

[Why help our bodies with Alkalinity?](#)



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Health Testimonials

Testimonial: from -Jodi- WA

I have Rheumatoid Arthritis and that is how I found Sevenpoint2, looking for an alternative to all the awful drugs I had to take. I felt results instantly with the recovery product and bought the whole lot the next day, within 4 days I felt better than ever. I have taken the greens, recovery and alkaline boosters every day since I started, about 10 months. I have also changed my diet to an Alkaline diet and now I am the healthiest I have ever been. I have still had the odd flare up here and there but I do believe that they are not as severe and do not last as long and don't come with the usual chronic fatigue and brain fog and definitely not as painful as before. I won't be without it now.

- **Testimonial: from -Christina Lambert-** 7.2 has completely changed my life and other than a few aches during the wet and cold season here in the NW, I feel as though I am in complete remission!!! I haven't taken any pain meds or anti rheumatic meds since October 2014! I also have come off my anti-anxiety and acid reflux meds! My doctor has told me that the disease process went from 48% down to 5% as of December! Due to all the meds I have taken since 2001, I also had gone into early menopause....since 7.2 my hormones have gone back to normal according to blood tests!!! I would love to share my story and specifics with anyone. God Bless 7.2 and All of us that are helping to change lives however we can

Shirley Hadley I started with 7.2 in July. Mainly because I wanted to take charge of my Health. I suffered from anxiety and I've had suffered from panic attacks for the last 30 years.Plus I have severe digestive problems which I've had for about 30 years as well.I do the shakes and the greens every day sometimes twice a day I take recovery every day and I take the boosters every night.I now have no anxiety and my digestive system is 80% better. I now have more physical and mental strength than I've had a long time. Plus I've lost 10 pounds. I feel happier than I've had in the last 10 years. Life feels better. Oh yes I'm 61 years old

Julie Rachelle Heida YES! Recovery and greens helped me immensely..I used to take allergy meds almost daily....I used to get sinus infections every year and horrible sinus headaches...last year I had zero sinus infections and I don't take allergy meds anymore either!

- Jason M."For 7 years I have suffered from an digestive issue. A friend got me a bottle of 7.2 Recovery, within 48 hours on this product the discomfort that had become a

daily challenge had subsided to almost nothing. Recovery is a godsend!!!"



Disclaimer: Any statements or product statements mentioned have not been evaluated by the Food and Drug Administration. The product is not intended to diagnose, treat, cure or prevent any disease.

Sports Testimonials



"I am a 16 year old cross country runner. I had severe tendinitis and could not run for two weeks because of the pain. The pain reduced me to tears because I didn't think I would be able to run in CIF (California Interscholastic Federation) which I trained for all my life. I took three Recovery with HydroFX® three times per day. Four days later I could run and I ran my first race in a month and beat personal best by 30 seconds. A college coach, who came to watch, asked why I looked so much better than the week before and when I told him my story he offered me a running scholarship!"



"I am a high level soccer player who went to the clinic with severe hip soreness and stiffness. . I have been diagnosed with tight hip flexors for years. I got treated with a soft tissue technique called ART (active release technique) and started Recovery with HydroFX® and SevenPoint2 greens caps. Within 10 days the tight feeling in my hip flexors was gone and my difference in speed when playing soccer was amazing. Later that season I won conference USA freshman of the year award!"

- Chris Wehan, Southern California



"I put the SevenPoint2 Shake and SevenPoint2 Greens together in a glass every morning before practice. I have noticed that my injuries that I have (runner's knee and joint pain) have been decreasing. I feel more energetic before, during and after work outs and I feel like I can go longer working out. I would definitely encourage other rowers and athletes to at least try the product and just see if they feel healthier and stronger, because it could make a difference in performance and make them feel more confident and positive about their abilities and health, which is so important and not just physically but also emotionally."

- Anna Genevieve Colbaugh



7.2 RECOVERY BOOSTS ELITE ATHLETIC PERFORMANCE!

I was in preparation for a body building competition that required extreme training and I began 7.2 Recovery with HydroFX® at the first week. Three weeks from competition I am 16 pounds leaner and feel better than ever.

~Maria C.

I am a natural body builder and constantly frustrated by products that produce no real effect which leads people to use drugs and steroids in the bodybuilding world. 7.2 Recovery with HydroFX® is the first product that gave me dramatic results.

~Nicholas N.

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