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## ARTHRITIS

### Hyperthyroidism, Rheumatoid Arthritis and Hypertension Recovery

I have been suffering from both Hyperthyroidism along with spotting throughout my cycle for at least 5 years. I heard about the Transfer Factor products and decided to give them a try. I started taking one Transfer Factor Plus (TF+) cap each day along with the Glutamine Prime (another great 4life product) once a day starting March 2013. I worked the TF+ dose up to 4 caps per day and kept the Glutamine Prime at one a day. I also increased my exercising and ate a whole food diet. Within this 4 month period I was amazed to find that I no longer suffered from hyperthyroidism based on blood work! Also my mid cycle spotting stopped! Recently my blood work showed that my body was unable to convert folic acid into methylfolate, which actually produces glutathione. So when I started taking glutamine prime from the 4life company my inflammation markers went down. My cholesterol naturally went down too. I then decided to give my mother who is 59 years old the classic Transfer Factor to try for her Rheumatoid arthritis one cap a day and within one month she found that she did not have Rheumatoid arthritis any more. It completely went away (her joint pain is gone and now has fully functioning fingers again), and her cholesterol went down too. Now her doctor is cutting back on her high blood pressure meds and took her off her cholesterol meds. What a cost savings too!!!! I am so thankful to the person who kept following up with me and encouraged me to never give up. Had I not listened I would not be where I am today. Thank you wellness team and 4life for your amazing healthful products! ~~ Maria Elena Health Coach

1. " I am 65 years old, and I guess my knees are showing the mileage. After using 4lives Flex 4Life for the past several months , I must admit my knees don't pain as much. Actually, I feel much better! " Kay Bergen
2. "My wife Esther is 80 years young. For the past several years she has complained about her aching knee joints. Our son told us about Flex4Life and grape seed extract; She tried them along with Transfer Factor. Her joints feel better, and the pain in her knees have reduced to about one third of what it was." Charles Davis
3. "For over 30 years I have suffered from chronic sinus infections, ear infections and allergies. The doctors gave me everything and I have taken every over the counter product, nothing helped. These few months were so bad that my jaw hurt. About two years ago I developed arthritis in both pinkies and the joints swelled. There was also fluid coming out of one of the joints causing a permanent blister and it was painful. The doctors said all they could do was operate and maybe it would help. I said " no thank you, I wasn't going to

have my fingers sliced on a maybe. I like my fingers" Two weeks ago I started on the Transfer Factor, Transfer Factor Plus and Transfer Factor Cardio. I was amazed to see that after only such a short time the pain in my ears is gone, my sinus infections are gone and my allergies are gone. No more waking up coughing and with severe pain in my head and nose. That's not all, the joints in my fingers are almost back to normal size, no more pain and the fluid is no longer coming out, in fact it is drying up. I have taken many other products in the past but I have never seen anything as powerful as these. Thank you Mike and thank you 4Life for bringing them to me. Thank GOD my wife is healthy and I have started her on all the products to keep her that way. The world must know about these products. I believe they will save lives and help so many suffering people, My mission is to tell everyone. Thank you again!" Ed Bernstein

4. "When I first joined 4Life I started on transfer factors and Fibro AMJ Day and Nighttime since I had a few arthritic aches and was having trouble sleeping at night. My first noticeable result was to straighten out my problems sleeping at night. That was over 2 years ago and I've continued on the Fibro AMJ. A couple of nights ago my bedtime routine was interrupted and when I actually started for bed I could not remember for sure if I had already taken my Fibro AMJ Nighttime. Thinking it would make an interesting test, I went to bed without taking any. About 3AM the test was over! I had no idea that I could ache in so many places at once. The Fibro AMJ Nighttime has been doing a great job for me! I don't think I'll have trouble remembering to take it again." Ken Wheaton

5. "I am approaching the 50 year mark. I have abused my body for years. My joints give me a lot of trouble. I have trouble sleeping at night and I am very stiff in the morning. My muscles ache and I feel fatigued much of the time. I have taken other nutrients with a degree of success, but still suffered. After being on transfer factors and Fibro AMJ for four months, I am amazed at how I feel." Frankie P.

