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SevenPoint2 Products For Gout



Does Recovery with HydroFX help with Gout?

Horrible image above we know... But that is what someone who has Gout gets to experience. It is a form of Arthritis, but while arthritis develops slowly, a Gout attack comes on very suddenly and can be extremely painful. Gout occurs when uric acid builds up in the bloodstream and deposits crystals in the joint. Some of the causes may be over consumption of alcohol (especially beer... sorry guys), or consume diets high in meat, and fructose... Sounds like the typical acidic diet. Some dietary and lifestyle changes recommended for Gout sufferers are:

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lifeonthenet7 on Can An Alkaline Lifestyle Help Gout?

Maintain a healthy body weight. If you do need to lose weight make sure your weight loss is gradual as crash diets can increase uric acid levels.

- Cut down on alcohol consumption and avoid binge drinking.
- Reduce the amount of protein intake from animal sources.
- Keep hydrated and drink lots of water.

This sounds a lot like the SevenPoint2 Health Made Simple Plan.

For now lets focus on Recovery with HydroFX with a product user from Texas:

After years suffering of taking medications to prevent Gout flare ups, Micah tried SevenPoint2's Recovery with HydroFX a tablet that is clinically proven to release Molecular Hydrogen in the body when you ingest it. Molecular Hydrogen has been shown to be a very effective anti-inflammatory, as well as having a multitude of other benefits for your health with no adverse side effects.

You can hear his testimonial at the link below.

Or you can listen on SoundCloud, Just **CLICK HERE**

For more information about the SevenPoint2 Products or Program **CLICK HERE**

Full transcript of Micah's Story:

Back when I was a teenager my dad it worked at one of the refineries here where we grew up and he would come home and he would be complaining about having a real horrible pain in his feet which is called gout which is basically a uric acid built up. It deposits small crystals in the particular joint. Well I remembered him talking about it and I remember that I thought it sounds like such an old man disease and he just was 40 or something at the time. Well I am in my 50's now so it is not so old anymore. But 2 1/2 years ago. We found out that this is also something that is hereditary. Well 2 and 1/2 years ago I had my first episode with it. I went to the doctor, the doctor gave me a prescription for it and I said here is the prescription you need to take it basically the rest of your life. It will keep you from having it in the future. Doesn't do a whole lot for you when you already have it. But it keeps you from getting it. Well researching it, that's just about all the Gout medications do, is act as something you take to keep it from happening. Well its now 2 1/2 years later. Now



about 3 weeks ago I had another episode with it... It was in my other foot but it started coming and I felt it in the morning and by noon it was full blown. You know at 100%. Well I started taking SevenPoint2 the next day. I started taking the Recovery and I took what they call a therapeutic dose. So I took 7 in the morning, 5 after lunch and then 5 that evening. By late that evening instead of it being 100% it was down to about 40%. The next day it was down to about 20% and by the next afternoon it was about down to 5%. I could kind of feel it in my toe but it wasn't a big deal. The next day the pain from the Gout was all but gone. And it was just amazing because anyone that has gout or high uric acid levels knows it is a very painful experience. It's just amazing to have a product that you can now take and it has just helped me tremendously. So it has been a good experience for me and my family for sure. I would just like to thank Dr. Cohen and the rest of the team for developing this stuff." – Micah, Texas

Click on the Recovery Bottle for more information on this product and why there are so many people singing its praises.

By | August 13th, 2014 | Alkaline Lifestyle, Alkaline Products, pH Blog, Testimonial | 0 Comments

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This advertisement shows a family of four smiling in the background. In the foreground, several bottles of SevenPoint2 products are displayed, including 'Shake' and 'Greens'. The text is positioned above and below the product images.

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