on Transfer Factor Plus, and 4Life's Essential Fatty Acids (EFA's) for 3 weeks, and I am doing "wonderful". All symptoms related to the disorder have vanished, and I continue to take 9 Transfer Factor capsules per day, and 4 EFA capsules daily! As my body heals from the damage done by the illness I'll take this time to build a business at home being a distributor of 4Life, and it's innovative products. I'll advocate the use of 4Life's products for those who continue to suffer with these silent conditions. That is in fact what Inflammatory Bowel Diseases are *The silent diseases* We who suffer with these diseases put on such great facades to cover our shame, and embarrassment, all the while going home at night to clench our pillows against our abdomens, and cry ourselves to sleep. You no longer have to suffer alone, and there is a treatment regimen available to end your debilitation." Sincerely, Michael



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