6. "I have been taking enhanced transfer factors for about a year and a half. I take 4 a day - 2 in the morning and 2 in the late afternoon. I have rheumatoid arthritis. I was diagnosed when I was 32 years old. I am now 49 years old. All those years I was taking medications to keep the inflammation under control. I also have a friend who has had lupus for the past 10 years. She lost a kidney in the late 80's. She started taking enhanced transfer factors a year ago. She feels increased energy. She now works 5 days a week, 8 hours a day, before she was only able to work 3 or 4 hours a day. She is now able to ride bikes and participate in activities with her kids. Whenever her lupus starts bothering her, she increases her enhanced transfer factors and it really helps the symptoms. She used to be in the hospital at least once a year, sometimes for a couple weeks at a time. This has not happened for over a year. She gives transfer factors full credit." Ron Gilbert

7. "I have suffered from deep aches in my muscles and bones. Sometimes my legs would go numb. I suffered from deep pain in my joints. I ordered Fibro AMJ and Prime Choice. Now I am 90% free of pain. I feel like a new person. I have more energy than I have had for so many years it is hard to remember." Marsha Miles

8. "About six years ago I was diagnosed with a very aggressive form of rheumatoid arthritis. Within months of being diagnosed, the pain level had increased to the point that if I sat in a soft chair or couch I would have to have somebody grab my arms and help me up. I couldn't walk up the stairs, there's 14 stairs in my house, to go to bed. My husband would have to literally pull me up the stairs. When I got up in the morning, I could stand but I wouldn't be able to move for probably 15 to 20 minutes. I would stumble around. I wasn't able to function. The pain level was so intense. I tried every medication that the doctor prescribed. You name it, I tried it. Nothing worked. Well, consequently when transfer factors were mentioned to me, I was open minded about it. First I should tell you that in all this pain, I never slept a whole night. I would be awake two to three times a night because the pain level was so great, even the blankets pressing on my feet hurt. I just didn't sleep well at all. To continue started transfer factors with the Fibro AMJ system. I woke up six days after starting this system and went, wow! I just slept through the night with no pain! No pain! First time in six years! I stood up, I now find that when I get up in the morning, within three to four minutes I'm able to function, It's just absolutely amazing to me. The pain is gone. I go days on end with no pain. I haven't had pain at night for so long. The swelling has gone down. It's just to me, a miracle. It's absolutely a miracle what transfer factors and the Fibro AMJ system have done for me. I don't know how to say it any other way. I'm so excited about it. I tell everybody, people who have gone through this with me and have seen me stumbling around, shuffling around my warehouse, they just can't believe that I'm actually walking around now. It's just

unbelievable." Carol K.

9. "Three years ago, I contracted polymyositis, an arthritis that destroys the muscles. A friend introduced me to Fibro AMJ. I've been taking it for three weeks. The pain is gone. Last Thursday, I installed a satellite dish on our roof. I went up and down the ladder about ten times. That night, we went bowling. I got up Friday morning, and there was no pain. As far as I can tell, everything this product is said to do, it will do. I love it." Don S.

10. "I was diagnosed with asthma awhile back and experience a lot of shortness of breath, especially when bending over. I couldn't garden which is something I love to do because pulling weeds was just excruciating and I just couldn't get my breath. I have arthritis in my knees so I can't kneel down, so I have to bend over from the middle. After just a few days on the transfer factors I noticed I could breathe better, and had more energy. I can bend over without gasping for air, I haven't really needed to use my inhaler, and I can do my gardening again. I am also using the Fibro AMJ Daytime for my arthritis in my knees and that's helping." Judy R.

11. "I have arthritis, and I am telling anybody that has arthritis-- please take Fibro AMJ, it's wonderful. I'm also on transfer factors but I couldn't live without the Fibro AMJ." Bernice M.

12. "I had my sister start on Fibro AMJ about a week ago, to help her arthritis and back pain. She called me last night to tell me it really helped her psoriasis. Only a week and it's she sees a difference!!!" Charlie Spath

13. "My mother is a severe arthritic. Within 4 days of starting her on transfer factors & the two Fibro formulations her pain subsided to the point where she could brush her teeth without crying anymore. That was in November. She said the pain was reduced about 50%. Then in December she was helping decorate our Christmas Tree when suddenly it hit me... HEY, GRANDMA'S HELPING DECORATE THE TREE!!! (if you catch my meaning...) I asked her if she was still at about 50% and she said, "Oh, no...the pain is gone!" She flexes her fingers and thumbs regularly upon request for anyone that comes over. By the way, Grandma is 83 and is a total delight." David Mickel

14. "I had arthritis so bad in my hand that my knuckles would actually just lock. I've been on other products for a good while, for a year and a half. I just was not getting any results. Also I had a knee that when I'd get up, I'd have to wait for a while before I could go, because I had to get it to working. Well, I went into this company June 2, 1999 and I got on these products, and in two weeks time I couldn't believe the difference in my leg and my hand. Now I don't have any problems whatsoever, and I am so thankful. I'm taking the transfer factors and The Fibro AMJ AM and PM." Roberta C.

