



## I Heart Kyäni

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On Sunday my Cutie was hit by a T-ball bat on the lip. We were at a surprise baby shower and I was helping to set up the food table so I didn't see it happen. My heart stopped when he came in with that face and that swollen lip and that red angry cut with blood trickling down his lip. Still makes me a little queasy and mad that it happened, but kids get into all kinds of trouble and I don't want to be a helicopter mom and/or him to live in a bubble. However, I do expect parents to be a little bit more responsible for their kids and also respectful of other people's kids, and at least show some concern. So anyway I always carry a bottle of #Kyani #NitroFx with me, and I've been diligently applying it on the cut (it stings! so be warned!). It's basically a #noni extract, and safe for kids (well, I believe so, anyway, and my 6-year-old has been taking it daily for over a year now). It's a #musthave in every mommy's #firstaidkit! It also replaces ibuprofen or Tylenol for #painrelief. He's been having his usual half ounce of #KyaniSunrise; I didn't give extra, only if he wants. The swelling has definitely gone down-- yay! I was worried his lips would be lopsided for a long time. It's showing a little bruising on the outside, though, but I quess it means it's healing, so it's a good sign.



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