Journey To Health

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FRIDAY, DECEMBER 5, 2014

Kyani Testimonial

I remember my nights. They were long. I toss and turn until the morning. I strategically put the pillow here and there with no result.

The mornings were even harder. It took me about 15mn to get out of bed. Every arthritic sufferer will tell you the same. It is a vicious cycle: You have to warm up your joints

before you can really start functioning. In order to do so you have to move, which hurt. I remember the look on my sister/roommate's face. She was in pain for me. Almost every single thing that I put in my mouth made me hurt even more.

I took prednisode, methotrexate and many other steroids with little help. Most of the time the swelling will go down but I could feel how inconfortable I was in my own body. I had suicidal thoughts all the time.

1st, it was very hard for me to have an OK night sleep while on any of these medications.

2nd, I had to stop methotrexate because it caused my period to stop for about 6 months.

3rd, the side effects of those very dangerous drugs are just too much. I had to do some blood work every couple of months because those drugs often lead to internal bleeding. #SCARY!!!

It is amazing how literally we have to take the bible sometimes. I remember crying/praying one night, telling God that He said himself "ask, and it shall be given into you". So I asked for a miracle. Yes, a miracle. Folks remember this, to us they are miracles but to Him they are everyday little things.

A couple of days later, my sister comes home from a pbr meeting we were both invited too but to which I couldn't go for obvious reasons. She gave me a 7 days Kyäni trial pack. She was so exited about about it, she couldn't stop talking.

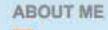
That same night, she became a distributor, sign me and 2 other friends in and, became a Jade. 28 days later, she was Sapphire and now she's on her way to Ruby. she is currently making about \$2,500. I know...She is beast! She just invested \$600! On my side things were equally exiting. On the 5th day of taking kyani I noticed one thing only. I had a wonderful night. It was so amazing! I never knew the importance of a restful night before that day. The things we take for granted...

I woke up that morning with energy, less pain and a little exited about my life again. By that time my Kyani distributer package arrived and the rest is history. I AM A KYANI TESTIMONY.

Did Kyani cured my arthritis? Not yet! But you and I can see the difference, right? I can feel it too. Kyani has done so much more than helping me have a restful night. Because of Kyani I'm living my life again, paying my bills (never knew I would be exited about it) and best of all, I'm taking charge of my health and becoming financially independent. I have my own hours. I work when I want and receive paychecks every single week and a monthly salary every month. That's the life I know I deserve.

Stay tune for more <3

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