15. "I suffer from a number of serious conditions. I have high blood pressure (average 175/130), high cholesterol, high triglycerides, rheumatoid arthritis, and was told by a doctor that I was in real danger of a stroke. I was on a ton of medicines. I was told about Transfer Factor and TF Cardio by a friend from Perth, Australia. Now after a few months, my blood pressure is down to a point where the doctor said he could live with that. My cholesterol level is down. My pain level is down. I can't remember when I had so much energy. I am now on much less medicine. I haven't done anything differently but take TF Cardio." Ken Winsett, Australia

16. "About six years ago I was diagnosed with a very aggressive form of rheumatoid arthritis. Within months of being diagnosed, the pain level had increased to the point that if I sat in a soft chair or couch I would have to have somebody grab my arms and help me up. I couldn't walk up the stairs, there's 14 stairs in my house, to go to bed. My husband would have to literally pull me up the stairs. When I got up in the morning, I could stand but I wouldn't be able to move for probably 15 to 20 minutes. I would stumble around. I wasn't able to function. The pain level was intense. I tried every medication that the doctor prescribed. I mean, if someone would say, try this. I tried it, but nothing worked. I never slept a whole night. I would be awake two to three times a night because the pain level was so great, even the blankets pressing on my feet hurt. I just didn't sleep well at all. Well, I started taking transfer factors and another product containing glucosamines, bovine cartilage, magnesium, boswellia serrata and other ingredients. I woke up six days after starting this system

and thought wow! I just slept through the night with no pain! No pain! First time in six years! When I get up in the morning, within three to four minutes I'm able to function, It's just absolutely amazing to me. The pain is gone. I go days on end with no pain. I haven't had pain at night for so long. The swelling has gone down. It's just to me, a miracle. It's absolutely a miracle what those ingredients have done for me. I don't know how to say it any other way. I'm so excited about it." C.K., California

17. "About six years ago I was diagnosed with a very aggressive form of rheumatoid arthritis. Within months of being diagnosed, the pain level had increased to the point that if I sat in a soft chair or couch I would have to have somebody grab my arms and help me up. I couldn't walk up the stairs, there's 14 stairs in my house, to go to bed. My husband would have to literally pull me up the stairs. When I got up in the morning, I could stand but I wouldn't be able to move for probably 15 to 20 minutes. I would stumble around. I wasn't able to function. The pain level was so intense. I tried every medication that the doctor prescribed. You name it, I tried it. Nothing worked. Well, consequently when transfer factors were mentioned to me, I was open minded about it. First I should tell you that in all this pain, I never slept a whole night. I would be awake two to three times a night because the pain level was so great, even the blankets pressing on my feet hurt. I just didn't sleep well at all. To continue started transfer factors with the Fibro AMJ system. I woke up six days after starting this system and went, wow! I just slept through the night with no pain! No pain! First time in six years! I stood up, I now find that when I get up in the morning, within three to four minutes I'm able to function, It's just absolutely amazing to me. The pain is gone. I go days on end with no pain. I haven't had pain at night for so long. The swelling has gone down. It's just to me, a miracle. It's absolutely a miracle what transfer factors and the Fibro AMJ system have done for me. I don't know how to say it any other way. I'm so excited about it. I tell everybody, people who have gone through this with me and have seen me stumbling around, shuffling around my warehouse, they just can't believe that I'm actually walking around now. It's just unbelievable. I just continue to be amazed at what we can do with transfer factors. I have been taking transfer factors for a year and have had very good results with my chronic fatigue, fibromyalgia and other illnesses. Enhanced transfer factors came out June 1st, 1999. I added that to my regimen, not thinking anything would change. Within about the first 2-3 weeks I started noticing some major changes. For ten years I haven't had eyelashes because once I had my hysterectomy, I acquired an autoimmune disease which caused my eyelashes to fall out. Ten years they have been gone. Now, I am wearing mascara. They haven't fallen out for two whole months. It's a miracle!" Sue B

18. "I am sharing an update on my very severe arthritis condition. I have suffered for years with no relief to speak of. I began to take FibroAMJ and the MusculoSkeletal formula and TF Classic. I can't believe the difference. Before I wasn't hardly able to get out of bed and now I get around pretty good." Della

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